

# at Your Service

A GUIDE FOR  
ENGLEWOOD  
**SENIOR  
ADULTS**



*Age-Friendly Englewood*

## *Age-Friendly Englewood • At Your Service*

### **ABOUT THIS DIRECTORY**

This directory is designed to make it as easy as possible for older adult residents of Englewood, New Jersey – as well as those who care for them and/or those who care about them – to find and use the many resources that are available in our community.

This directory was developed and produced by Age-Friendly Englewood, a coalition of organizations and individuals who are working with the City of Englewood to make this a great place for people of all ages – especially for older adults who want to age-in-place in this wonderful city.

**Englewood Health** is our primary partner in the publication of this booklet.

### **HOW TO USE THIS DIRECTORY**

This directory offers the names and telephone numbers of service providers in the Englewood area. Providers outside of the immediate area are also included when appropriate. It is our hope that Englewood residents will use this directory as a first place to look when they need information about available services.

We have made every effort to cover the full range of services and topics of interest to older adults. If you are aware of additional services or of corrections to the information in this directory, please let us know!

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*Thank you to Englewood Health for their efforts putting together this guide,  
and for all they do in the community.*

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*Age-Friendly Englewood*

Phone: 201-591-5162 • Email: [agefriendlyenglewood@gmail.com](mailto:agefriendlyenglewood@gmail.com)  
[www.age-friendlyenglewood.org](http://www.age-friendlyenglewood.org)

### **ABOUT AGE-FRIENDLY ENGLEWOOD**

Age-Friendly Englewood is a community-wide project that is working to ensure that residents of Englewood can age-in-place in their homes and in the community with dignity and independence. Age-Friendly Englewood seeks to help the community become more livable for people of all ages, with particular attention to the rapidly growing number of older adults. An age-friendly community is a great place to grow up and grow old.

Age-Friendly Englewood aims to help people throughout our community -- whether they live in an apartment, condo, single-family home, multi-family home or assisted-living facility -- live their lives as fully as possible, with access to a broad range of affordable services and amenities as they age.

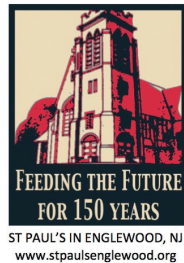
Age-Friendly Englewood was launched early in 2016 with the formation of a coalition of organizations that provide services to Englewood residents, including nonprofit organizations, houses of worship, civic organizations, the Mayor, City Council and offices of City government. The coalition's first task was to assess where Englewood was at that time, determine where there are needs and/or gaps in service, and develop a plan to meet those needs over the months and years ahead. Our work builds off of the City of Englewood's Master Plan and is guided by the World Health Organization's aging-in-place framework and AARP's Livable Communities initiative.

- Housing
- Transportation
- Public Spaces (Parks & Streets)
- Communication & Information
- Access to Health Care and Social Services
- Civic Participation
- Social Inclusion

Age-Friendly Englewood operates under the auspices of Bergen Family Center, which serves as fiscal sponsor of the program. Funding for Age-Friendly Englewood is provided by The Henry and Marilyn Taub Foundation, which is supporting similar projects in the Bergen County towns of Fair Lawn, Garfield, Ridgewood, Teaneck and Westwood.



# Age-Friendly Englewood Partners



Southeast Senior Center  
for Independent Living



Our thanks to the organizations on these two pages, each of which is playing an integral role in helping the City of Englewood, NJ, become a city that not only helps older adults age in place with dignity and independence, but also is great for people of all ages.

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We have tried to include as many services for older adults in Englewood as possible. If you find errors, or if you know of additional services or organizations that should be included, please let us know!

General Information

Bergen County Agencies & Services

**Bergen County Division of Senior Services  
Aging & Disability Resource Connection (ADRC)  
Area Agency on Aging**  
One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601  
201-336-7400 • 1-877-222-3737  
[www.co.bergen.nj.us/division-of-senior-services/about-senior-services](http://www.co.bergen.nj.us/division-of-senior-services/about-senior-services)

**Bergen County Division on Disability Services**  
One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601  
201-336-6500  
*Provides services for disabled adults. Call for information on eligibility.*  
[www.co.bergen.nj.us/divisions-of-disability-services](http://www.co.bergen.nj.us/divisions-of-disability-services)

**Bergen County Board of Social Services**  
218 Route 17 North, Building A  
Rochelle Park, NJ 07662  
201-368-4200  
[www.bcbss.com](http://www.bcbss.com)

**Bergen County Department of Health Services**  
One Bergen County Plaza, 4th floor  
Hackensack, NJ 07601  
201-634-2600  
*Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing) through a county-wide partnership.*

*Crisis Hotline: 201-262-HELP (4357)*

# Activities

## In or Near Englewood

**AARP NJ**  
Englewood, NJ and New Brunswick, NJ  
1-866-542-8165  
local.aarp.org/bergen-county-nj  
*Variety of meetings and activities weekly/monthly.*

**Arts For Life-NJ**  
artsforlifenj.com  
*Arts for Life NJ: provides high quality arts classes for active adults 50+-. Find a new love or reignite an old passion - acting, dance, photography, more.*

**Arts Horizons**  
1 Grand Avenue, Englewood  
(212) 268-7219  
artshorizons.org  
*Provides performing, visual, literary and media arts and artistic expression to diverse people of all ages and abilities.*

**Bergen Family Center  
Older Adult Services**  
44 Armory Street, Englewood, NJ  
07631  
201-568-0817  
www.bergenfamilycenter.org  
*Adult Day Care for frail and visually impaired adults. Care management services for homebound older adults.*

**BergenPAC**  
30 North Van Brunt St, Englewood  
201-227-1030  
www.bergenpac.org  
*A non-profit regional theater, Bergen Performing Arts Center (bergenPAC) presents more than 175 shows a year. To enhance the quality of life, bergenPAC provides free tickets to organizations serving individuals who*

*otherwise would be financially unable to experience the live performing arts. Since 2016, this Arts Access Initiative has granted over 35,000 such tickets, primarily to seniors.*

**Elder Hostel (Road Scholar)**  
800-454-5768  
www.roadscholar.org  
*Provides low-cost educational travel programs for seniors to over 1,600 colleges, universities, and other facilities in the U.S. and abroad.*

**Flat Rock Brook Nature Association**  
443 Van Nostrand Ave, Englewood  
201-567-1265  
flatrockbrook.org  
*150-acre preserve and environmental education center situated on the western slope of the Palisades.*

**Kaplen JCC on the Palisades**  
411 East Clifton Avenue, Tenafly  
(201) 569-7900  
www.jccotp.org  
*The Kaplen Adult Reach Center's social day care program promotes independence, self-esteem and cognitive abilities for those living with dementia, in a vibrant, community center atmosphere.*

**Northern NJ Community Foundation**  
1 Grand Avenue – Suite 3, Englewood  
201-568-5608  
nnjcf.org  
*Promotes art and culture as powerful means of bridging diversity and bringing people together.*

**Senior Source**  
310 Riverside Square Mall, Hackensack  
201-342-0962  
www.seniorsourcenj.com  
*Socialization and education on a range of topics for older adults -- every week-day at no charge.*

**Southeast Center for Independent Living**  
228 Grand Avenue, Engelwood  
201-569-4080  
sescil.com  
*SESCIL provides myriad services for adults 55+, including programs that exercise body and mind. Only senior center in Bergen County to provide such medical services as podiatry, dentistry and chiropractor.*

**YMCA of Greater Bergen County**  
1092 Carnation Drive  
New Milford, NJ 07642  
(973) 758-9039  
www.ymcagbc.org  
*Offers a variety of fitness classes, including self-defense and SMILE (Seniors Move In Light Exercise).*

**YWCA Northern New Jersey**  
214 State Street, Hackensack  
(201) 881-1700  
ywcabergencounty.org  
*Offers wellness workshops, fitness classes and events to help our seniors and the community get healthier and connect with others.*

# Englewood Parks

*Englewood boasts a number of beautiful parks. A map of locations is on the city's website. Click on "living."*

**Englewood Dept. Of Parks & Recreation**  
120 West Englewood Ave  
(The Gatehouse)  
**201-568-3472**  
cityofenglewood.org

**Artus Park**  
So. Dean & Linden  
*Playground*

**Broad Ave. Courts**  
Broad Ave & Rockwood Pl.  
*Tennis & basketball*

**Cambridge Ave. Park**  
Cambridge & Knickerbocker

**Crystal Lake**  
Sheffield Ave  
*Dog run, pond, picnic*

**Denning Park**  
Lafayette & Forest  
*Swings, basketball, picnic, playground, soccer, pond*

**Depot Square Park**  
Van Brunt & Demarest  
*Playground, picnic*

**Dunning Park**  
Hillside Ave & Spring Lane

**Eleanor Harvey Park**  
500 Liberty Road

**Flat Rock Brook Nature Center**  
443 Van Nostrand Avenue  
**(201)567-1265**  
*150-acre preserve and environmental education center situated on the western slope of the Palisades.*

**Garrity Field**  
Broad Avenue  
*Ball fields, bathroom*

**Glenbrook Park**  
Glenbrook Pkwy & Howell Rd.  
*Swings, picnic*

**Mackay Park**  
Englewood Ave  
*Playground, picnic, pool, tennis,*

*basketball, baseball, softball, soccer, arena, fitness route, ice skating, bathroom*

**Madison Park**  
Madison Ave.  
*Playground, baseball, picnic*

**Morris Park**  
Cross St. & Morris Park  
*Playground, basketball, picnic, bathroom*

**Triangle Park**  
Hudson Ave. & No. Dean  
*Playground*

**Trumble Park**  
Broad Ave., Rockwood Pl  
*Playground, baseball, picnic*

**Tyron Park**  
Tyron Ave  
*Ball fields, bathroom*

**Veterans Park**  
Dean Drive & Demarest  
*9/11 Memorial*

# Senior Activity Centers

## In or near Englewood

*Senior Citizens 60+ and their significant other, regardless of age, are eligible to participate in Activity Center programs, services and activities. Social, health and legal counseling, group classes in painting, arts and crafts, ceramics, knitting/crocheting and exercise, as well as educational and cultural programs, are available. Some transportation may also be available. For information on transportation call the center.*

continued

# Senior Activity Centers Cont'd

## In or near Englewood

### Bergen County Senior Lunch Program

A nutritious mid-day meal is available for Bergen County senior citizens at the centers **marked with an asterisk (\*) below** Lunch is served Monday-Friday. Any Bergen County resident may attend any senior center. Residence in the town is not required, but transportation (where offered) may be limited to residents of the town.

Reservations for the meal must be made 1 day in advance. Below are Centers in or near Englewood.

#### Englewood\*

Bergen Family Center  
44 Armory Street, 07631  
201-568-0817

#### Englewood

Southeast Center for  
Independent Living  
228 Grand Avenue, 07631  
201-569-4080

#### Fort Lee\*

Richard & Catherine Nest  
Adult Activity Center  
201-592-3670  
319 Main Street, 07024

#### Hackensack\*

Americas Unidas Multicultural  
Senior Center  
101 Hudson Street, 07601  
201-336-3320

#### Hackensack

Martin Luther King, Jr. Senior Center  
375 First Street, 07601  
201-342-2654

#### Korean American Senior Citizen Association of New Jersey

133 Fort Lee Road  
Leonias, NJ 07605  
201-945-2400

#### Leonias

Leonias Recreation Center  
370 Broad Avenue, 07605  
201-302-9660

#### Teaneck\*

250 Colonial Court, 07666  
201-837-0171  
201-862-1665

#### Tenafly

20 South Summit Street, 07670  
201-569-2159

#### Tenafly\*

Kaplan JCC on the Palisades  
411 East Clinton Avenue, 07670  
201-569-7900 ext. 1450

#### Tenafly\*

Friends of Grace Seniors  
Korean Community Centre  
100 Grove Street, Tenafly 07670  
201-541-1200

# Adult Continuing Education

### Bergen Community College

400 Paramus Road, Paramus, NJ 07652  
**201-447-7488**  
www.bergen.cc.nj.us  
Extensive continuing education program

### Fairleigh Dickinson University

1000 River Road, Teaneck, NJ 07666  
**201-692-6500**  
view2.fdu.edu/academics/continuing-education/  
Extensive continuing education program

# Adult Continuing Education Cont'd

### Institute for Learning in Retirement Bergen Community College

400 Paramus Road, Paramus, NJ 07652  
**201-447-7156**  
bergen.edu/community/institute-for-learning-in-retirement/  
Broad range of academic and cultural topics.  
No tests or grades. Programs sponsored jointly with  
Elderhostel; serves the intellectual and social needs  
of a vibrant community of lifelong learners.

### Project Literacy Greater Bergen County

355 Main Street, Hackensack  
**201-489-7066**  
www.project-literacy.org  
Free tutoring services by trained volunteers to adults in  
need of basic literacy, math and ESL.

### SESCIL - Southeast Senior Center for Independent Living

228 Grand Avenue, Englewood  
**201-459-4080**  
www.sescil.com  
Offers a variety of educational programs.

# Bereavement Services

### AARP Grief & Loss Program

800-687-2277  
www.aarp.org/griefandloss  
Offers a wide range of resources on grief and loss. Family members welcome

### Jewish Family & Children's Services of Northern New Jersey

1485 Teaneck Road, Teaneck  
**201-837-9090**  
**Groups@jfccnnj.org**  
JFCS offers bereavement support groups for widows/widowers and adult children who have lost parents. Group  
provides support and discusses strategies to enhance coping skills during a challenging time.



# Business Services

**North New Jersey Chamber of Commerce**  
2-10 North Van Brunt St., Englewood  
**201-567-2381**  
**nnjchamber.com**

*Promotes business growth and community development. Serves as the voice of Englewood; facilitates networking and marketing opportunities; coordinates calendar of community events; and hosts a community website (englewoodnj.org) for businesses and visitors throughout the region.*

**Economic Development**  
**201-510-8206**

*Special Improvement District Management Corporation was formed in 2018 to promote growth and employment in the central business area. Its six members, who are appointed by the City Council, all have long-term business experience in Englewood.*

# Caregiver Support Services

**Caregiver Coalition of Bergen County**

B.C. Division of Senior Services  
One Bergen County Plaza, Hackensack  
**201-336-7427**

*Supportive and caring individuals who share a commitment to improving the lives of caregivers in Bergen County. Promotes knowledge of, sensitivity to and action around issues impacting caregivers. Groups meet regularly.*

**In-Home Caregiver Education & Support Program**

Bergen County Division on Disability Services  
**201-336-6505**  
*Teaching Plan for unpaid caregivers, including learning skills necessary for providing care.*

**Adler Aphasia Center Caregivers Support Group**

60 West Hunter Avenue, Maywood, NJ  
**201-368-8585**  
*Meets every second Monday, 7:00pm-9:00pm*

**Alzheimer's New Jersey Helpline**  
**888-280-6055**

*The Helpline is a professionally, staffed, toll-free contact center that provides callers with confidential and personalized in-depth guidance about Alzheimer's disease and dementia to assist with planning, problem solving, referrals to community resources and emotional support.*

**Bergen Family Center/Bridges Family Success Center**

44 Armory Street, Englewood  
**201-568-0817 Ext-112**  
*Caregivers meet in a nurturing space to share a meal and conversation with other caregivers. The group provides respite to Caregivers, in addition to offering emotional supports, programs on issues related to aging such as: phone scams, health care, mindfulness practice and educational information. Group meets 3 times a month on Wednesdays at 12:30pm-2pm. All services are Free of charge.*

**Care2Caregivers**

151 Centennial Avenue  
Piscataway, NJ 08854  
**800-424-2494**

*Free, ongoing peer support for caregivers taking care of people with dementia*  
[care@care2caregivers.com](mailto:care@care2caregivers.com)

**Dorot Caregivers Connection**  
**212-769-2850 or 1-877-819-9147**  
**www.dorotusa.org**

*Informational workshops and support groups are conducted through telephone conference calls. Caregivers can share concerns, exchange suggestions, and get much needed information in the comfort of their home.*

**Family Caregiver Alliance**

800-445-8106  
*Provides education information with factsheets on caregiving & depression, dementia behavior and caregiving planning, etc.*

# Caregiver Support Services Cont'd

**Holy Name Medical Center Caregiver Support Group • Holy Name Medical Center Day Away Center**  
725 Teaneck Road, Teaneck  
**201-833-3757**

**Jewish Family & Children's Services of Northern New Jersey**  
1485 Teaneck Road, Teaneck  
**201-837-9090**

*Through the Wolff Caregiver program, JFCS provides caregivers of loved ones with Alzheimer's disease and other dementias with the resources they need. Through the program, JFCS provides both practical and emotional support and respite care.*

**Jewish Home Parkinson's Center Support Group and Monthly Lecture**

*For those living with Parkinson's and their Caregivers. Virtual format via Zoom – 4PM on the second Thursday of each month. Email: [parkinsons@jewishhomefamily.org](mailto:parkinsons@jewishhomefamily.org) to sign up or call the Parkinson's Support Hotline at (855) 543-7275 for more information.*

**Kaplen JCC on the Palisades Caregiver Support Group Adult Reach Center**  
**201-408-1450 or 201-569-7900 ext. 439**

*411 East Clinton Avenue, Tenafly Caregivers support group, meets twice a month, 2nd Monday at 7:00 pm and 4th Tuesday at 10:30am.*

**National Organization for Empowering Caregivers**  
425 West 23rd Street #9B  
New York, NY 10011  
**www.care-givers.com**

*Empowering caregivers with resources, private counseling and healing circle.*

**NJ Self-Help Group Clearinghouse**  
**800-367-6274**

*Maintains database of information of thousands of self-help support organizations. Go to: [www.njgroups.org](http://www.njgroups.org) to download the Self-Help Support Group directory.*

**Parkinson's Support Group**

Cedar Hill Christian Reformed Church  
422 Cedar Hill Avenue  
Wyckoff, NJ 07481  
**Ron773h@yahoo.com**  
**aweldon@optonline.net**  
**ratner2@optonline.net**

**Vantage Health System Caregiver Support Group**

2 Park Avenue, Dumont  
201-385-4400, ext. 3084  
*Spouse Caregivers Support Group meets twice-monthly to dine and discuss issues; spouse care recipients are supervised with therapeutic activities & dinner. Agency also has an Adult Child support group. Call for days and time.*

# Crisis Services

**Adult Protective Service (includes Elder Abuse)**  
**201-368-4300**

*Investigates reports of suspected abuse, neglect, and exploitation of vulnerable adults living in the community.*

**Psychiatric Emergency Screening Program**

Care Plus NJ, Inc.  
610 Valley Health Plaza, Paramus, NU 07652  
**201-262-HELP (4357)**  
*Designated screening center for Bergen County. Services available 24/7/365.*

**Care 2 Caregivers • Peer Support Helpline for Dementia Caregivers**  
800-424-2494  
**care@care2caregivers.com**

*Provides peer support, guidance on coping, counseling and education.*

continued



# Caregiver Support Services Cont'd

## Grandparents as Caregivers

**Kinship Navigator Hotline:**  
**201-398-9110**

Kinship Caregivers –  
P.O. Box 717, Trenton

**201-797-2660 or 609-888-7400**

Information, referral and advocacy services  
for family caregivers. Request brochure listing  
services for grandparents raising grandchildren.  
Also, inquire about available services and benefits.

**Grandparents Raising  
Grandchildren Support Group •  
Bergen Family Center/Family Success Center**

44 Armory Street, Englewood

**201-796 6209 ext. 102**

Grandparents share experiences and approaches  
that help with challenges of raising grandchildren.

**www.fsobergen.org**

## Respite Care Services

**Respite programs** offer temporary relief for care-givers to alleviate physical and emotional demands  
of caregiving. Services may include companions, homemaker/home health aides, medical/social adult  
day care, short-term inpatient care, skilled nursing, etc. Call for eligibility and waiting lists.

**Kaplen JCC on the Palisade  
Adult Reach Center (ARC)**  
411 E. Clinton Avenue, Tenafly  
**201-569-7900**

Social Adult Day Care

**Statewide Respite Care Program  
Bergen County Division on  
Disability Services**

One Bergen County Plaza, Hackensack  
**201-336-6500**

Provides relief services to caregivers.

**Jewish Home Family**

Offers respite care services at the Jewish  
Home at Rockleigh, which provides  
long term care, skilled nursing and  
memory care; as well as at Jewish  
Home Assisted Living in River Vale,  
which has both assisted living and  
memory care featuring various levels  
of care in a homelike environment  
with fine dining and amenities.

**Jewish Home at Rockleigh**  
10 Link Dr., Rockleigh NJ 07647  
**201-784-1414**

**Jewish Home Assisted Living**  
685 Westwood Ave., River Vale NJ  
07675 - **201-666-2370**

**New Bridge Medical Center  
(Formerly Bergen Pines/Bergen  
Regional) Long-Term Care Division**  
**201-967-4073**

230 East Ridgewood Avenue  
Paramus, NJ 07652

Provides temporary residential care  
(beds) for a minimum of 3 days and  
up to 30 days. Meals and 24/7 nursing  
care. Call for fees, to visit & to apply.  
Medicaid and private pay.

**Jewish Family & Children's  
Services of Northern New Jersey**  
1485 Teaneck Road, Teaneck  
**201-837-9090**

Through the Wolff Caregiver program,  
JFCS provides caregivers of loved ones  
with Alzheimer's disease and other  
dementias with the resources they  
need. Through the program, JFCS  
provides both practical and emotional  
support and respite care.

**Alzheimer's New Jersey  
The Respite Care and  
Wellness Program**  
400 Morris Avenue, Suite 251  
Denville, NJ 07834  
**888-280-6055 or 973-586-4300**  
**www.alznj.org**

Call for information and eligibility  
requirements

**\*NOTE:** Some home health agencies  
provide respite care services; call  
agencies to inquire about fees for  
service. Some nursing homes also  
provide respite beds on a temporary  
basis; call individual nursing homes  
to inquire.

# Clubs and Social Groups

**All listed are open to interested participants. May require  
membership fees/dues and requirements for participation.**

**Elks Ideal Lodge #470**  
17 Bennett Road, Englewood  
**201-567-8707**

Founded by African-Americans who  
migrated to Englewood with strong  
southern roots, the Lodge is used by the  
diverse population of Englewood. Holds  
computer classes for elders. Available  
for events.

**Englewood Rotary Club**  
P.O. Box 412, Englewood, NJ  
International service organization  
whose motto is "Service Above Self."  
Meets every Tuesday at 12:15 PM at

the Crowne Plaza Hotel, 401 South Van  
Brunt Street.

**League of Women Voters**  
**201-390-8830**  
Call for Information and meeting  
locations. Dedicated to ensuring that  
all eligible voters – particularly those  
from traditionally underrepresented or  
underserved communities, including  
first-time voters, non-college youth,  
new citizens, minorities, the elderly  
and low-income Americans – have the  
opportunity and the information to  
exercise their right to vote.

**Woman's Club of Englewood**  
187 Brinckerhoff Court, Englewood  
Susan Eastham, President  
**(617) 285-4074**  
The mission of the Woman's Club is to  
bring together women interested in  
intellectual and cultural advancement,  
to be a potent factor in the develop-  
ment of the community and to promote  
its well-being through a philanthropy  
program. This mission is exclusively  
charitable and educational.

# De-Cluttering Your Home

## Not-for-Profit Thrift Shops

These shops generally accept used, clean clothing and household items in good condition. They do not pick-up at your home.

**Caring About The Strays (CATS)**  
80 Kinderkamack Road, Westwood  
201-666-5444

**Goodwill NYNJ Outlet Store  
& Donation Center**  
400 Huyler Street  
South Hackensack, NJ 07606  
201-727-8215

**National Council of  
Jewish Women Thrift Shop**  
75 Washington Ave., Bergenfield  
201-385-4847

## These Agencies Pickup at Your Home

Call or go online to schedule a pickup at your home

**Big Brothers Big Sisters**  
877-336-8828  
**www.bbbspickupservice.org**

Accepts just about anything except  
large furniture and appliances.

**Green Drop**  
Schedule pickup online.  
**gogreendrop.com**  
Donated items are sold to benefit  
charity of your choice: American Red

Cross Society of St. Vincent DePaul,  
National Federation for the Blind,  
Military Order of Purple Heart Service  
Foundation.

continued

# De-Cluttering Cont'd

## These Agencies Pickup at Your Home

Call or go online to schedule a pickup at your home

### Habitat for Humanity ReStore

121 Carver Ave, Westwood, NJ

**201-500-5009**

**bergenrestore.org**

Accepts furniture, appliances and building materials in good condition. Call or schedule pickup online.

### Lupus Foundation of America

**888.445.8787**

**lfapickupservice.org**

Accepts just about anything except large furniture and appliances.

### Salvation Army

**1-800-728-7825**

**satruck.org**

Accepts just about anything. Call or schedule pickup online.

### Vietnam Veterans of America

**pickuplease.org**

Accepts just about anything except large furniture and appliances.

### Bergen Volunteers' Making It Home

**201-289-8444**

Accepts furniture in good condition.

## Drop-off

These agencies accept dropped-off donations

### Adult Care Brief Bank

**Kaplen JCC on the Palisades**

411 East Clinton Ave., Tenafly, NJ 07670

**201-569-7900**

Accepts adult absorbent products.

### Bergen County Animal Shelter

100 United Lane, Teterboro 07608

**201-646-3200**

Accepts clean blankets & bedding, gloves, mops, buckets, etc. New pet supplies.

### Pawsitively Furever

**Dog Rescue Center**

Hackensack, NJ

**201-410-8566**

**www.pawsitivelyfurever.org**

Accepts blankets, towels, cleaning supplies.

### Ramapo-Bergen Animal

**Refuge, Inc.**

2 Shelter Lane, Oakland NJ 07436

**201-337-5180**

**www.rbari.org**

Accepts pet supplies.

## Donate Books

### Bergen County Jail

160 South River Street, Hackensack

**201-336-3500, ext. 4355**

Accepts paperback books. Absolutely no hard cover books and no books with spiral binding. Drop off between 9AM-5PM.

### Englewood Public Library

31 Engle Street

**201-568-2215**

Accepts used books in good condition.

Call 201-768-1272 for pickup

### Better World Books

Drop-box at the Cresskill Library

53 Union Ave, Cresskill

**www.betterworldbooks.com**

They sell books that have been donated. Proceeds benefit nonprofits that provide literacy programs.

# Emergency Services

FOR A HEALTH, FIRE OR LIFE SAFETY EMERGENCY CALL 911

### Englewood Police Department

75 S Van Brunt Street, Englewood

**201-568-2711 (non-emergency)**

**www.cityofenglewood.org/**

### Bergen County Office of

**Emergency Management**

285 Campgaw Road

Mahwah, NJ 07430

**201-785-5757 or 201-336-7705**

### American Red Cross

(responds to natural disasters)

**973-797-3300**

### Adult Protective Services •

**Bergen County Board of**

**Social Services**

**201-368-4300 or 800-624-0275**

**(after hours)**

For vulnerable adults who are being subjected to abuse, neglect or exploitation, and who cannot protect or care for themselves.

### Bergen County's United Way

**Compassion Fund**

6 Forest Avenue, Paramus

**211 or 201-294-4050 or**

**877-652-1148**

Provides help with urgent financial needs from utility bills to medication and healthcare to help families remain in their home.

**www.nj211.org**

### Housing, Health & Human

**Services Center**

120 South River Street, Hackensack

**201-336-6475**

Temporary shelter, meals, and links to community services.

### Family Promise of Bergen County

100 Dayton Street Ridgewood, NJ

**201-833-8009**

Helps working families who

are facing homelessness.

Monday-Friday 9:00am-5:00pm

### Alternatives to Domestic Violence

One Bergen County Plaza, Hackensack

**201-336-7575**

Offers services including crisis intervention; counseling; legal assistance; individual, group and family counseling; etc. Calls remain confidential.

### Center for Hope and Safety

12 Overlook Ave, Rochelle Park, NJ

**201-498-9247**

**201-944-9600 HOTLINE**

Assists women and children who are victims of domestic violence, including emotional, economic, sexual and physical abuse. Provides emergency and transitional housing, emotional support, and a diversified continuum of services focused on safety, empowerment, and self-sufficiency.

**www.hopeand safetynj.org**

### Healing Space -YWCA

**Northern New Jersey**

214 State Street, #207, Hackensack

**201-487-2227 24-hour Hotline**

Provides a confidential 24/7 hotline to survivors of sexual assault and abuse, their families and friends. Support is available to anyone who has experienced sexual violence, whether it happened hours or years ago.

### SeniorHaven for the Prevention

**of Elder Abuse • Program of**

**Jewish Home Family**

**855-455-0555**

Shelter available for individuals over 65 who are victims of abuse. Abuse may be physical, sexual, financial, verbal, emotional, or psychological.

Referral from a professional is required.

**jewishhomefamily.org/seniorhaven**



# Employment Opportunities

**Re-Launch Career Services  
Jewish Family & Children's  
Services  
of Northern New Jersey**  
1485 Teaneck Road, Teaneck  
**201-837-9090 x225**

*Provides FREE overall guidance in career direction for job seekers of all ages. Hands-on practical support for revamping your resume, creating a compelling cover letter and interviewing skills*

**ReServe North Jersey  
877-290-6145**

*Matches retired professionals -- teachers, business executives, lawyers, accountants, technology specialists, health care, human service and administrative*

*professionals -- age 55+ with part-time service opportunities at nonprofit organizations and public institutions in order to strengthen their communities while earning a modest stipend.*  
**www.reserveinc.org/newark  
info@reserve.org**

**New Jersey State Employment  
Services • Vocational  
Rehabilitation Services for the  
Disabled • Unemployment and  
Disability Insurance • One-Stop  
Career Center**

60 State Street, Hackensack  
**201-996-8940 or 201-996-8970**  
*Offers services such as workshops, counseling, job search, skilled training, etc.*

**Senior Community Service  
Employment Program (SCSEP)  
Easter Seals**

194 Route 17 North, Rochelle Park, NJ  
**855-215-4541 or 201-845-0247**  
*Provides job training and employment opportunities for eligible individuals aged 55+*

# English as a Second Language

**Englewood Library**

31 Engle Street, Englewood  
**201-458-2215 ext 236**  
**www.Englewoodlibrary.org/adults**  
*ESL classes open to men and women.*

**Greater Bergen  
Community Action**

*Offers ESL classes in Cliffside Park and Palisades Park*  
**201-366-1020 ext. 7236**  
**www.greaterbergen.org**  
*Call for details*

**Korean-American Senior  
Citizen Association**

133 Fort Lee Road, Leonia, NJ 07605  
**201-945-2400**  
*ESL program will service the Korean*

*Population 60+; English instruction for communication in Health and Citizenship*

**Project Literacy Greater  
Bergen County**

355 Main Street, Hackensack  
**201-489-7066**  
**www.project-literacy.org**  
*Free tutoring services by trained volunteers to adults in need of basic literacy education, math and ESL.*

**Women's Rights  
Information Center**

108 Palisade Ave., Englewood  
**201-568-1166**  
**www.womensrights.org**  
*ESL classes open to men and women.*

# Financial Benefits & Assistance

**Consumer Credit Counselling  
888-726-3260  
www.cccsnj.org**

*Financial counseling for older adults 65+*

**Greater Bergen  
Community Action  
GBCA Financial &  
Housing Counseling**

294 Union Street, Hackensack  
**201-488-5100**  
*Provides financial literacy education, credit counseling and housing counseling to Bergen County residents who are income eligible.*

## Medicaid

**Bergen County Board  
of Social Services**

218 Route 17 North  
Rochelle Park, NJ 07662  
**201-368-4200 or 201-368-4785**  
*Apply for general Assistance, SNAP (food stamps), Family Care, TANF, Institutional Medicaid, etc.*  
**www.bcbss.com**

**Funeral-Burial Support Program  
(Medicaid)**

**Bergen County Board  
of Social Services**  
218 Route 17 North  
Rochelle Park, NJ 07662  
**201-368-4200**

## Medicare Health Insurance

*These programs pay or help pay for the cost of medical care for older adults and disabled persons.*

**MEDICARE (www.medicare.gov)  
www.medicare.gov  
1-800-MEDICARE  
1-800-633-4227**

### MEDICARE PART A

Hospital insurance. Covers inpatient hospital care  
**800-633-4227**

### MEDICARE PART B

Covers physician and some out-patient services.  
**800-633-4227**

### MEDICARE PART C

*Medicare advantage plans. HMOs, PPOs, and other health plan options provided through one network. Plan benefits may include vision, hearing and dental screening and/or discounts, Rx drug coverage and/or health club membership.*  
**800-633-4227 or 800-633-4227**

### MEDICARE PART D

*Optional prescription drug plans which add drug coverage to original Medicare.*  
**800-633-4227**

**State Health Insurance Program  
(SHIP)**

**201-336-7413**  
*Assistance in completing Medicare and other health insurance claim forms; information on supplemental policies; evaluation of specific claim forms and health insurance needs; information*

*on prescription coverage and Medigap policies.*

**Absolute Insurance Management  
(Medicare Made Easy)  
973-470-8333**

*Provides evaluation, at no charge, of the various available options for Medicare.*

**Medicare Rights Center -  
Medicare Interactive**

**888-466-9050**  
**www.MedicareInteractive.org**  
*Provides help with Medicare appeals process.*

## N.J. Property Tax Relief Programs

**N. J. Division of Taxation  
State.nj.us/treasury/taxation/  
relief.shtml**

*Check the website for the latest information regarding Senior Freeze (property tax reimbursement program), Homestead Benefit Program, and other property tax benefits.*  
**609-826-4400**

**Property Tax Deduction/Credit  
Englewood Municipal Tax Office**

2-10 North Van Brunt Street  
**201-871-6607**  
*Homeowners and tenants who pay property taxes, directly or through rent, on their principal residence in N.J. may qualify for either a deduction or a refundable credit on their N.J. resident income tax return. Tax benefit varies depending on amount of the taxpayer's income, amount of property taxes or rent paid, and filing status.*

continued

# Financial Benefits & Assistance Cont'd

## Pharmaceutical Assistance Programs

These programs may help reduce pharmaceutical costs to seniors, veterans, and disabled persons.

**Pharmaceutical Assistance to the Aged & Disabled (PAAD)**  
**800-792-9745 or 201-336-7400**  
Prescription discount program for elderly and people with disabilities. .

**Senior Gold Prescription Discount Program**  
**800-792-9745 or 201-336-7400**  
Prescription discount program for elderly and disabled NJ residents who do not qualify for PAAD.

**Extra Help with Medicare Prescription Drug Plan Costs**  
**800-772-1213**  
Federal program that helps pay full or partial costs of Medicare prescription drug coverage.  
**www.socialsecurity.gov**

**State Health Insurance Program (SHIP)**  
**201-336-7413**  
Provides Medicare beneficiaries with assistance and information about health insurance policies, claim forms, prescription coverage, and evaluates health insurance options.

**Partnership for Prescription Assistance**  
May help patients who are uninsured or underinsured access the medicines they need through the program that is right for them.  
**www.pparx.org**

**Reverse Mortgage**  
**Reverse Mortgage Counseling Home Equity Conversion Mortgages Division of Senior Services ADRC-Aging & Disability Resource Connection**  
**201- 336-7569**  
The Division of Senior Services offers a trained and certified counselor to advise seniors age 62 and over on ways to access their home equity so they can remain at home and age-in-place.

**Social Security & SSI**  
**Social Security Continental Plaza**  
401 Hackensack Avenue - 2nd fl., Hackensack  
**800-772-1213**

**Supplemental Security Income (SSI)**  
Must be 65 years of age, blind, or have a disability and limited income.  
**www.ssa.gov**  
**Apply online: www.socialsecurity.gov/myaccount**

**Utility & Telephone Assistance**  
**Low Income Home Energy Assistance Program (LIHEAP)**  
Federally funded program that provides financial assistance to low-income households and individuals with heating and medically necessary cooling costs. Apply between Oct. 1 through April 30.  
**Hotline: 1-800-510-3102 for further information.**

**The TRUE and PAGE Program- Energy Assistance Program; Universal Service Fund Temporary Relief for Utility Expenses & Payment Assistance for Gas & Electric programs provide relief on natural gas and electric bills for low to moderate income households experiencing a temporary financial crisis. USF provides credit for utility bills. Call (732) 982-8710 for further information www.housingall.org for eligibility requirements. Or call Greater Bergen Community Action at 201-968-0200 Ext 7008 or Bergen County Division of Senior Services/ADRC at 201-336-7400**  
\*Apply Nov 1st thru March 31st

**Cooling Assistance Heightened Independence and Progress (hip)**  
131 Main St., Hackensack, NJ 07601  
**201-996-9100 ext. 18**  
Air conditioners can be provided for Bergen County residents. Call for eligibility requirements.

**Lifeline Utility Credit Program**  
Gives a \$225 credit per year on your Public Service bill. Eligibility requirements same as for PAAD program.  
**How to Apply: Call PAAD/Lifeline 800-792-9745 or Bergen ADRC Division of Senior Services 201-336-7400 or Greater Bergen Community Action 201-968-0200 Ext 7008**

**Comfort Partners**  
Provides energy saving home improvements and energy education programs for low-income customers. Sponsored by Board of Public Utilities - NJ Clean

# Financial Benefits & Assistance Cont'd

**Energy Program. Eligibility: At or below 225% of the Federal Poverty Guidelines. How to Apply: Call 888-773-8326 or go to www.njcleanenergy.com**

**Winter Termination Program (WTP)**  
Electric or gas utility companies cannot discontinue services to certain households between November 15th - March 15th. Participants in LIHEAP, Lifeline Credit Program, PAAD, SSI, USF are eligible as long as they make a "good faith" payment if possible. Persons unable to pay their utility bills because of circumstances beyond their control are also eligible.  
**For information contact Customer Assistance at 800-624-0241.**

**NJ SHARES**  
Provides assistance to households in need of help paying their energy bills due to a financial crisis.  
**800- 272-1325 or SUEZ Cares Water - 888-942-8080.**  
Applicants must have a history of good-faith payments with their energy company and not be eligible for LIHEAP, USF, TRUE or PAGE programs.  
**www.njshares.org**

**Weatherization Assistance Program**  
Improves energy efficiency with repairs and replacement if necessary.  
Eligibility: Households must meet income guidelines below 200% of

Federal Poverty Level.  
**How to Apply:**  
Apply thru the LIHEAP or contact Greater Bergen Community Action Weatherization Program at **973-546-1441**  
**www.GreaterBergen.org/home-energy**

**Verizon New Jersey Communications LifeLine**  
Low-income residential customers may be eligible to receive discounted local telephone service.  
**How to Apply: 800-837-4966 or visit www.verizon.com/lifeline**

## Food

**Food Stamps B.C. Board of Social Services**  
218 Rt. 17 North  
Rochelle Park, NJ 07662  
**201-368-4200 • www.bcbss.com**  
Supplemental Nutrition Assistance Program (SNAP) helps low-income people buy food. Eligible to low-income elderly or disabled individuals.

**Center for Food Action**  
192A West Demarest Ave., Englewood  
**201-569-1804 • cfanjanj.org**  
Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. Additional locations throughout Bergen County. Mon.-Fri. 9-5

**Jewish Family & Children's Services of No. NJ**  
1485 Teaneck Road, Teaneck  
**201-837-9090**

The JFCS food pantry is located in Teaneck  
Please call **(201) 837-9090** or visit [www.jfcsnnj.org/market](http://www.jfcsnnj.org/market) to make an appointment.

**Office of Concern - St. Cecilia Church**  
85 Demarest Ave., Englewood  
**201-568-1465 • officeofconcern.com**  
Mon-Thurs. 9-1 Provides food and other basic needs to low-income people of all ages, regardless of religion, race or culture.

**Senior Farmers Market Program**  
1 Bergen County Plaza, Hackensack  
**201-336-7420**  
**www.co.bergen.nj.us/division-of-senior-services/nutrition**  
Provides checks to eligible senior participants to buy locally.

**Also:** Contact houses of worship in your neighborhood to see if they have a food pantry.



# Health & Wellness Programs

**Englewood Department of Health**  
73 South Van Brunt Street, Englewood  
**201-568-3450**

*Our local public health department provides many services needed to protect and promote health. The Health Department conducts inspections of restaurants, pools, and other facilities to ensure proper sanitation, and investigates public health nuisance complaints such as trash or rodents. Issues birth, death and marriage/civil union certificates, marriage/civil union licenses and retail food and pet licenses, provides health clinics for children, and health promotion programs for all ages.*

**B.C. Dept of Health Services**  
One Bergen County Plaza, Hackensack  
**201-634-2600**

*Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing).*

## Hospitals

**Englewood Health**  
350 Engle Street, Englewood  
**201-894-3000**  
**www.englewoodhealth.org**  
*Englewood Health is one of New Jersey's leading hospitals and healthcare networks. Composed of Englewood Hospital, the Englewood Health Physician Network, and the Englewood Health Foundation, our health system delivers nationally recognized care in a community setting to residents of northern New Jersey and beyond.*

**Hackensack Meridian Hackensack University Medical Center**  
30 Prospect Avenue, Hackensack  
**201-996-2000**  
**www.hackensackmeridianhealth.org**  
*Acute-care hospital offering a full range of services - near Englewood.*

**Holy Name Medical Center**  
718 Teaneck Road, Teaneck  
**201-833-3000**  
**www.holyname.org**  
*Acute-care hospital offering a full range of services - near Englewood.*

**New Bridge Medical Center (Formerly Bergen Pines/Bergen Regional)**  
230 East Ridgewood Ave.  
Paramus, NJ 07652  
**201-967-4000**  
**www.bergenregional.com**  
*Regional hospital providing long term, behavioral health and acute care.*

**Urgent Care Centers**  
**Englewood Health Urgent Care at Englewood**  
35 Nathaniel Place  
**201-222-1234**

**Englewood Health Urgent Care at Cresskill**  
46 Union Avenue  
**201-222-1234**  
*Provides a wide range of medical services in a state of the art facility. Open evenings and weekends. No appointment necessary.*

**City MD Urgent Care**  
282 Route 4 (Westbound), Paramus  
**(551) 222-0800**  
*Walk-in clinic where board-certified doctors treat minor urgent care needs quickly and reliably, 365 days a year.*

# Chronic Disease & Disability Health Issues

**Alzheimer's Disease Act Now Foundation**  
830 Bergen Ave, Ste. 8A  
Jersey City, NJ 07306  
**201-721-6721**  
*Raises awareness, provides educational workshops, memory screenings, support groups for caregivers and seniors with early stage dementia, and other resources. Serves Englewood.*

**Alzheimer's Association**  
24-hour helpline • **800-272-3900**  
Caregiver Information Referral Line • **800-883-1180**  
*For other details visit **www.alz.org***

**Alzheimer Disease Education & Referral Center**  
**800-438-4380**  
*Comprehensive Alzheimer disease information and resources including caregiver skills for behavioral problems and all other information.*  
**www.nia.nih.gov/alzheimers**

**Alzheimer's New Jersey Northern Regional Office**  
690 Kinderkamack Rd., Ste100  
Oradell, NJ 07649  
**201-261-6009**  
**Helpline: 888-280-6055**  
*Education, respite care and wellness programs **www.alznj.org***

**Angel Sense Program of the B.C. Sheriff's Office**  
2 Bergen Plaza, Hackensack  
**201-336-3540**  
*Personal location monitoring provides rapid response to reduce potential for serious injury for those with Alzheimer's, dementia, autism, Down syndrome and other related disorders.*

**COPSA Alzheimer's Resource Center**  
100 Metroplex Dr., Suite 200  
Edison, NJ 08817  
**800-424-2494 or 732-235-8400**  
*Statewide program that includes a dementia clinic and a resource center to help families and caregivers of people with dementia. Institute staff train and provide consultation to geriatric professionals throughout New Jersey.*

**Holy Name Hospital Asian Dementia Center**  
718 Teaneck Road, Teaneck, NJ 07666  
**201-833-3399**  
*Screening, education programs, family support groups.*

**Other Diseases**  
**Adler Aphasia Center**  
60 West Hunter Ave., Maywood, NJ  
**201-368-8585**  
**www.adleraphasiacenter.org**  
*Broad range of programs and activities to assist those with aphasia and their caregivers. Trains health care professionals to improve service delivery to people with aphasia.*

**Arthritis Foundation N.J.**  
555 Route 1 South #320, Iselin, NJ  
**888-467-3112 • www.arthritis.org**  
*Provides information and resources, access to optimal care, advancements in science and community connections.*

**Cancer**  
**American Cancer Society**  
20 Mercer Street, Hackensack  
**201-343-2222**  
*Funds and conducts research, shares expert information, supports patients, and provides information about prevention.*

**Cancer Care, Inc.**  
141 Dayton Street #204  
Ridgewood, NJ 07450  
**201-444-6630 • www.cancer.org**  
*Provides counseling, education, support groups, publications, financial assistance and community programs. Serves Englewood.*

**Cancer Support Community Holy Name Medical Center**  
**201-833-3392**  
*Offers educational workshops and support services to anyone impacted by cancer*

**Diabetes**  
**American Diabetes Association**  
**800-342-2383**  
**www.diabetes.org**  
*Professional organization that provides research, information, advocacy and support for caregivers.*

**NJ Chapter-American Heart Association**  
1 Union Street, Robbinsville, NJ 08691  
**609-208-0020 • www.heart.org**  
*Information & referral, listing of groups for stroke survivors/families/caregivers and professionals.*

**HIV/AIDS**  
**Buddies of New Jersey**  
149 Hudson Street, Hackensack  
**201-489-2900**  
**www.njbuddies.org**  
*Offers network of support: case management, substance abuse treatment and counseling, housing assistance, dental services, support groups, transportation and food bank.*

**National Multiple Sclerosis Society**  
1 Kalisa Way, Paramus, NJ

## Chronic Disease & Disability Health Issues Cont'd

**201-967-5599**  
**www.nationalmssociety.org**  
Support groups, information, advocacy, equipment.

**Parkinson's Disease**  
**Parkinson's Center at the Jewish Home Family**  
*The Jewish Home Family offers a wide array of services to those living with Parkinson's Disease and their care-givers. From Rock Steady Boxing to outpatient rehabilitation therapies and inpatient staff specially trained in care for those living with Parkinson's – the Jewish Home is running the region's premier Parkinson's Center. For more information email [parkinsons@jewishhomefamily.org](mailto:parkinsons@jewishhomefamily.org) or call the Parkinson's Support Hotline at (855) 543-7275.*

**American Parkinson Disease Association**  
New Brunswick, NJ 08901  
**732-745-7520 • [apdanj.org](http://apdanj.org)**  
*Provides support services to help those with Parkinson's disease live life to the fullest.*

**Stroke**  
**National Stroke Association**  
**800-767-6537 • [www.stroke.org](http://www.stroke.org)**  
*Information about stroke and guidance in starting stroke support groups.*

**Post-Stroke Program, B.C. Division of Disability Services**  
One Bergen County Plaza, Hackensack  
**201-336-6502**  
*Offers several support groups throughout Bergen County, including Englewood.*

**Sickle Cell Disease**  
**Sickle Cell Disease NJ Chapter**  
1016 Broad Street, Newark, NJ 07102  
**973-482-9070**

**Sickle Cell Disease Association of America**  
Baltimore, MD  
**800-421-8453**  
**www.sicklecelldisease.org**  
*Provides information and advocacy.*

**Dental Services**  
**Bergen Community College**  
400 Paramus Road, Paramus  
**201-447-6532**  
*Dental Hygiene Clinic*

**Hackensack Meridian Health Center for Dentistry**  
30 Prospect Ave., Hackensack  
**551-996-2111**  
*Dental clinic provides a comprehensive spectrum of oral and dental services at reduced fees.*

**North Hudson Community Action**  
197 S, Van Brunt Street  
**201-537-4442**

**Hearing Loss**  
**Hackensack University Medical Center Audiology Department**  
30 Prospect St, Hackensack, NJ 07601  
**551-996-5327**  
*Screening, evaluation and treatment.*

**Hearing Loss Association of New Jersey • Bergen County Chapter**  
**201-995-9594 (Voice)**  
*Provides information about hearing aids, assistive technology, arts access, legal rights, and other topics. Inductive loop assistive listening system and*

*CART (real-time captioning) available at meetings. **www.hearingloss-nj.org***

**Division of the Deaf & Hard of Hearing**  
PO BOX 074 Trenton, NJ 08625  
**800-792-8339 (Voice and TTY) or 609-588-2648**  
*Information and referral, interpreter and CART (real-time captioning) referral service, advocacy, workshops, assistive listening devices demonstration center. Aims to eliminate barriers and promote increased accessibility to programs, services, and information.*

**Hearing Aid Assistance to Aged & Disabled**  
*A \$1000 reimbursement to eligible persons who purchase a hearing aid. Eligibility requirements are the same as for the PAAD program.*  
**201-336-7400 or 800-792-9745**  
*Need for hearing aid must be attested by a physician*

**Mental Health**  
**National Alliance for the Mentally Ill**  
304 Valley Blvd, Wood-Ridge, NJ  
**201-635-9595 • [www.nami.org](http://www.nami.org)**  
*Provides information and support for adults with mental illness and their families; conducts monthly educational seminars.*

**Bergen County Division of Mental Health Services**  
1 Bergen County Plaza, Hackensack  
**201-634-2745**  
**Emergency/Crisis Hotline: 201-262-help (4357)**  
*Contact if you or a family member are experiencing the signs or symptoms of mental health.*

## Chronic Disease & Disability Health Issues Cont'd

**The Defining Moment Foundation**  
126 Chestnut Street, Englewood  
**201-731-3250**

**Jewish Family & Children's Services of North NJ**  
1485 Teaneck Road, Teaneck  
**201-837-9090**  
*Licensed therapists work with children, teens, adults, couples, and families to empower them to transform their lives. Our compassionate staff works to address common challenges of personal loss, depression, anxiety, trauma, relationship issues, and other troubling life circumstances.*

**NJ Self-Help Clearing House**  
673 Morris Ave-Suite 100  
Springfield, NJ 07081  
**800-367-6274**  
**www.njgroups.org**  
*Database of thousands of self-help support groups and organizations in NJ. Information and referral services as well as training to form self-help groups.*

**Psychiatric Emergency Screening Program (PSEP)**  
**201-262-HELP (4357)**  
*Emergency assistance. Located at Bergen Regional Medical Center but serves all of Bergen County.*

**Reachnj.org - Addiction & Recovery**  
**844-732-2465 Toll free 24/7**  
*Addiction and recovery information and resources.*

**Vantage Health System**  
93 W. Palisade Ave., Englewood  
**201-567-0059**  
*Services elders with mental health, addiction, developmental and eldercare challenges.*

**Vantage Health System/Northern Valley Adult Day Health Center**  
2 Park Ave, Dumont  
**201-385-4400, ext 3086**  
*Geriatric Consultation. Evaluation of needs, care options and geriatric counseling if needed.*

**Uninsured**  
**Bergen Volunteer Medical Initiative**  
75 Essex St #100, Hackensack  
**(201) 342-2478 • [bvmi.org](http://bvmi.org)**  
*Free primary healthcare care for low-income adults without insurance, referrals to specialty care and chronic disease management. Interpreters available.*

**North Hudson Community Action Corporation • Englewood Health Center**  
197 South Van Brunt Street, Englewood  
**201-537-4442 • [nhcac.org/](http://nhcac.org/)**  
*Provides services in Internal medicine, pediatrics, and womens' health.*

**Vision Loss**  
**Bergen Family Center**  
44 Armory Street, Englewood  
**201-568-0817**  
**www.bergenfamilycenter.org**  
*Only Adult Day Care program in northern New Jersey that accepts visually impaired clients.*

**Adjustment to Vision Loss Project Heightened Independence & Progress (HIP)**  
131 Main Street, Suite 120, Hackensack  
**201-996-9100**  
*Provides information & referral to services and resources throughout N.J. Peer Support groups meet at several locations in Bergen County.*

**New Eyes for the Needy, Inc.**  
549 Millburn Ave., P. O. Box 332  
Short Hills, NJ  
**973-376-4903**  
*Provides prescription eyeglasses to medically indigent, visually impaired, older adults who are N.J. residents. Referrals must be in writing from social service agencies.*  
**www.neweyesfortheneedy.org**

**NJ State Library Talking Book & Braille Center**  
2300 Stuyvesant Avenue  
Trenton, NJ 08618  
**800-792-8322 or 609-278-2640**  
*Provides hands-on training in technology and long-term loans of digital audio-book players and audiobooks and has audio news-reading services. All services are delivered to the home without cost.*  
**www.njstatelib.org**

**NJ Commission for the Blind & Visually Impaired**  
153 Halsey street 6th floor  
Newark NJ 07101  
**973-648-3333**  
*Education, vocational rehabilitation, social work, health screenings; teaches rehabilitation & independent living skills; referral assistance.*

**Assistive Technology Center Johnson Public Library**  
274 Main Street, Hackensack  
**201-343-4169 ext. 22**  
*Provides opportunities to learn to use adaptive technologies on iPads and desktop computers for people with visual impairments, age 55 and older.*



# Houses of Worship

**Englewood Hospital Chaplain**  
350 Engle Street  
Englewood  
**201-894-3228**

**Shiloh AME Zion Church**  
129 William Street  
Englewood  
**201-568-5560**

**Church of Jesus Christ Apostolic**  
135 Lafayette Pl  
Englewood  
**201-871-3310**

**Englewood Assembly of God**  
70 West Ivy Lane  
Englewood  
**2010-567-4576**

**Baptist**  
**Community Baptist Church of Englewood**  
224 First Street  
Englewood  
**201-568-6369**

**Ebenezer Baptist Church**  
216 4th Street  
Englewood  
**201-569-1156**

**Englewood Baptist Church**  
320 Tenaflly Road  
Englewood  
**201-569-6648**

**First Baptist Church of Englewood**  
351 Englewood Avenue  
Englewood  
**201-568-3410**

**Genesis Community Baptist Church**  
215 West Englewood Ave  
Englewood  
**201-568-5505**

**Mision Bautista Hispana**  
351 W. Englewood Ave,  
Englewood

**Mount Calvary Baptist Church**  
90 West Demarest Avenue  
Englewood  
**201-567-0113**

**Mount Olive Baptist Church**  
181 Warren Street  
Englewood  
**201-569-5092**

**New Jerusalem Baptist Church**  
191 1st Street  
Englewood  
**201-816-8839**

**Charismatic Christian True Vine Christian Center**  
50 E. Palisade Ave  
Englewood  
**201-894-9118**

**Christian Science**  
**Christian Science Church and Reading Room**  
75 Engle Street  
Englewood  
**201-568-1221**

**Christian - Multli-Ethnic Metro Community Church**  
office: 110 West Forest - Unit D  
Services: Greico School  
50 Durie Ave.  
Englewood  
**201-646-4765**

**Church of God**  
**Church of God of Prophecy**  
192 W. Demarest Ave #2  
Englewood  
**201-871-3750**

**Episcopal**  
**St. Paul's Episcopal (Anglican) Church**  
113 Engle Street  
Englewood  
**201-568-3276**  
**www.stpaulsenglewood.org**

**Jehovah's Witness**  
**Jehovah's Witness Congregation of Englewood**  
315 W. Palisade Ave.  
Englewood  
**201-567-1636**

**Korean**  
**Englewood Grace Church**  
66 West Hudson Avenue  
Englewood  
**201-541-7670**

**Joy Christian Fellowship**  
70 West Ivy Lane  
Englewood  
**201-731-3216**

**Salvation Army Community Church**  
380 S. Van Brunt St  
Englewood  
**201-503-9400**

**Yul Bang Mission Church**  
192 W. Demarest Ave #2,  
Englewood  
**201-421-6446**

**Jesus Christ is God's Church**  
138 W. Palisade Ave.  
Englewood  
**201-569-7731**

**Korean Community United Methodist Church**  
147 Tenaflly Road  
Englewood  
**201-816-1284**

**Mormon - Church of Latter Day Saints**  
**Church of Jesus Christ of Latter Day Saints**  
62 East Forest Ave  
Englewood  
**201-541-1211**

**Lutheran**  
**St. John's Lutheran Church**  
245 Tenaflly Road  
Englewood  
**201-567-6266**

**Methodist**  
**First United Methodist Church**  
128 West Demarest  
Englewood  
**201-568-1941**

**Galilee United Methodist Church**  
325 Genesse Avenue  
Englewood  
**201-567-0009**

**Muslim**  
**Mehfil-e-Shahe Khorasan**  
28 Tenaflly Road  
Englewood  
**201-567-6577**

**Orthodox Christian**  
**Antiochian Orthodox Church**  
358 Mountain Road  
Englewood  
**201-871-1355**

**Pentecostal**  
**Englewood Church of God in Christ**  
191 Humphrey St.  
Englewood  
**201-567-3197**

**Refuge Temple Church of God in Christ**  
244 Waldo Place  
Englewood  
**201-894-0808**

**Presbyterian**  
**First Presbyterian Church/ Englewood**  
150 East Palisades Avenue  
Englewood  
**201-568-7373**

**Young Nak Presbyterian Church**  
113 Engle Street  
Englewood  
**201-567-0797**

**Bethany Presbyterian Church**  
62 West Palisade Ave.  
Englewood  
**201-567-4132**

**Roman Catholic**  
**St. Cecilia's Church**  
55 West Demarest Ave.  
Englewood  
**201-568-0364**

**Seventh Day Adventist**  
**Community Seventh Day Adventist Church**  
245 Tenaflly Road  
Englewood  
**201-871-6022**

**Englewood Spanish Seventh Day Adventist**  
135 Lafayette Pl  
Englewood  
**201-476-1127**

**Synagogues**  
**Chabad of Englewood**  
157 Van Nostrand Avenue  
Englewood  
**201-519-7343**

**Congregation Ahavath Torah**  
240 Broad Avenue  
Englewood  
**201-568-1315**

**Congregation Shomrei Emunah**  
89 Huguenot Avenue  
Englewood  
**201-567-9420**

**East Hill Synagogue**  
255 Walnut Street  
Englewood  
**201-569-4008**

**Kesher-Community Synagogue of Tenaflly & Englewood**  
509 Engle Street  
Englewood  
**201-227-1117**

**Kol HaNeshamah**  
113 Engle Street  
Englewood  
**201-816-1611**

**Unitarian Universalist**  
**Unitarian Universalist Congregation of the Palisades**  
228 Grand Ave.  
**Mailing address:**  
162 Cambridge Ave  
Englewood

# Housing

## B.C. Housing Navigator – Navigator Notes

Lists affordable housing buildings accepting applications for wait lists. Updated every 4 weeks. [www.co.bergen.nj.us/division-of-senior-services](http://www.co.bergen.nj.us/division-of-senior-services); click on "Housing Navigator Notes". To join list, email [seniors@co.bergen.nj.us](mailto:seniors@co.bergen.nj.us) or call **201-336-7400**.

## Affordable Rent-Subsidized Properties Englewood Housing Authority

111 West Street, Englewood  
**201-871-3451**  
Preference given to people living or working in Englewood, NJ at their two primary locations:  
**Vincent K. Tibbs Senior Building:** 152 apartments (111 West Street)  
**Westmoor Gardens:** 64 apartments (West Street and Slocum Avenue)

## Greater Englewood Housing Corporation

1 Rock Creek Terrace  
Englewood, NJ  
**201-871-0178**  
270 apartments of various sizes

## King Gardens

71 Dubois Ct., Englewood, NJ  
**201-871-1270**  
100 apartments of various sizes around the Humphrey & Williams Street area

## Up With Housing

70 Jay Street, Englewood, NJ  
**201-541-8003**, 8 apartments

## Englewood II

68 William Street, Englewood, NJ  
**973-282-1100 x5035**  
32 apartments

## Pindle East

270-272 Pindle Avenue, Englewood, NJ  
**201-342-9523**  
32 apartments

## Council on Affordable Housing (COAH)

Has a few rental units in Englewood  
Vivian: 75 Sterling Blvd, Englewood, NJ  
**201-568-5554**  
Sign up for wait list updates  
[www.piazza-and-associates.com/afhousing.php?pa=vivian](http://www.piazza-and-associates.com/afhousing.php?pa=vivian)

## Housing Choice Voucher (Section 8)

**Englewood Housing Authority**  
111 West Street, Englewood, NJ  
**201-871-3451**  
Call to find out if there is a wait list

## N.J. Department of Community Affairs (DCA)

**Bergen County DCA Field Office**  
100 First Street, Hackensack, NJ  
**201-996-8990**  
[www.nj.gov/dca/divisions/dhcr/hc\\_vouchers.html](http://www.nj.gov/dca/divisions/dhcr/hc_vouchers.html)

## Home Improvement, Safety & Repairs

(See Home Safety Checklist on page 54-55)

**\*NOTE: Fire Department (201-871-6696) or Police Department (201-568-2711) may offer free home safety programs. Call to find out.**

## Home Improvement Loan Bergen County Community Development

One Bergen County Plaza, 4th Floor,

## Hackensack • 201-336-7200

Provides resources to rehabilitate existing homes. Eligibility is based on income, family size and type of improvement. The homeowner may be eligible for deferred loan for eligible home improvements.

## Home Modifications/Home Repair Heightened Independence & Progress (HIP)

131 Main Street, Suite 120, Hackensack  
201-996-9100  
Assists with adaptive equipment, and barrier-free home renovation projects- ramps, etc.

## Chore Volunteer Handyman Service • Bergen Volunteers

64 Passaic Street, Hackensack  
**201-489-7790**  
Minor household repairs without charge (except for materials).

## Greater Bergen Community Action 973-910-2500

### Weatherization Assistance Program:

Free program that improves energy efficiency of homes by providing insulation, weather stripping, new windows or doors, work on heating systems or water heaters, energy efficient refrigerators, etc.

### Lead Remediation Program:

Free program tests homes built prior to 1978 for the presence of lead due to lead based paint. If lead is detected it will be remediated using special techniques, materials and containment methods.

## Habitat for Humanity of Bergen County

121 Carver, Westwood, NJ  
**201-457-1020**  
Provides critical home repairs and accessibility modifications at no or minor

# Housing Cont'd

cost (materials only) for low-income homeowner. Construct and install access ramps, refit bathrooms and interior access areas for low-income seniors and any family member with a disability.

## Rebuilding Together North Jersey

PO Box 1389 Ridgewood, NJ 07451  
**201-447-8886**  
Provides critical home repairs and accessibility modifications and installs smoke alarms and carbon monoxide detectors at no cost for low-income homeowners or anyone with a disability.

## Safely@Home –

## Home Improvements/Repairs Jewish Home at Home in partnership with Brad-Core

10 Link Drive, Rockleigh, NJ 07547  
**201-518-1175**  
Subscription-based service providing a single point-of-contact for needed repairs and modifications. Member of the Jewish Home Family.

## Home Valuation

**Eileen O'Driscoll/Century 21 Concept 100**  
**201-385-7100. or 201-220-0579**  
[eileen.odriscoll@century21.com](mailto:eileen.odriscoll@century21.com)  
FREE service to evaluate the value of your home and how much equity you have invested in it.

## Rental Assistance & Tenant Services Fair Housing Council

131 Main Street, Hackensack, NJ 07601  
**201-489-3552 or 201-489-4692**  
Provides counseling for the buyer or renter; legal counseling in connection with discrimination complaints; foreclosure counseling.

## NJ State Rental Assistance Program

100 First Street, Room 207  
Hackensack  
**201-996-8990**  
Assistance with rent for eligible older adults.

## Advance Housing Inc.

100 Hollister Road, Teterboro, NJ 07608  
**201-288-0545**  
Helps meet housing needs of people with mental illness through direct services, education, information, and referrals.

## Section 8 Housing Voucher Program • Housing Authority of Bergen County

1 Bergen County Plz, 2nd Fl, Hackensack  
**201-336-7600**  
Provides rental assistance to eligible older adults and families. Preference is given to those who reside within Housing Authority member communities. (Englewood qualifies.)

## Greater Bergen Community Action • Bergen County Housing Coalition

294 Union Street, Hackensack  
**201-488-6767 or 201-488-5100**  
Provides tenant outreach, legal guidance, information and referral, workshops, speakers.

## Homeless Prevention Program 201-488-5100

May pay back utility bills or rent (arrear); security deposit or first month's rent payment in order to obtain new rental housing.

## Shared Housing

**Women's Rights Information Center • Shared Housing Program**  
108 West Palisade Avenue, Englewood  
**201-568-1166**  
Personalized service that matches those who are looking for housing with those who are looking to share their home or apartment.

# Income Tax Assistance

## AARP Foundation Tax-Aide

Toll-free: 888-687-2277  
Toll-free TTY: 877-434-7598  
Email: [taxaide@aarp.org](mailto:taxaide@aarp.org)

## Bergen Volunteers Volunteer Income Tax Assistance (VITA)

Call 201-489-9454 or 2-1-1 to make appointment.



# Information & Referral

## BergenResourceNet

[www.bergenresourcenet.org](http://www.bergenresourcenet.org)

Bergen County's mobile and social media friendly, online directory of wellbeing-related programs, events, services, groups, webinars, and other types of resources for your family. Each page can be translated into multiple languages and is printable. It is the fastest way to find the community resources that provide natural supports to families – keeping them connected to their communities.

## Aging & Disability Resource Connection (ADRC) Bergen County Division of Senior Services

One Bergen County Plaza, Hackensack  
**201-336-7400**

[www.co.bergen.nj.us/division-of-senior-services](http://www.co.bergen.nj.us/division-of-senior-services)

Helps older adults, individuals with disabilities over the age of 18, and their caregivers, access the complex, long-term care, community-based, health and human services.

NJ 2-1-1

**Dial 2-1-1 or 1-877-652-1148**

**1-877-746-5211** (from a rotary phone)

**TTY - dial 973-602-7680**

[www.nj211.org](http://www.nj211.org)

Information and referral about a broad range of health, human services, community resources, government assistance and emergency services; call or go online anytime 24/7/365.

## National Council on Aging

[www.ncoa.org](http://www.ncoa.org)

Information and resources on a broad range of issues related to aging.

## National Institute on Aging National Institutes of Health

[www.nia.nih.gov/about](http://www.nia.nih.gov/about)

Leads broad scientific effort to understand nature of aging and to extend the healthy, active years of life. NIA is the primary Federal agency supporting and conducting Alzheimer's disease research.

# In-Home Services

## Assistive Technology

An increasing array of devices are coming onto the market. A word of advice: learn to use the technology while you and your loved ones are able. **This website can help you make decisions:** [www.retailmenot.com/blog/assistive-technology-buying-guide.html](http://www.retailmenot.com/blog/assistive-technology-buying-guide.html)

## In-Home Emergency Response Systems

### Medical Alert Devices

Each typically has a monthly cost of \$20-\$30

### American Medical Alerts

A medical alert device that is covered by Medicare. **800-423-8684**

## American Medical ID

Medical ID bracelet or necklace that describes medical conditions, DNR orders, or allergies to ensure appropriate medical care. **800-363-5985**

## Bay Alarm Medical Alert

Trained operators respond quickly and call friends, family, neighbors, and if necessary, your local 911 emergency services. **877-522-9633**

## Life Alert NJ

Single button initiates two-way communication between the senior and emergency operators, who contact fire, police, relatives or neighbors as needed. **800-338-9090**

## Life Watch

24/7/365 remote heart monitoring and other services that help physicians detect and analyze symptoms before they become major health problems. **877-774-9846**

## Philips Lifeline

Fast access to help, 24/7. Easy to use and can help you remain independent in your own home. **800-587-5128**

## Safe Link Wireless

Income eligible customers may enroll to receive a free cell phone. Apply online or by phone. **800-723-3546**  
[www.safelinkwireless.com](http://www.safelinkwireless.com)

## Grooming Services

In-home care by licensed barbers and hairstylists at the homes of those who have trouble making the trip to a conventional barbershop or hair salon. The services listed below provide service in Englewood and will give you a price over the phone in advance.

## Cuts USA

195 Valley Blvd.  
Woodridge, NJ 07075  
**201-939-7979 or 201-737-3394**  
Will provide grooming care in the home. Call for an appointment and cost estimate.

## MobileSalon.com 1-855-561-4247

We are a professional mobile hair salon company, providing licensed and insured stylists, that offer services for men and women at their home, or event/hotel location.

## Home Care Services

There are many home care agencies serving Englewood. The following organizations accredit home care agencies.

**Accreditation Commission for Health Care, Inc.**  
**(855) 937-2242**  
[www.achc.org](http://www.achc.org)

**Commission on Accreditation for Home Care**  
**(201) 880-9135**  
[www.cahcnj.org](http://www.cahcnj.org)

**Community Health Accreditation Program**  
**(212) 363-5555 or**  
**(800) 669-1656, ext. 242**  
[www.chapinc.org](http://www.chapinc.org)

## Commission on Accreditation for Home Care

154 South Street, New Providence, NJ  
**(201) 880-9135 • [www.cahcnj.org](http://www.cahcnj.org)**  
There are many home care agencies in and near Bergen County. This organization lists Accredited Agencies in good standing that service Bergen County.

## CHEER Program Bergen Volunteers

64 Passaic St, Hackensack, NJ  
**201-489-9454, ext. 203**  
This program provides a helping hand with grocery shopping and errands.

## Jewish Home @HomeCare

Private duty aides at home or in facilities across Bergen County; offers skilled nursing services and fully vaccinated personnel. **Email [homecare@jewishhomefamily.org](mailto:homecare@jewishhomefamily.org) or call 201-518-1173 for more information.**

## Meals on Wheels

Programs that provide delivery of meals to Englewood residents.

## Bergen County Division of Senior Services Meals on Wheels Program

One Bergen County  
Hackensack, NJ 07601  
**201-336-7420**  
Eligibility: Bergen County resident age 60+ who is homebound and unable to shop and/or prepare a nutritious meal for himself/herself, who receives in-home assistance for no greater than 4 hours per day, and who does not require a special diet.

**Kosher Meals on Wheels  
Jewish Family & Children's  
Services of Northern New Jersey**

1485 Teaneck Road, Teaneck  
JFCS delivers Kosher Meals-on-Wheels to homebound seniors and disabled individuals. **Please call 201-837-9090 to register.**

## Moms Meals 1-877-508-6667

Fresh made meals delivered to clients. Special diet menus available.

## In-Home Physician Services Community House Call Providers

196 Jewett Avenue  
Jersey City, NJ 07304  
**201-536-9000**  
Provides medical care to patients with difficulty getting out of their homes. Nurse practitioners make house calls under a physician's supervision. Medicare covers 80% of the cost. **[www.communityhousecallproviders.org](http://www.communityhousecallproviders.org)**

**DispatchHealth:**  
[www.request.dispatchhealth.com](http://www.request.dispatchhealth.com)  
Brings professional, same-day healthcare to your door. Accepts most insurance, including Medicare and Medicare Advantage. **If emergency, dial 911**

## Bergen Geriatric Care 201-387-2003

Provides in-home and in-office primary care, televisits, simple procedures, preventive and annual vaccines, comprehensive cognitive assessments and annual wellness checks.

## Visiting Physician Services, member of VNA Health Group

23 Main Street, Suite D1  
Holmdel, NJ 07733  
**732-571-1000**

continued

# In-Home Services Cont'd

Specializes in treating adult and geriatric homebound patients; makes house calls to private residences, senior housing buildings and assisted living facilities. Provides service in Bergen County.

**Telephone Reassurance & Friendly Visitors**  
**Good Morning Englewood**  
A service provided by the Englewood Police and Fire Departments in which an

officer calls an individual every morning up to two times. If no answer, Emergency Medical personnel will respond to the home. **Enroll by calling the Fire Department 201-871-6694**

**Bergen County Wellness Check Program • 201-336-7400**  
A daily electronic phone call will be made at a self-designated time. If the system cannot make contact, a call will be placed to designated family

or friends. Available free of charge to Bergen County residents over the age of 60, homebound or disabled.

**Jewish Family & Children's Services of Northern NJ**  
1485 Teaneck Rd., Teaneck  
**201-837-9090**  
Matches homebound seniors with volunteers who provide weekly telephone reassurance calls.

# Legal Assistance

**Bergen County Bar Association, Inc.**  
15 Bergen Street, Hackensack, NJ 07601  
**201-488-0044.** Referrals to lawyers.

**Community Mental Health Law Project**  
1 Bergen County Plaza, 4th Fl, Hackensack  
**201-634-2762**  
Legal and Advocacy for the mentally ill.  
**Monday through Friday 9:00am - 4:30pm, by appointment**

**Legal Services of New Jersey**  
**888-576-5529**

Provides advice and brief service over phone and possibly referrals.  
**Mon.-Fri. 8:30am - 5:30pm**  
**www.lsnjlawhotline.org**  
**www.lsnj.org**

**NJ Protection and Advocacy**  
210 South Broad Street, 3rd Fl  
Trenton, NJ  
**800-922-7233**  
Consumer organization serving New Jersey designated protection and advocacy system for disabilities with mental illness, social security beneficiary

benefits, rehabilitation services, health care, and insurance matters.

**Northeast NJ Legal Services - BC Division • Senior Law Project**  
190 Moore Street, Suite 100, Hackensack  
**201-487-2166**  
Provides free legal services for seniors age 60+ of low income. Provides information on legal rights and entitlements, legal counseling, and education.  
**Monday through Friday 8:30am - 5:00pm • Intake: Monday through Friday 8:30am - 12:00pm**

# LGBTQ Resources

**Bergen County LGBTQ+ Alliance Monthly Senior Event**  
In-person 2nd Tuesday every month 11:30 AM Rutherford Pancake House 40 Park Ave., Rutherford, NJ  
And via Zoom 3rd Friday every month 11:30 AM. **Email for link: nick@bergencountylgbtq.org**

**Garden State Equality**  
40 S. Fullerton, Montclair, NJ 07042  
**973-509-5428**  
**www.gardenstateequality.org**  
Statewide advocacy and education for the lesbian, gay, bisexual and transgender community.

**GLARP - Gay & Lesbian Association**

**of Retiring Persons, Inc.**  
**310-722-1807 or 310-477-0707**  
**gaylesbianretiring.org**  
Nonprofit that calls attention to the aging issues in the LGBT community.

**Lambda Legal**  
**212-809-8585**  
National LGBT legal help center.

# LGBTQ Resources Cont'd

**Prime Timers**  
P.O. Box 1073, Sparta, NJ 07871  
**973-727-5174**  
**www.meetup.com/New-Jersey-Primetimers/**  
Social organization that ensures that mature gay and bisexual men have a rich and pleasurable social life with other like-minded men.

**SAGE -Services and Advocacy for GLBT Elders**  
**Elder Hotline - 888-234-SAGE**  
Hotline for LGBT elders in need of peer counseling, information and local resources.

**SAGE NJ-Services & Advocacy for GLBT Elders**  
32 Jones Street, Jersey City, NJ 07306  
**201-963-4779**  
**www.hudsonpride.org**  
Men's/women's group where people meet and enjoy each others company. Discussions, guest speakers, video nights an outings.

**LGBT Houses of Worship**  
(in or near Englewood)  
**Church of the Atonement - Episcopal**  
97 Highwood Ave, Tenafly  
**www.atonement-tenafly.org/**

**St Mark's Church - Episcopal**  
118 Chadwick Road, Teaneck  
**www.stmarksteaneck.org**

**St. Paul's Church - Episcopal**  
113 Engle Street, Englewood  
**201-568-3276 • www.welcome.stpaulsenglewood.org**

**St Paul's Lutheran**  
61 Church Street, Teaneck NJ  
**www.stpaulsteaneck.org**

**Unitarian Universalist Congregation of the Palisades**  
228 Grand Avenue, Englewood  
**201-568-5540**

# Long Term Care Services

## Care Management

One-stop service planning for older adults and people with a disability. Comprehensive assessment of needs and assistance with linkage to programs and services.

**Bergen Family Center**  
44 Armory Street, Englewood  
**201-568-0817 ext. 127**  
**www.bergenfamilycenter.org**

**Catholic Charities-Older Adult Services**  
57 Pink Street, Hackensack  
**201-441-9421 • www.ccannj.org**

**Friends of Grace Seniors Korean Community Center**  
100 Grove Street, Tenafly  
**201-541-1200 • www.kccus.org**

**Heightened Independence & Progress (HIP)**  
131 Main Street, Suite 120  
Hackensack  
**201-996-9100 www.hipcil.org**  
For people with disabilities of all ages.  
**www.hipcil.org**

**Jewish Family & Children Services of No. NJ**  
1485 Teaneck Road, Teaneck  
**201-837-9090 • www.jfcsnnj.org**

**Aging Care Association Care Management National Organization**  
3275 West Ina Road Suite 130  
Tuscon, Az. 85741  
**520-881-8008**  
**www.aginglifecare.org**

**Mental Health Service for Care Management • 201-848-5220**



# Long Term Care Services Cont'd

## Adult Day Care Programs

These programs provide multiple health/social services in a congregate setting, enhancing the daily lives of participants and enabling their continued involvement in the community. These facilities provide a segment of time during the day or evening for the family/caregivers to engage in activities suitable to their personal needs. Transportation may be available.

**Bergen Family Center**  
44 Armory Street, Englewood  
**201-568-0817**  
Social day care for the frail elderly.

**Day Away Holy Name Medical Center**  
725 Teaneck Road, Teaneck  
**201-833-3757**  
Medical Adult Day Care

**Vantage Health System/Northern Valley Adult Day Health Center**  
2 Park Ave, Dumont, NJ  
**201-385-4400, ext 3086**  
Medical Adult Day Care

## Assisted Living, Residential Health Care Facilities and Nursing Homes

Check out **"Selecting a Long-Term Care Setting - A Guide for New Jersey Consumers"** [www.state.nj.us/humanservices/doas/home/ltcguide.html](http://www.state.nj.us/humanservices/doas/home/ltcguide.html). For information on long-term health care facilities in New Jersey go to [www.medicare.gov](http://www.medicare.gov) and [www.state.nj.us/health](http://www.state.nj.us/health)

**Quality of Care Issues**  
**NJ Long-Term Care Ombudsman**  
P O Box 852, Trenton, NJ 08625  
**877-582-6995**  
Promotes & protects the rights, health, safety and welfare of seniors, age 60+ and in healthcare facilities (nursing homes, residential healthcare facilities, etc.) investigates specific complaints.

**Nursing Home Volunteer Advocacy Program**  
Trained volunteers advocate for residents, providing socialization and help with any concerns about their personal situation and care.  
[www.nj.gov/ooie/home/volunteerprogramdescript.html](http://www.nj.gov/ooie/home/volunteerprogramdescript.html)

**Assisted Living (in or near Englewood)**  
**Actor's Fund Home**  
155-175 West Hudson Ave., Englewood  
**201-871-8882**  
Retired Theatrical Persons/Multi-Level Facility/Connected with a nursing home.

**Bright Side Manor**  
300 Teaneck Road, Teaneck  
**201-692-1000**  
Licensed Comprehensive Personal Care Home that provides assisted living services to people 60 and older of all income levels. Accepts Medicaid without a private pay spend-down period.  
[www.brightsidemanor.org](http://www.brightsidemanor.org)

**Brightview**  
55 Hudson Avenue, Tenafly  
**201-510-2060**

**The Bristol Assisted Living**  
412 South Van Brunt, Englewood  
**201-903-9141**  
Assisted living and specialized dementia care in a luxurious setting. Features an outdoor terrace, putting green, fitness center, cinema, full activities calendar, and many other services.

**Five Star Premier Residences of Teaneck**  
655 Pomander Walk Street A, Teaneck  
**201-836-3634**

**Jewish Home Assisted Living Kaplen Family Senior Residence**  
685 Westwood Ave.  
River Vale, NJ 07675  
**201-666-2370**  
Glatt Kosher community and non-sectarian community open to all seniors regardless of race, religion, and national origin. Connected with a nursing home.

**Sunrise Assisted Living**  
3 Tenakill Park E., Cresskill  
**201-871-0300**

## Residential Health Care Facilities

Residential Health Care Facilities are licensed by the State. Licensed physician must certify that the resident does not have medical or personal care needs which exceed the level of services provided.  
Provides a home-like atmosphere, while maintaining continuous supervision of health care and daily activity needs.

Licensed Residential Health Care Facilities provide the following services: (1) 24-hour supervision; (2) Provision of Assistance with personal hygiene, management of funds for clothing and other purchases and supervision of all medication; (3) Health Maintenance and Monitoring Services include assessment of medical, social, and health history needs and corresponding plans to meet those needs. (Registered Nurse); (4) dietary services; (5) arrangement for activity participation in and outside the facility.

**Buckingham at Norwood**  
100 McClellan Street, Norwood, NJ 07648  
**201-768-6222**

**Five Star Premier Residences of Teaneck**  
655 Pomander Walk, Teaneck, NJ 07666  
**201-836-3634**

**Facilities for People with Alzheimer's or Dementia**  
**Memory Care Living at Cresskill**  
248 Madison Avenue  
Cresskill, NJ 07626  
**201-368-7070**

**Nursing Homes (in or near Englewood or serving specific groups)**

**The Actor's Fund Home**  
155 West Hudson Avenue, Englewood  
**201-871-8882**  
For retired theatrical persons. Medicare/Medicaid/Private Pay

**New Bridge Medical Center**  
230 E. Ridgewood Avenue, Paramus  
**201-967-4170**  
Medicare/Medicaid/Private

**Buckingham At Norwood**  
100 McClellan Street, Norwood, NJ  
**201-768-6222**  
Dedicated unit for Korean patients. Medicare/Medicaid/Private Pay

**Care One At Cresskill**  
221 County Road, Cresskill  
**201-567-9310**  
Medicare/Private Pay

**Care One At Teaneck**  
544 Teaneck Rd., Teaneck  
**201-862-3300**  
Medicare/Private Pay

**County Manor Health Care & Rehabilitation**  
133 County Road, Tenafly  
**201-567-7800**  
Medicare/Medicaid/Private Pay

**Inglemoor Center**  
333 Grand Avenue, Englewood  
**201-568-0900**  
Medicare/Medicaid/Private Pay

**Jewish Home at Rockleigh Nursing Home and Rehabilitation Center**  
10 Link Drive, Rockleigh, NJ  
**201-784-1414**  
Medicare/Medicaid/Private

**Teaneck Nursing Home**  
1104 Teaneck Road, Teaneck  
**201-833-2400**  
Medicare/Medicaid/Private

- \*NOTE:**
- Some nursing homes provide respite beds/short stay services on a temporary basis. Call individual nursing homes to inquire.
  - Some nursing homes provide hospice beds. Call individual nursing homes to inquire.

**Hospice Service/End of life Home Care & Hospice Association of NJ**  
485D route 1 South, suite 210  
Iselin, NJ 08830  
**732-877-1100**  
[www.homecarenj.org](http://www.homecarenj.org)  
[info@homecarenj.org](mailto:info@homecarenj.org)

**Englewood Health Home Care & Hospice Services** provided through Visiting Nurse Association, which is headquartered in Englewood  
**800-862-3330**

**Holy Name Medical Center Home Care Hospice Unit**  
718 Teaneck Rd, Teaneck  
**201-833-3188**

# Nonprofit Organizations

## In Englewood

**Actors Fund Home  
(Lillian Booth Actors Fund Home)**  
155-175 West Hudson Ave.  
**201-871-8882**

Assisted living, skilled nursing care facility; provides a comfortable living environment for entertainment professionals on six acres of property.

**Arts Horizons**  
Grand Avenue, Suite 7, Englewood  
**201-567-1766**

Since 1978, Arts Horizons has been committed to making the performing, visual, literary, and media arts and artistic expression equitable and accessible to diverse people of all ages and abilities. Provides arts workshops/residencies to schools (during and after), senior centers, summer camps, and more.

**Artworks - The Naomi Cohain Foundation**  
96 Engle Street  
**201-608-0146**

Provides children and young adults facing chronic and life-limiting illnesses, and their families, access to empowering and expressive art programs.

**Bergen Family Center**  
44 Armory Street  
**201-568-0817**

Provides vital services to families, older adults, teens and toddlers; provides counseling and resources to help families manage challenges and improve the quality of their lives.

**Bergen Performing Arts Center (BergenPAC)**

30 N. Van Brunt St. • **201-227-1030**  
A non-profit regional theater, Bergen Performing Arts Center (bergenPAC) presents more than 175 shows a year. To enhance the quality of life, bergenPAC provides free tickets to organizations serving individuals who otherwise would be financially unable to experience the live performing arts. Since 2016, the Arts Access Initiative has granted over 35,000 such tickets, primarily to seniors.

**Calvary Cares Community Development Corp**  
90 W. Demarest Ave.  
**201-568-2000**

Develops partnerships with public and private entities to improve the quality of life for residents.

**Center for Food Action**  
192A West Demarest Street, Englewood  
**201-569-1804**

Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. Additional locations in Bergen County.

**North New Jersey Chamber of Commerce**  
2-10 N. Van Brunt St.  
**201-567-2381**

Promotes business growth and community development. Serves as the voice of Englewood; facilitates networking and marketing opportunities; coordinates calendar of community events; and hosts a community website (englewoodnj.org) for businesses and visitors throughout the region.

**Community Chest**  
122 South Van Brunt St.  
**201-568-7474**  
Strengthens the Eastern Bergen County community through partnership, leadership and philanthropy.

**Englewood Health**  
350 Engle Street, Englewood  
**201-894-3000**  
www.englewoodhealth.org  
Englewood Health is one of New Jersey's leading hospitals and healthcare networks. Composed of Englewood Hospital, the Englewood Health Physician Network, and the Englewood Health Foundation, our health system delivers nationally recognized care in a community setting to residents of northern New Jersey and beyond.

**Englewood Volunteer Ambulance Corps. • South Van Brunt (next to Police station)**  
**201-569-7962**  
Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians and First Responders.

**Flat Rock Brook Nature Center**  
443 Van Nostrand Avenue  
**(201)567-1265**  
150-acre preserve and environmental education center situated on the western slope of the Palisades.

**Friends of John T. Wright Arena**  
Mackay Park. • **201-568-3133**  
Helps to improve the facilities of Englewood's only ice-skating rink and ensures programming that serves the city's residents.

# Nonprofit Organizations Cont'd

**Northern NJ Community Foundation**  
1 University Plaza Drive, Suite 128 Hackensack  
**201-568-5608**  
Promotes collaborative problem-solving in the fields of Education, Civic Engagement, Philanthropy, the Arts, Public Health and the Environment.

**Office of Concern Food Pantry**  
St. Cecelia's Church  
55 W. Demarest Ave  
**201-568-1465**  
Dedicated to serving the invisible poor in our area.

**Planned Parenthood of Central & Greater North Jersey**  
46 No. Van Brunt Street.  
**201-894-0966**  
Provides high quality, affordable reproductive health care.

**POP - Prevention Opportunity Preparation**  
**201 -528-3830**  
**Email: contact@nthemeantime.net**  
POP empowers individuals, youth and families to end debilitating cycles of poverty. Advocates for seniors and assists in completing applications for affordable housing in and around Bergen County. Also provides older adults and caregivers with links to resources.

**Southeast Center for Independent Living (SESCIL)**  
228 Grand Avenue  
**201-569-4080 • sescil.com**  
Provides myriad services for adults 55+, including programs that exercise body

and mind. Only local senior center that provides such medical services as podiatry, dentistry and chiropractor.

**St. Paul's After School Choir Program**  
113 Engle Street.  
**201-568-3276**  
Tuition-free professional choral training, voice and piano lessons, leadership development, academic tutoring, and mentoring to children and teenagers.

**The Defining Moment Foundation**  
126 Chestnut Street  
**201-731-3250**  
Dedicated to the prevention of substance abuse.

**Vantage Health System**  
93 W. Palisade Ave., Englewood  
**201-567-0059**  
Services elders with mental health, addiction, developmental and eldercare challenges.

**Visiting Nurse Association (VNA)**  
15 Engle Street  
**800-862-3330**  
Provides home health and hospice care in partner-ship with Englewood Health.

**Vincent K. Tibbs Child Development Center**  
183 William St.  
**(201) 568-3937**

**West Side Infant Teen Program**  
192 West Demarest  
**201-458-2571**  
Provides child care and counseling services to teen mothers and their families.

**Women's Rights Information Center**  
108 W. Palisade Ave  
**201-568-1166**  
Provides extensive services in employment and career development as well as assistance with affordable housing, peer counseling, legal consultations and appropriate referrals.

**YWCA Northern New Jersey**  
Hackensack (main office)  
**201-444-5600 x 400**  
Offers wellness workshops, fitness classes and events to help our seniors and the community get healthier and connect with others.



# Transportation

**Access Link**  
**1-800-955-2321**  
**Hearing Impaired:**  
**1-800-772-2287**  
**24-hrs access: 973-275-5555**  
*A service of NJ Transit that provides curb-to-curb transportation to eligible people with disabilities located within 3/4 mile from bus routes. Reserve in advance.*

**American Cancer Society**  
20 Mercer Street, Hackensack  
**201-343-2222 or 201-457-3418**  
*Transportation for cancer patients*

**Bergen County Community Transportation**  
178 Essex St, Lodi, NJ 07644  
**201-368-5955**  
*Provides door-to-door scheduled transportation for elderly and frail residents of Bergen County.*

**EZ Ride - Ryde4Life**  
144 Park Place East  
Wood-Ridge, NJ 07075  
**201-939-4242**  
**www.ezride.org**  
*Offers transportation in partnership with Uber and Lyft to individuals over 50 years old on weekdays from 8 am to 5 pm. No smartphone is necessary. Subsidies may be available.*

Also: Check with your local religious organizations. They may provide transportation services.

**GoGoGrandparents**  
**855-464-6872**  
**gogograndparent.com**  
*Offers Uber and Lyft transportation to individuals over 50 years old anytime 24 hours/day. No smartphone is necessary. Subsidies may be available.*

**NJ Find A Ride**  
**www.njfindaride.org**  
*Information service that finds agencies that provide transportation.*

**NJ Transit Reduced Fare Program**  
**973-491-7112**  
**www.reducefare@njtransit.com**  
*Seniors or people with disabilities are eligible to pay no more than one-half the regular one-way fare on all interstate busses, rail routes, and most interstate bus and rail routes into adjacent states (NY and PA).*

**Lyft**  
**www.lyft.com/cities/new-jersey-nj**  
*On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card.*

**Uber**  
**www.uber.com**  
*On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card.*

**Driver Safety Programs**  
**AARP Driver Safety Course**  
**www.aarpdriversafety.org**  
**Online course enhances driver safety and may lower the cost of automobile insurance.**

**Driver Evaluation Program of The Jewish Home Family**  
**Email:**  
**driving@jewishhomefamily.org**  
**201-518-1174**  
*Can assess driving abilities and recommend adaptive equipment to maximize safety. Open to people of all faiths.*

# Veterans Services

**United States Department of Veterans Affairs**  
151 Knollcroft Road, Lyons, NJ 07903  
**908-647-0180**

**Division of Veterans Services**  
One Bergen County Plaza, Hackensack  
**201-336-6325**  
*Advises, guides, and assists Bergen County veterans and their dependents on the many veterans programs, services, and entitlements.*

**Veterans Affairs Benefits Administration (Regional Office)**  
20 Washington Place  
Newark, NJ 07102  
**800-827- 1000**  
*Federal benefits for veterans and dependents. Call to inquire about services/ benefits.*

**Veterans Health Benefits N.J. Veterans Administration Health Care System**  
**800-315-7909**  
*Call toll-free for information and application packet. The VA Hospital is located in East Orange. VA Healthcare Enrollment (New Jersey)*  
**888-954-3553**

**Veterans Affairs Clinic**  
385 Prospect Avenue, Hackensack  
**201-342-4536**

**Veterans Memorial Home Paramus**  
1 Veterans Drive, Paramus  
**201-634-8200**

**Community Transportation for Veterans**  
178 Essex Street, Hackensack  
**201-368-5955**  
*Transportation services to VA hospitals and Veteran health care sites.*

**Veteran Employment Federal Positions**  
**www.usajobs.gov**  
**www.fedshirevets.gov**  
**www.vaforvets.va.gov**

**Financial Assistance for Homebound Veterans Aid and Attendance and Housebound Benefits Newark Regional Office**  
20 Washington Place, Newark, NJ 07102  
**800-827-1000**  
**www.veteranaid.org www.veteranaidbenefit.org www.vba.va.gov**

**Property Tax Exemption for Disabled Veteran Tax Office-City Hall**  
**2-10 North Van Brunt St. Englewood**  
**201-871-6607**  
*Full exemption from property taxes on a principal residence for certain totally and permanently disabled war veterans and their unmarried surviving spouses or partners.*

**Senior Veterans Tax Freeze**  
**800-882-6497**  
*Apply through the State of New Jersey*

**Veterans Deduction on Property Taxes Englewood Tax Office**  
2-10 North Van Brunt St., Englewood  
**201-871-6607**  
*Annual deduction of up to \$250 from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses.*

**Legal Services for Veterans Northeast New Jersey Legal Services**  
190 Moore Street-Suite 100, Hackensack  
**201-487-2166**  
**www.northeastnjlegalservices.org**  
*Provides legal services to low-income and homeless veterans in the areas of health, housing, public benefits, consumer rights and employment.*

# Volunteer Services

## In or Near Englewood

### Bergen Volunteers

64 Passaic St., Hackensack

**201-489-9454**

*Engages volunteers to meet community needs. Online database matches prospective volunteers with hundreds of volunteer positions in Englewood and other communities in Northern N.J. The Center's **Redefining Retirement** program focuses exclusively on helping those who are retired find meaningful volunteer positions.*

**www.bergenvolunteers.org**

### Englewood Volunteer Ambulance Corps.

**South Van Brunt**

*(next to Police station)*

**201-569-7962**

*Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians/First Responders.*

### Jewish Family & Children's

**Services of Northern NJ**

1485 Teaneck Road, Teaneck

**201-837-9090**

*Seeks volunteers for several varied and interesting positions.*

***RSVP** focuses on volunteers age 55+*

**www.jfcsnnj.org**

### North Jersey Villages

**201-888-7736**

*North Jersey Villages is a member of the Village to Village Network.*

**www.vtvnetwork.org** *Intergenerational volunteers share their expertise and talents to develop neighborhood networks that foster friendships, exciting opportunities, and practical help for older adults who are choosing to age at home in Bergen County. **Find out more at** **www.northjerseyvillages.org***

**Note:** Most of the Nonprofits listed on pages 28-30 engage volunteers. Call for information about volunteering with them.



HOME SAFETY CHECKLIST:

How Well Does Your Home Meet Your Needs?

Steps/Stairways/Walkways

Yes / No

- ☐ / ☐ Are they in good shape?
- ☐ / ☐ Do they have a smooth, safe surface?
- ☐ / ☐ Are there handrails on both sides of the stairway?
- ☐ / ☐ How about light switches at the top and bottom of the stairs?
- ☐ / ☐ Is there grasping space for both knuckles and fingers on railings?
- ☐ / ☐ Are the stair treads deep enough for your whole foot?
- ☐ / ☐ Would a ramp be feasible in any of these areas if it became necessary?

Floor Surfaces

Yes / No

- ☐ / ☐ Is the surface safe?
- ☐ / ☐ Nonslip?
- ☐ / ☐ Any throw rugs or doormats that might slip underfoot?
- ☐ / ☐ Is carpeting loose or torn?
- ☐ / ☐ Are there changes in floor levels?
- ☐ / ☐ If so, are they obvious or well marked?
- ☐ / ☐ Do you have to step over any electric, telephone, or extension cords?

Driveway and Garage

Yes / No

- ☐ / ☐ Is there always space to park?
- ☐ / ☐ Is it convenient to the entrance?
- ☐ / ☐ Does the garage door open automatically?

Windows & Doors

Yes / No

- ☐ / ☐ Are windows and doors easy to open and close?
- ☐ / ☐ Are locks sturdy and easy to operate?
- ☐ / ☐ Do doorways accommodate a walker or wheelchair?
- ☐ / ☐ Can you walk through the doorways easily?
- ☐ / ☐ Is there space to maneuver while opening and closing doors?
- ☐ / ☐ Does the front door have a view panel or peephole at the right height?

Appliances/Kitchen/Bath

Yes / No

- ☐ / ☐ Is the room arranged safely and conveniently?
- ☐ / ☐ Do the oven and fridge open easily?
- ☐ / ☐ Are stove controls clearly marked and easy to use?
- ☐ / ☐ Is the counter the right height and depth?
- ☐ / ☐ Can you work sitting down?
- ☐ / ☐ Are cabinet doorknobs easy to use?
- ☐ / ☐ Are faucets easy to use?
- ☐ / ☐ Do you have a hand-held shower head?
- ☐ / ☐ Are the items you use often on high shelves?
- ☐ / ☐ Do you have a step stool with handles?
- ☐ / ☐ Can you easily get in and out of the tub or shower?
- ☐ / ☐ Do you have a bath or shower seat?
- ☐ / ☐ Are there grab bars where needed?
- ☐ / ☐ Is the hot water heater regulated to prevent scalding or burning?

Lighting/Ventilation

Yes / No

- ☐ / ☐ Are there enough lights, and are they bright enough?
- ☐ / ☐ Do you have night lights where needed?
- ☐ / ☐ Is area well ventilated?

Electrical Outlets/Switches/Alarms

Yes / No

- ☐ / ☐ Can you turn switches easily on and off?
- ☐ / ☐ Are outlets properly grounded to prevent a shock?
- ☐ / ☐ Are extension cords in good shape?
- ☐ / ☐ Do you have smoke detectors in all key areas?
- ☐ / ☐ Do you have an alarm system?
- ☐ / ☐ Is the telephone readily available for emergencies?
- ☐ / ☐ Does the telephone have volume control?
- ☐ / ☐ Can you hear the doorbell ring all throughout the house?

Problems and Ideas

## Summary of Transportation Options (on pgs 40)

Organization	Phone	Website	Email
<b>Bergen County Community Transportation</b>	<b>201-368-5955</b>	co.bergen.nj.us/554/Community-Transportation	<b>N/A</b>
<b>GoGoGrandparent</b>	<b>855-464-6872</b>	gogograndparent.com	<b>support@gogograndparent.com</b>
<b>ITN North Jersey</b>	<b>201-398-6885</b>	itnnorthjersey.org	<b>info@itnnorthjersey.org</b>
<b>NJ Transit</b>	<b>973-275-5555</b>	njtransit.com	<b>N/A</b>
<b>NJTIP@Rutgers</b>	<b>848-932-4499</b>	njtip.rutgers.edu	<b>njtip_info@njtip.rutgers.edu</b>
<b>Ryde4Life</b>	<b>866-208-1347</b>	Ezride.org	<b>Ryde4life@ezride.org</b>

Description	When Provided	Cost
Provides a safe, trouble-free, scheduled transportation system for persons with disabilities, seniors, and frail residents of Bergen County.	Call to schedule at least 10 days in advance. Operates 8:30-4:30 but can make arrangements for earlier, later and weekend appointments or activities.	<i>No charge; donation requested.</i>
On demand transportation services by Uber and Lyft accessible with a land line telephone.	Available on demand 24 hours/day, 7 days/week, 365 days/year. Car usually arrives within 10 minutes.	<i>Uber and Lyft fares plus a small fee.</i>
Provides a community-based, quality transportation service for seniors age 60+ and adults with visual impairments; drivers are screened and trained volunteers.	Provides rides in cars of volunteers 24 hours/day, 7 days/week, 365 days/year. Schedule at least a day in advance. Service depends on availability of volunteer drivers.	<i>Membership fee plus per-ride charge; discounts may be available</i>
Provides scheduled bus, rail and light rail services throughout New Jersey. Comprehensive point-to-point information easily available online or by telephone.	Scheduled service. Check the schedule for a particular bus or train to determine exact timing and location.	<i>Discount available for those age 62+ or people with disabilities. Call for details.</i>
The New Jersey Travel Independence Program (NJTIP) @ Rutgers help increase the independence and self sufficiency of people with disabilities, older adults and others by empowering them to use the public transit system safely and independently. Provides instruction for groups or one-on-one.	Scheduled programs in advance. Workshops are offered at times mutually convenient to the individual or the organization requesting the program.	<i>No Charge</i>
Provides rides with Uber and Lyft for individuals over 30 years old throughout New Jersey and is offered all working days from 8am to 5pm.	Rides can be scheduled in real time or in advance. Service is available from 8am - 8pm on work days (no evenings, weekends or holidays).	<i>Membership fee plus per-ride charge</i>



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or omissions in this Directory.

*Age-Friendly Englewood*

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| ▶ Blood Disorders           | ▶ ENT Head & Neck Surgery                | ▶ Gynecologic Oncology      | ▶ Obstetrics and Gynecology            | ▶ Sleep Medicine    |
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<b>Police (non-emergency)</b>	<b>201-568-2711</b>
<b>Fire (non-emergency)</b>	<b>201-568-6301</b>
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