

at Your Service

A GUIDE FOR
ENGLEWOOD
SENIOR
ADULTS



Age-Friendly Englewood

Age-Friendly Englewood • At Your Service

ABOUT THIS DIRECTORY

This directory is designed to make it as easy as possible for older adult residents of Englewood, New Jersey – as well as those who care for them and/or those who care about them – to find and use the many resources that are available in our community.

This directory was developed and produced by Age-Friendly Englewood, a coalition of organizations and individuals who are working with the City of Englewood to make this a great place for people of all ages – especially for older adults who want to age-in-place in this wonderful city.

Englewood Health is our primary partner in the publication of this booklet.

HOW TO USE THIS DIRECTORY

This directory offers the names and telephone numbers of service providers in the Englewood area. Providers outside of the immediate area are also included when appropriate. It is our hope that Englewood residents will use this directory as a first place to look when they need information about available services.

We have made every effort to cover the full range of services and topics of interest to older adults. If you are aware of additional services or of corrections to the information in this directory, please let us know!

Thank you to Englewood Health for their efforts putting together this guide, and for all they do in the community.

Age-Friendly Englewood

Phone: 201-591-5162 • Email: agefriendlyenglewood@gmail.com
www.age-friendlyenglewood.org

ABOUT AGE-FRIENDLY ENGLEWOOD

Age-Friendly Englewood is a community-wide project that is working to ensure that residents of Englewood can age-in-place in their homes and in the community with dignity and independence. Age-Friendly Englewood seeks to help the community become more livable for people of all ages, with particular attention to the rapidly growing number of older adults. An age-friendly community is a great place to grow up and grow old.

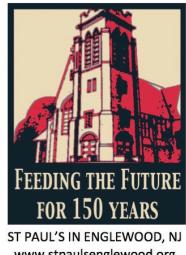
Age-Friendly Englewood aims to help people throughout our community -- whether they live in an apartment, condo, single-family home, multi-family home or assisted-living facility -- live their lives as fully as possible, with access to a broad range of affordable services and amenities as they age.

Age-Friendly Englewood was launched early in 2016 with the formation of a coalition of organizations that provide services to Englewood residents, including nonprofit organizations, houses of worship, civic organizations, the Mayor, City Council and offices of City government. The coalition's first task was to assess where Englewood was at that time, determine where there are needs and/or gaps in service, and develop a plan to meet those needs over the months and years ahead. Our work builds off of the City of Englewood's Master Plan and is guided by the World Health Organization's aging-in-place framework and AARP's Livable Communities initiative.

- Housing
- Transportation
- Public Spaces (Parks & Streets)
- Communication & Information
- Access to Health Care and Social Services
- Civic Participation
- Social Inclusion

Age-Friendly Englewood operates under the auspices of Bergen Family Center, which serves as fiscal sponsor of the program. Funding for Age-Friendly Englewood is provided by The Henry and Marilyn Taub Foundation, which is supporting similar projects in the Bergen County towns of Fair Lawn, Garfield, Ridgewood, Teaneck and Westwood.

Age-Friendly Englewood Partners



Southeast Senior Center
for Independent Living



Celebrating more than
40 years
artsHorizons^{transforming lives}



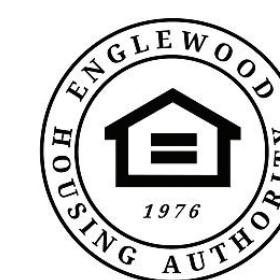
Englewood Chamber of Commerce



Habitat
for Humanity[®]
of Bergen County



WOMEN'S
RIGHTS
INFORMATION
CENTER



iTN North Jersey[™]
Dignified transportation for seniors



Prevent. Promote. Protect.

Our thanks to the organizations on these two pages, each of which is playing an integral role in helping the City of Englewood, NJ, become a city that not only helps older adults age in place with dignity and independence, but also is great for people of all ages.

Table of Contents

<i>About This Directory</i>	2	<i>Pharmaceutical Assistance Programs</i>	22
<i>About Age-Friendly Englewood</i>	3	<i>Reverse Mortgage</i>	22
<i>Age-Friendly Englewood Partners</i>	4-5	<i>Social Security & SSI</i>	22
<i>Table of Contents</i>	6-8	<i>Utility & Telephone Assistance</i>	22
<i>LISTING OF SERVICES</i>			
General Information	9	Food	23
Bergen County Agencies and Services	9	Health & Wellness Programs	24
Activities	10	<i>Hospitals</i>	24
<i>Englewood Parks</i>	11	<i>Urgent Care Centers</i>	24
<i>Senior Activity Centers</i>	11	<i>Chronic Disease & Disability Health Issues</i>	25
Adult Continuing Education	12	<i>Alzheimer's Disease</i>	25
Bereavement Services	13	<i>Other Diseases</i>	25
Business Services	14	<i>Dental Services</i>	26
Caregiver Support Services	14	<i>Hearing Loss</i>	26
<i>Crisis Services</i>	15	<i>Mental Health</i>	26
<i>Grandparents as Caregivers</i>	16	<i>Uninsured</i>	27
<i>Respite Care Services</i>	16	<i>Vision Loss</i>	27
Clubs & Social Groups	17	Houses of Worship	28
De-Cluttering Your Home	17	Housing	30
Emergency Services	19	<i>Affordable Rent-Subsidized Properties</i>	30
Employment Opportunities	20	<i>Housing Choice Voucher (Section 8)</i>	30
English as a Second Language	20	<i>Home Improvement, Safety & Repairs</i>	30
Financial Benefits & Assistance	21	<i>Home Valuation</i>	31
<i>Medicaid</i>	21	<i>Rental Assistance & Tenant Services</i>	31
<i>Medicare Health Insurance</i>	21	<i>Shared Housing</i>	31
<i>N.J. Property Tax Relief Programs</i>	21	Income Tax Assistance	31
		Information and Referral	32
		In-Home Services	32

Table of Contents Cont'd

<i>In-Home Emergency Response Systems</i>	32
<i>Grooming Services</i>	33
<i>Home Care Services</i>	33
<i>Meals on Wheels</i>	33
<i>Physician Services</i>	33
<i>Telephone Reassurance & Friendly Visitors</i>	34
Legal Assistance	34
LGBTQ Resources	34
Long Term Care Services	35
<i>Care Management</i>	35
<i>Adult Day Care Programs</i>	36
<i>Assisted Living, Residential Facilities, Nursing Homes</i>	36
Quality of Care issues/Ombudsman	36
Assisted Living	36
Residential Health Care Facilities	37
<i>Facilities for People with Alzheimer's or Dementia</i>	37
<i>Nursing Homes</i>	37
<i>Hospice Service/End of Life</i>	37
Nonprofit Organizations in Englewood	38
Transportation	40
<i>Driver Safety Programs</i>	40
Veterans Services	41
<i>Financial Assistance for Homebound Veterans</i>	41
<i>Legal Services for Veterans</i>	41
Volunteer Services	42
Home Safety Checklist	44
Transportation Chart	46

We have tried to include as many services for older adults in Englewood as possible. If you find errors, or if you know of additional services or organizations that should be included, please let us know!

General Information

Bergen County Agencies & Services

Bergen County Division of Senior Services

Aging & Disability Resource Connection (ADRC)

Area Agency on Aging

One Bergen County Plaza, 2nd Floor

Hackensack, NJ 07601

201-336-7400 • 1-877-222-3737

www.co.bergen.nj.us/division-of-senior-services/about-senior-services

Bergen County Division on Disability Services

One Bergen County Plaza, 2nd Floor

Hackensack, NJ 07601

201-336-6500

Provides services for disabled adults. Call for information on eligibility.

www.co.bergen.nj.us/divisions-of-disability-services

Bergen County Board of Social Services

218 Route 17 North, Building A

Rochelle Park, NJ 07662

201-368-4200

www.bcbss.com

Bergen County Department of Health Services

One Bergen County Plaza, 4th floor

Hackensack, NJ 07601

201-634-2600

Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing) through a county-wide partnership.

Crisis Hotline: 201-262-HELP (4357)

Activities

In or Near Englewood

AARP NJ

Englewood, NJ and New Brunswick, NJ
1-866-542-8165
local.aarp.org/bergen-county-nj
Variety of meetings and activities
weekly/monthly.

Arts For Life-NJ

artsforlifenj.com
Arts for Life NJ: provides high quality arts classes for active adults 50+. Find a new love or reignite an old passion - acting, dance, photography, more.

Arts Horizons

1 Grand Avenue, Englewood
(212) 268-7219
artshorizons.org
Provides performing, visual, literary and media arts and artistic expression to diverse people of all ages and abilities.

Bergen Family Center Older Adult Services

44 Armory Street, Englewood, NJ 07631
201-568-0817
www.bergenfamilycenter.org
Adult Day Care for frail and visually impaired adults. Care management services for homebound older adults.

BergenPAC

30 North Van Brunt St, Englewood
201-227-1030
www.bergenpac.org
A non-profit regional theater, Bergen Performing Arts Center (bergenPAC) presents more than 175 shows a year. To enhance the quality of life, bergenPAC provides free tickets to organizations serving individuals who

otherwise would be financially unable to experience the live performing arts. Since 2016, this Arts Access Initiative has granted over 35,000 such tickets, primarily to seniors.

Elder Hostel (Road Scholar)

800-454-5768
www.roadscholar.org
Provides low-cost educational travel programs for seniors to over 1,600 colleges, universities, and other facilities in the U.S. and abroad.

Flat Rock Brook Nature Association

443 Van Nostrand Ave, Englewood
201-567-1265
flatrockbrook.org
150-acre preserve and environmental education center situated on the western slope of the Palisades.

Kaplen JCC on the Palisades

411 East Clifton Avenue, Tenafly
(201) 569-7900
www.jccotp.org
Offers a variety of fitness classes, including self-defense and SMILE (Seniors Move In Light Exercise).

YWCA Northern New Jersey

214 State Street, Hackensack
(201) 881-1700
ywcabergencounty.org
Offers wellness workshops, fitness classes and events to help our seniors and the community get healthier and connect with others.

Northern NJ Community Foundation

1 Grand Avenue - Suite 3, Englewood
201-568-5608
nnjcf.org
Promotes art and culture as powerful means of bridging diversity and bringing people together.

Senior Source

310 Riverside Square Mall, Hackensack
201-342-0962
www.seniorsourcenj.com
Socialization and education on a range of topics for older adults -- every weekday at no charge.

Southeast Center for Independent Living

228 Grand Avenue, Englewood
201-569-4080
sescil.com
SESCIL provides myriad services for adults 55+, including programs that exercise body and mind. Only senior center in Bergen County to provide such medical services as podiatry, dentistry and chiropractor.

YMCA of Greater Bergen County

1092 Carnation Drive
New Milford, NJ 07642
(973) 758-9039
www.ymcagbc.org
The Kaplen Adult Reach Center's social day care program promotes independence, self-esteem and cognitive abilities for those living with dementia, in a vibrant, community center atmosphere.

Englewood Parks

Englewood boasts a number of beautiful parks. A map of locations is on the city's website. Click on "living."

Englewood Dept. Of Parks & Recreation

120 West Englewood Ave
(The Gatehouse)
201-568-3472
cityofenglewood.org

Artus Park

So. Dean & Linden
Playground

Broad Ave. Courts

Broad Ave & Rockwood Pl.
Tennis & basketball

Cambridge Ave. Park

Cambridge & Knickerbocker

Crystal Lake

Sheffield Ave
Dog run, pond, picnic

Denning Park

Lafayette & Forest
Swings, basketball, picnic, playground, soccer, pond

Garrison Field

Broad Avenue
Ball fields, bathroom

Glenbrook Park

Glenbrook Pkwy & Howell Rd.

Swings, picnic

Mackay Park

Englewood Ave
Playground, picnic, pool, tennis,

Depot Square Park

Van Brunt & Demarest
Playground, picnic

Dunning Park

Hillside Ave & Spring Lane

Eleanor Harvey Park

500 Liberty Road

Flat Rock Brook Nature Center

443 Van Nostrand Avenue
(201)567-1265
150-acre preserve and environmental education center situated on the western slope of the Palisades.

basketball, baseball, softball, soccer, arena, fitness route, ice skating, bathroom

Madison Park

Madison Ave.
Playground, baseball, picnic

Morris Park

Cross St. & Morris Park
Playground, basketball, picnic, bathroom

Triangle Park

Hudson Ave. & No. Dean
Playground

Trumble Park

Broad Ave., Rockwood Pl
Playground, baseball, picnic

Tyron Park

Tyron Ave
Ball fields, bathroom

Veterans Park

Dean Drive & Demarest
9/11 Memorial

Senior Activity Centers

In or near Englewood

Senior Citizens 60+ and their significant other, regardless of age, are eligible to participate in Activity Center programs, services and activities. Social, health and legal counseling, group classes in painting, arts and crafts, ceramics, knitting/crocheting and exercise, as well as educational and cultural programs, are available. Some transportation may also be available. For information on transportation call the center.

continued

Senior Activity Centers Cont'd

In or near Englewood

Bergen County Senior Lunch Program

A nutritious mid-day meal is available for Bergen County senior citizens at the centers **marked with an asterisk (*)** **below** Lunch is served Monday-Friday. Any Bergen County resident may attend any senior center. Residence in the town is not required, but transportation (where offered) may be limited to residents of the town.

Reservations for the meal must be made 1 day in advance. Below are Centers in or near Englewood.

Englewood*

Bergen Family Center
44 Armory Street, 07631
201-568-0817

Englewood

Southeast Center for
Independent Living
228 Grand Avenue, 07631
201-569-4080

Fort Lee*

Richard & Catherine Nest
Adult Activity Center
201-592-3670
319 Main Street, 07024

Hackensack*

Americas Unidas Multicultural
Senior Center
101 Hudson Street, 07601
201-336-3320

Hackensack

Martin Luther King, Jr. Senior Center
375 First Street, 07601
201-342-2654

Korean American Senior Citizen Association of New Jersey

133 Fort Lee Road
Leonia, NJ 07605
201-945-2400

Leonia

Leonia Recreation Center
370 Broad Avenue, 07605
201-302-9660

Teaneck*

250 Colonial Court, 07666
201-837-0171
201-862-1665

Tenafly

20 South Summit Street, 07670
201-569-2159

Tenafly*

Kaplen JCC on the Palisades
411 East Clinton Avenue, 07670
201-569-7900 ext. 1450

Tenafly*

Friends of Grace Seniors
Korean Community Centre
100 Grove Street, Tenafly 07670
201-541-1200

Adult Continuing Education Cont'd

Institute for Learning in Retirement

Bergen Community College

400 Paramus Road, Paramus, NJ 07652

201-447-7156

bergen.edu/community/institute-for-learning-in-retirement/
Broad range of academic and cultural topics.

No tests or grades. Programs sponsored jointly with
Elderhostel; serves the intellectual and social needs
of a vibrant community of lifelong learners.

SESCIL - Southeast Senior Center

for Independent Living

228 Grand Avenue, Englewood

201-459-4080

www.sescl.com
Offers a variety of educational programs.

Project Literacy Greater Bergen County

355 Main Street, Hackensack

201-489-7066

www.project-literacy.org
Free tutoring services by trained volunteers to adults in
need of basic literacy, math and ESL.

Bereavement Services

AARP Grief & Loss Program

800-687-2277

www.aarp.org/griefandloss

Offers a wide range of resources on grief and loss. Family members welcome

Jewish Family & Children's Services of Northern New Jersey

1485 Teaneck Road, Teaneck

201-837-9090

Groups@jfcsnnj.org

JFCS offers bereavement support groups for widows/widowers and adult children who have lost parents. Group provides support and discusses strategies to enhance coping skills during a challenging time.

Adult Continuing Education

Bergen Community College

400 Paramus Road, Paramus, NJ 07652

201-447-7488

www.bergen.cc.nj.us

Extensive continuing education program

Fairleigh Dickinson University

1000 River Road, Teaneck, NJ 07666

201-692-6500

view2.fdu.edu/academics/continuing-education/

Extensive continuing education program

Business Services

North New Jersey Chamber of Commerce
2-10 North Van Brunt St., Englewood
201-567-2381
nnjchamber.com

Promotes business growth and community development. Serves as the voice of Englewood; facilitates networking and marketing opportunities; coordinates calendar of community events; and hosts a community website (englewoodnj.org) for businesses and visitors throughout the region.

Economic Development
201-510-8206

Special Improvement District Management Corporation was formed in 2018 to promote growth and employment in the central business area. Its six members, who are appointed by the City Council, all have long-term business experience in Englewood.

Caregiver Support Services

Caregiver Coalition of Bergen County
B.C. Division of Senior Services
One Bergen County Plaza, Hackensack
201-336-7427
Supportive and caring individuals who share a commitment to improving the lives of caregivers in Bergen County. Promotes knowledge of, sensitivity to and action around issues impacting caregivers. Groups meet regularly.

In-Home Caregiver Education & Support Program
Bergen County Division on Disability Services
201-336-6505
Teaching Plan for unpaid caregivers, including learning skills necessary for providing care.

Adler Aphasia Center Caregivers Support Group
60 West Hunter Avenue, Maywood, NJ
201-368-8585
Meets every second Monday, 7:00pm-9:00pm

Alzheimer's New Jersey Helpline
888-280-6055
The Helpline is a professionally staffed, toll-free contact center that provides callers with confidential and personalized in-depth guidance about Alzheimer's disease and dementia to assist with planning, problem solving, referrals to community resources and emotional support.

Bergen Family Center/Bridges Family Success Center
44 Armory Street, Englewood
201-568-0817 Ext-112
Caregivers meet in a nurturing space to share a meal and conversation with other caregivers. The group provides respite to Caregivers, in addition to offering emotional supports, programs on issues related to aging such as: phone scams, health care, mindfulness practice and educational information. Group meets 3 times a month on Wednesdays at 12:30pm-2pm. All services are Free of charge.

Care2Caregivers
151 Centennial Avenue
Piscataway, NJ 08854
800-424-2494
Free, ongoing peer support for caregivers taking care of people with dementia
care@care2caregivers.com

Dorot Caregivers Connection
212-769-2850 or 1-877-819-9147
www.dorotusa.org

Informational workshops and support groups are conducted through telephone conference calls. Caregivers can share concerns, exchange suggestions, and get much needed information in the comfort of their home.

Family Caregiver Alliance
800-445-8106
Provides education information with factsheets on caregiving & depression, dementia behavior and caregiving planning, etc.

Caregiver Support Services Cont'd

Holy Name Medical Center Caregiver Support Group • Holy Name Medical Center Day Away Center
725 Teaneck Road, Teaneck
201-833-3757

Jewish Family & Children's Services of Northern New Jersey
1485 Teaneck Road, Teaneck
201-837-9090

Through the Wolff Caregiver program, JFCS provides caregivers of loved ones with Alzheimer's disease and other dementias with the resources they need. Through the program, JFCS provides both practical and emotional support and respite care.

Jewish Home Parkinson's Center Support Group and Monthly Lecture
For those living with Parkinson's and their Caregivers.
Virtual format via Zoom - 4PM on the second Thursday of each month. Email: parkinsons@jewishhomefamily.org to sign up or call the Parkinson's Support Hotline at **(855) 543-7275** for more information.

Kaplen JCC on the Palisades Caregiver Support Group Adult Reach Center
201-408-1450 or 201-569-7900 ext. 439
411 East Clinton Avenue, Tenafly
Caregivers support group, meets twice a month, 2nd Monday at 7:00 pm and 4th Tuesday at 10:30am.

National Organization for Empowering Caregivers
425 West 23rd Street #9B
New York, NY 10011
www.care-givers.com

Empowering caregivers with resources, private counseling and healing circle.

NJ Self-Help Group Clearinghouse
800-367-6274
Maintains database of information of thousands of self-help support organizations. Go to: www.njgroups.org to download the Self-Help Support Group directory.

Parkinson's Support Group
Cedar Hill Christian Reformed Church
422 Cedar Hill Avenue
Wyckoff, NJ 07481
Ron773h@yahoo.com
aweldon@optonline.net
ratner2@optonline.net

Vantage Health System Caregiver Support Group
2 Park Avenue, Dumont
201-385-4400, ext. 3084
Spouse Caregivers Support Group meets twice-monthly to dine and discuss issues; spouse care recipients are supervised with therapeutic activities & dinner. Agency also has an Adult Child support group. Call for days and time.

Crisis Services

Adult Protective Service (includes Elder Abuse)
201-368-4300

Investigates reports of suspected abuse, neglect, and exploitation of vulnerable adults living in the community.

Psychiatric Emergency Screening Program
Care Plus NJ, Inc.
610 Valley Health Plaza, Paramus, NJ 07652

201-262-HELP (4357)
Designated screening center for Bergen County. Services available 24/7/365.

Care 2 Caregivers • Peer Support Helpline for Dementia Caregivers
800-424-2494
care@care2caregvers.com

Provides peer support, guidance on coping, counseling and education.

continued

Caregiver Support Services Cont'd

Grandparents as Caregivers

Kinship Navigator Hotline:

201-398-9110

Kinship Caregivers –
P.O. Box 717, Trenton

201-797-2660 or 609-888-7400

Information, referral and advocacy services
for family caregivers. Request brochure listing
services for grandparents raising grandchildren.
Also, inquire about available services and benefits.

**Grandparents Raising
Grandchildren Support Group •
Bergen Family Center/Family Success Center**
44 Armory Street, Englewood
201-796 6209 ext. 102
Grandparents share experiences and approaches
that help with challenges of raising grandchildren.
www.fsobergen.org

Respite Care Services

Respite programs offer temporary relief for care-givers to alleviate physical and emotional demands
of caregiving. Services may include companions, homemaker/home health aides, medical/social adult
day care, short-term inpatient care, skilled nursing, etc. Call for eligibility and waiting lists.

**Kaplen JCC on the Palisade
Adult Reach Center (ARC)**
411 E. Clinton Avenue, Tenafly
201-569-7900

Social Adult Day Care

Statewide Respite Care Program

**Bergen County Division on
Disability Services**
One Bergen County Plaza, Hackensack
201-336-6500

Provides relief services to caregivers.

Jewish Home Family
Offers respite care services at the Jewish
Home at Rockleigh, which provides
long term care, skilled nursing and
memory care; as well as at Jewish
Home Assisted Living in River Vale,
which has both assisted living and
memory care featuring various levels
of care in a homelike environment
with fine dining and amenities.

Jewish Home at Rockleigh
10 Link Dr., Rockleigh NJ 07647
201-784-1414

Jewish Home Assisted Living
685 Westwood Ave., River Vale NJ
07675 - 201-666-2370

New Bridge Medical Center

**(Formerly Bergen Pines/Bergen
Regional) Long-Term Care Division**

201-967-4073

230 East Ridgewood Avenue
Paramus, NJ 07652

Provides temporary residential care
(beds) for a minimum of 3 days and
up to 30 days. Meals and 24/7 nursing
care. Call for fees, to visit & to apply.
Medicaid and private pay.

**Jewish Family & Children's
Services of Northern New Jersey**
1485 Teaneck Road, Teaneck
201-837-9090

Through the Wolff Caregiver program,
JFCS provides caregivers of loved ones
with Alzheimer's disease and other
dementias with the resources they
need. Through the program, JFCS
provides both practical and emotional
support and respite care.

**Alzheimer's New Jersey
The Respite Care and
Wellness Program**
400 Morris Avenue, Suite 251
Denville, NJ 07834
888-280-6055 or 973-586-4300
www.alznj.org

Call for information and eligibility
requirements
***NOTE:** Some home health agencies
provide respite care services; call
agencies to inquire about fees for
service. Some nursing homes also
provide respite beds on a temporary
basis; call individual nursing homes
to inquire.

Clubs and Social Groups

**All listed are open to interested participants. May require
membership fees/dues and requirements for participation.**

Elks Ideal Lodge #470
17 Bennett Road, Englewood
201-567-8707

Founded by African-Americans who
migrated to Englewood with strong
southern roots, the Lodge is used by the
diverse population of Englewood. Holds
computer classes for elders. Available
for events.

Englewood Rotary Club
P.O. Box 412, Englewood, NJ
International service organization
whose motto is "Service Above Self."
Meets every Tuesday at 12:15 PM at

the Crowne Plaza Hotel, 401 South Van
Brunt Street.

League of Women Voters
201-390-8830

Call for Information and meeting
locations. Dedicated to ensuring that
all eligible voters – particularly those
from traditionally underrepresented or
underserved communities, including
first-time voters, non-college youth,
new citizens, minorities, the elderly
and low-income Americans – have the
opportunity and the information to
exercise their right to vote.

Woman's Club of Englewood
187 Brinckerhoff Court, Englewood
Susan Eastham, President
(617) 285-4074

The mission of the Woman's Club is to
bring together women interested in
intellectual and cultural advancement,
to be a potent factor in the develop-
ment of the community and to promote
its well-being through a philanthropy
program. This mission is exclusively
charitable and educational.

De-Cluttering Your Home

Not-for-Profit Thrift Shops

These shops generally accept used, clean clothing and household items in good condition. They do not pick-up at your home.

Caring About The Strays (CATS)
80 Kinderkamack Road, Westwood
201-666-5444

**Goodwill NYNJ Outlet Store
& Donation Center**
400 Huyler Street
South Hackensack, NJ 07606
201-727-8215

**National Council of
Jewish Women Thrift Shop**
75 Washington Ave., Bergenfield
201-385-4847

These Agencies Pickup at Your Home

Call or go online to schedule a pickup at your home

Big Brothers Big Sisters
877-336-8828
www.bbbspickupservice.org

Accepts just about anything except
large furniture and appliances.

Green Drop
Schedule pickup online.
gogreendrop.com

Donated items are sold to benefit
charity of your choice: American Red

Cross Society of St. Vincent DePaul,
National Federation for the Blind,
Military Order of Purple Heart Service
Foundation.

continued

De-Cluttering Cont'd

These Agencies Pickup at Your Home

Call or go online to schedule a pickup at your home

Habitat for Humanity ReStore

121 Carver Ave, Westwood, NJ

201-500-5009

bergenrestore.org

Accepts furniture, appliances and building materials in good condition. Call or schedule pickup online.

Lupus Foundation of America

888.445.8787

lfapickupservice.org

Accepts just about anything except large furniture and appliances.

Drop-off

These agencies accept dropped-off donations

Adult Care Brief Bank

Kaplen JCC on the Palisades

411 East Clinton Ave., Tenafly, NJ

07670

201-569-7900

Accepts adult absorbent products.

Bergen County Animal Shelter

100 United Lane, Teterboro 07608

201-646-3200

Accepts clean blankets & bedding, gloves, mops, buckets, etc. New pet supplies.

Salvation Army

1-800-728-7825

satruck.org

Accepts just about anything. Call or schedule pickup online.

Vietnam Veterans of America

pickupplease.org

Accepts just about anything except large furniture and appliances.

Bergen Volunteers' Making It Home

201-289-8444

Accepts furniture in good condition.

Donate Books

Bergen County Jail

160 South River Street, Hackensack

201-336-3500, ext. 4355

Accepts paperback books. Absolutely no hard cover books and no books with spiral binding. Drop off between 9AM-5PM.

Englewood Public Library

31 Engle Street

201-568-2215

Accepts used books in good condition. Call 201-768-1272 for pickup

Better World Books

Drop-box at the Cresskill Library

53 Union Ave, Cresskill

www.betterworldbooks.com

They sell books that have been donated. Proceeds benefit nonprofits that provide literacy programs.

Emergency Services

FOR A HEALTH, FIRE OR LIFE SAFETY EMERGENCY CALL 911

Englewood Police Department

75 S Van Brunt Street, Englewood

201-568-2711 (non-emergency)

www.cityofenglewood.org/

Bergen County Office of Emergency Management

285 Campgaw Road

Mahwah, NJ 07430

201-785-5757 or 201-336-7705

American Red Cross

(responds to natural disasters)

973-797-3300

Adult Protective Services • Bergen County Board of Social Services

201-368-4300 or 800-624-0275

(after hours)

For vulnerable adults who are being subjected to abuse, neglect or exploitation, and who cannot protect or care for themselves.

Bergen County's United Way Compassion Fund

6 Forest Avenue, Paramus

211 or 201-294-4050 or

877-652-1148

Provides help with urgent financial needs from utility bills to medication and healthcare to help families remain in their home.

www.nj211.org

Housing, Health & Human Services Center

120 South River Street, Hackensack

201-336-6475

Temporary shelter, meals, and links to community services.

Family Promise of Bergen County

100 Dayton Street Ridgewood, NJ

201-833-8009

Helps working families who are facing homelessness. Monday-Friday 9:00am-5:00pm

Alternatives to Domestic Violence

One Bergen County Plaza, Hackensack

201-336-7575

Offers services including crisis intervention; counseling; legal assistance; individual, group and family counseling; etc. Calls remain confidential.

Center for Hope and Safety

12 Overlook Ave, Rochelle Park, NJ

201-498-9247

201-944-9600 HOTLINE

Assists women and children who are victims of domestic violence, including emotional, economic, sexual and physical abuse. Provides emergency and transitional housing, emotional support, and a diversified continuum of services focused on safety, empowerment, and self-sufficiency.

www.hopeandsafetynj.org

Healing Space -YWCA Northern New Jersey

214 State Street, #207, Hackensack

201-487-2227 24-hour Hotline

Provides a confidential 24/7 hotline to survivors of sexual assault and abuse, their families and friends. Support is available to anyone who has experienced sexual violence, whether it happened hours or years ago.

SeniorHaven for the Prevention of Elder Abuse • Program of Jewish Home Family

855-455-0555

Shelter available for individuals over 65 who are victims of abuse. Abuse may be physical, sexual, financial, verbal, emotional, or psychological. Referral from a professional is required.

jewishhomefamily.org/seniorhaven

Employment Opportunities

**Re-Launch Career Services
Jewish Family & Children's
Services
of Northern New Jersey**
1485 Teaneck Road, Teaneck
201-837-9090 x225

Provides FREE overall guidance in career direction for job seekers of all ages. Hands-on practical support for revamping your resume, creating a compelling cover letter and interviewing skills

ReServe North Jersey
877-290-6145

Matches retired professionals -- teachers, business executives, lawyers, accountants, technology specialists, health care, human service and administrative

professionals -- age 55+ with part-time service opportunities at nonprofit organizations and public institutions in order to strengthen their communities while earning a modest stipend.
www.reserveinc.org/newark
info@reserve.org

New Jersey State Employment Services • Vocational Rehabilitation Services for the Disabled • Unemployment and Disability Insurance • One-Stop Career Center
60 State Street, Hackensack
201-996-8940 or 201-996-8970
Offers services such as workshops, counseling, job search, skilled training, etc.

Senior Community Service Employment Program (SCSEP)
Easter Seals
194 Route 17 North, Rochelle Park, NJ
855-215-4541 or 201-845-0247
Provides job training and employment opportunities for eligible individuals aged 55+

English as a Second Language

Englewood Library
31 Engle Street, Englewood
201-458-2215 ext 236
www.englewoodlibrary.org/adults
ESL classes open to men and women.

Greater Bergen Community Action
Offers ESL classes in Cliffside Park and Palisades Park
201-366-1020 ext. 7236
www.greaterbergen.org
Call for details

Korean-American Senior Citizen Association
133 Fort Lee Road, Leonia, NJ 07605
201-945-2400
ESL program will service the Korean

Population 60+; English instruction for communication in Health and Citizenship

Project Literacy Greater Bergen County
355 Main Street, Hackensack
201-489-7066
www.project-literacy.org
Free tutoring services by trained volunteers to adults in need of basic literacy education, math and ESL.

Women's Rights Information Center
108 Palisade Ave., Englewood
201-568-1166
www.womensrights.org
ESL classes open to men and women.

Financial Benefits & Assistance

Consumer Credit Counselling
888-726-3260
www.cccsnj.org
Financial counseling for older adults 65+

Greater Bergen Community Action
GBCA Financial & Housing Counseling
294 Union Street, Hackensack
201-488-5100
Provides financial literacy education, credit counseling and housing counseling to Bergen County residents who are income eligible.

Medicaid

Bergen County Board of Social Services
218 Route 17 North
Rochelle Park, NJ 07662
201-368-4200 or 201-368-4785
Apply for general Assistance, SNAP (food stamps), Family Care, TANF, Institutional Medicaid, etc.
www.bcbss.com

Funeral-Burial Support Program (Medicaid)
Bergen County Board of Social Services
218 Route 17 North
Rochelle Park, NJ 07662
201-368-4200

Medicare Health Insurance

These programs pay or help pay for the cost of medical care for older adults and disabled persons.

MEDICARE (www.medicare.gov)
www.medicare.gov
1-800-MEDICARE
1-800-633-4227

MEDICARE PART A
Hospital insurance. Covers inpatient hospital care
800-633-4227

MEDICARE PART B
Covers physician and some out-patient services.
800-633-4227

MEDICARE PART C
Medicare advantage plans. HMOs, PPOs, and other health plan options provided through one network. Plan benefits may include vision, hearing and dental screening and/or discounts, Rx drug coverage and/or health club membership.
800-633-4227 or 800-633-4227

MEDICARE PART D
Optional prescription drug plans which add drug coverage to original Medicare.
800-633-4227

State Health Insurance Program (SHIP)
201-336-7413

Assistance in completing Medicare and other health insurance claim forms; information on supplemental policies; evaluation of specific claim forms and health insurance needs; information

on prescription coverage and Medigap policies.

Absolute Insurance Management (Medicare Made Easy)
973-470-8333

Provides evaluation, at no charge, of the various available options for Medicare.

Medicare Rights Center - Medicare Interactive
888-466-9050
www.MedicareInteractive.org
Provides help with Medicare appeals process.

N.J. Property Tax Relief Programs

N. J. Division of Taxation
State.nj.us/treasury/taxation/relief.shtml

Check the website for the latest information regarding Senior Freeze (property tax reimbursement program), Homestead Benefit Program, and other property tax benefits.
609-826-4400

Property Tax Deduction/Credit
Englewood Municipal Tax Office
2-10 North Van Brunt Street
201-871-6607

Homeowners and tenants who pay property taxes, directly or through rent, on their principal residence in N.J. may qualify for either a deduction or a refundable credit on their N.J. resident income tax return. Tax benefit varies depending on amount of the taxpayer's income, amount of property taxes or rent paid, and filing status.

continued

Financial Benefits & Assistance Cont'd

Pharmaceutical Assistance Programs

These programs may help reduce pharmaceutical costs to seniors, veterans, and disabled persons.

Pharmaceutical Assistance to the Aged & Disabled (PAAD) 800-792-9745 or 201-336-7400

Prescription discount program for elderly and people with disabilities..

Senior Gold Prescription Discount Program 800-792-9745 or 201-336-7400

Prescription discount program for elderly and disabled NJ residents who do not qualify for PAAD.

Extra Help with Medicare Prescription Drug Plan Costs 800-772-1213

Federal program that helps pay full or partial costs of Medicare prescription drug coverage.
www.socialsecurity.gov

State Health Insurance Program (SHIP) 201-336-7413

Provides Medicare beneficiaries with assistance and information about health insurance policies, claim forms, prescription coverage, and evaluates health insurance options.

Partnership for Prescription Assistance

May help patients who are uninsured or underinsured access the medicines they need through the program that is right for them.

www.pparx.org

Reverse Mortgage

Reverse Mortgage Counseling Home Equity Conversion Mortgages

Division of Senior Services

ADRC-Aging & Disability Resource Connection

201-336-7569

The Division of Senior Services offers a trained and certified counselor to advise seniors age 62 and over on ways to access their home equity so they can remain at home and age-in-place.

Social Security & SSI

Social Security Continental Plaza

401 Hackensack Avenue - 2nd fl.,
Hackensack

800-772-1213

Supplemental Security Income (SSI)

Must be 65 years of age, blind, or have a disability and limited income.

www.ssa.gov

Apply online: www.socialsecurity.gov/myaccount

Utility & Telephone Assistance

Low Income Home Energy Assistance Program (LIHEAP)

Federally funded program that provides financial assistance to low-income households and individuals with heating and medically necessary cooling costs. Apply between Oct. 1 through April 30.

Hotline: 1-800-510-3102 for further information.

The TRUE and PAGE Program- Energy Assistance Program; Universal Service Fund

Temporary Relief for Utility

Expenses & Payment Assistance for Gas & Electric programs provide relief on natural gas and electric bills for low to moderate income households experiencing a temporary financial crisis.

USF provides credit for utility bills. Call **(732) 982-8710** for further information www.housingall.org for eligibility requirements. Or call Greater Bergen Community Action at **201-968-0200 Ext 7008** or

Bergen County Division of Senior Services/ADRC at 201-336-7400

*Apply Nov 1st thru March 31st

Cooling Assistance Heightened Independence and Progress (hip)

131 Main St., Hackensack, NJ 07601

201-996-9100 ext. 18

Air conditioners can be provided for Bergen County residents. Call for eligibility requirements.

Lifeline Utility Credit Program

Gives a \$225 credit per year on your Public Service bill. Eligibility requirements same as for PAAD program.

**How to Apply: Call PAAD/Lifeline
800-792-9745 or Bergen ADRC**

Division of Senior Services

201-336-7400 or Greater

Bergen Community Action

201-968-0200 Ext 7008

Comfort Partners

Provides energy saving home improvements and energy education programs for low-income customers. Sponsored by Board of Public Utilities - NJ Clean

Financial Benefits & Assistance Cont'd

Energy Program. Eligibility: At or below 225% of the Federal Poverty Guidelines.

How to Apply: Call 888-773-8326 or go to www.njcleanenergy.com

Winter Termination Program (WTP)

Electric or gas utility companies cannot discontinue services to certain households between November 15th - March 15th. Participants in LIHEAP, Lifeline Credit Program, PAAD, SSI, USF are eligible as long as they make a "good faith" payment if possible.

Persons unable to pay their utility bills because of circumstances beyond their control are also eligible.

For information contact Customer Assistance at 800-624-0241.

NJ SHARES

Provides assistance to households in need of help paying their energy bills due to a financial crisis.

800-272-1325 or SUEZ Cares

Water - 888-942-8080.

Applicants must have a history of good-faith payments with their energy company and not be eligible for LIHEAP, USF, TRUE or PAGE programs.

www.njshares.org

Weatherization Assistance Program

Improves energy efficiency with repairs and replacement if necessary.

Eligibility: Households must meet income guidelines below 200% of

Federal Poverty Level.

How to Apply:

Apply thru the LIHEAP or contact Greater Bergen Community Action Weatherization Program at

973-546-1441

www.GreaterBergen.org/home-energy

Verizon New Jersey Communications LifeLine

Low-income residential customers may be eligible to receive discounted local telephone service.

How to Apply: 800-837-4966 or visit www.verizon.com/lifeline

Food

Food Stamps

B.C. Board of Social Services

218 Rt. 17 North
Rochelle Park, NJ 07662

201-368-4200 • www.bcbss.com

Supplemental Nutrition Assistance Program (SNAP) helps low-income people buy food. Eligible to low-income elderly or disabled individuals.

Center for Food Action

192A West Demarest Ave., Englewood

201-569-1804 • cfanj.org

Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. Additional locations throughout Bergen County. Mon.-Fri. 9-5

Jewish Family & Children's Services of No. NJ

1485 Teaneck Road, Teaneck

201-837-9090

The JFCS food pantry is located in Teaneck

Please call **(201) 837-9090** or visit www.jfcsnj.org/market to make an appointment.

Office of Concern - St. Cecilia Church

85 Demarest Ave., Englewood

201-568-1465 • officeofconcern.com

Mon-Thurs. 9-1 Provides food and other basic needs to low-income people of all ages, regardless of religion, race or culture.

Senior Farmers Market Program

1 Bergen County Plaza, Hackensack

201-336-7420

www.co.bergen.nj.us/division-of-senior-services/nutrition

Provides checks to eligible senior participants to buy locally.

Also: Contact houses of worship in your neighborhood to see if they have a food pantry.

Health & Wellness Programs

Englewood Department of Health

73 South Van Brunt Street, Englewood
201-568-3450

Our local public health department provides many services needed to protect and promote health.

The Health Department conducts inspections of restaurants, pools, and other facilities to ensure proper sanitation, and investigates public health nuisance complaints such as trash or rodents. Issues birth, death and marriage/civil union certificates, marriage/civil union licenses and retail food and pet licenses, provides health clinics for children, and health promotion programs for all ages.

B.C. Dept of Health Services

One Bergen County Plaza, Hackensack
201-634-2600

Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing).

Hospitals

Englewood Health

350 Engle Street, Englewood
201-894-3000

www.englewoodhealth.org

Englewood Health is one of New Jersey's leading hospitals and healthcare networks. Composed of Englewood Hospital, the Englewood Health Physician Network, and the Englewood Health Foundation, our health system delivers nationally recognized care in a community setting to residents of northern New Jersey and beyond.

Hackensack Meridian Hackensack University Medical Center

30 Prospect Avenue, Hackensack
201-996-2000

www.hackensackmeridianhealth.org

Acute-care hospital offering a full range of services - near Englewood.

Holy Name Medical Center

718 Teaneck Road, Teaneck
201-833-3000

www.holynome.org

Acute-care hospital offering a full range of services - near Englewood.

New Bridge Medical Center (Formerly Bergen Pines/Bergen Regional)

230 East Ridgewood Ave.
Paramus, NJ 07652
201-967-4000

www.bergenregional.com

Regional hospital providing long term, behavioral health and acute care.

Urgent Care Centers

Englewood Health Urgent Care at Englewood

35 Nathaniel Place
201-222-1234

Englewood Health Urgent Care at Cresskill

46 Union Avenue
201-222-1234

Provides a wide range of medical services in a state of the art facility. Open evenings and weekends. No appointment necessary.

City MD Urgent Care

282 Route 4 (Westbound), Paramus
(551) 222-0800

Walk-in clinic where board-certified doctors treat minor urgent care needs quickly and reliably, 365 days a year.

Chronic Disease & Disability Health Issues

Alzheimer's Disease

Act Now Foundation

830 Bergen Ave, Ste. 8A
Jersey City, NJ 07306

201-721-6721

Raises awareness, provides educational workshops, memory screenings, support groups for caregivers and seniors with early stage dementia, and other resources. Serves Englewood.

Alzheimer's Association

24-hour helpline • **800-272-3900**
Caregiver Information Referral Line •
800-883-1180

For other details visit www.alz.org

Alzheimer Disease Education & Referral Center

800-438-4380

Comprehensive Alzheimer disease information and resources including caregiver skills for behavioral problems and all other information.

www.nia.nih.gov/alzheimers

Alzheimer's New Jersey Northern Regional Office

690 Kinderkamack Rd., Ste100
Oradell, NJ 07649

201-261-6009

Helpline: 888-280-6055

Education, respite care and wellness programs www.alznj.org

Angel Sense Program of the B.C. Sheriff's Office

2 Bergen Plaza, Hackensack
201-336-3540

Personal location monitoring provides rapid response to reduce potential for serious injury for those with Alzheimer's, dementia, autism, Down syndrome and other related disorders.

COPSA Alzheimer's Resource Center

100 Metroplex Dr., Suite 200
Edison, NJ 08817

800-424-2494 or 732-235-8400

Statewide program that includes a dementia clinic and a resource center to help families and caregivers of people with dementia. Institute staff train and provide consultation to geriatric professionals throughout New Jersey.

Holy Name Hospital Asian Dementia Center

718 Teaneck Road, Teaneck, NJ 07666
201-833-3399

Screening, education programs, family support groups.

Other Diseases

Adler Aphasia Center

60 West Hunter Ave., Maywood, NJ
201-368-8585

www.adleraphasiacenter.org

Broad range of programs and activities to assist those with aphasia and their caregivers. Trains health care professionals to improve service delivery to people with aphasia.

Arthritis Foundation N.J.

555 Route 1 South #320, Iselin, NJ
888-467-3112 • www.arthritis.org

Provides information and resources, access to optimal care, advancements in science and community connections.

Cancer

American Cancer Society

20 Mercer Street, Hackensack
201-343-2222

Funds and conducts research, shares expert information, supports patients, and provides information about prevention.

Cancer Care, Inc.

141 Dayton Street #204
Ridgewood, NJ 07450

201-444-6630 • www.cancer.org

Provides counseling, education, support groups, publications, financial assistance and community programs. Serves Englewood.

Cancer Support Community Holy Name Medical Center

201-833-3392

Offers educational workshops and support services to anyone impacted by cancer

Diabetes

American Diabetes Association

800-342-2383

www.diabetes.org

Professional organization that provides research, information, advocacy and support for caregivers.

NJ Chapter-American Heart Association

1 Union Street, Robbinsville, NJ 08691
609-208-0020 • www.heart.org

Information & referral, listing of groups for stroke survivors/families/caregivers and professionals.

HIV/AIDS

Buddies of New Jersey

149 Hudson Street, Hackensack

201-489-2900

www.njbuddies.org

Offers network of support: case management, substance abuse treatment and counseling, housing assistance, dental services, support groups, transportation and food bank.

National Multiple Sclerosis Society

1 Kalisa Way, Paramus, NJ

Chronic Disease & Disability Health Issues Cont'd

201-967-5599
www.nationalmssociety.org
Support groups, information, advocacy, equipment.

Parkinson's Disease
Parkinson's Center at the Jewish Home Family
The Jewish Home Family offers a wide array of services to those living with Parkinson's Disease and their caregivers. From Rock Steady Boxing to outpatient rehabilitation therapies and inpatient staff specially trained in care for those living with Parkinson's - the Jewish Home is running the region's premier Parkinson's Center. For more information email parkinsons@jewishhomefamily.org or call the Parkinson's Support Hotline at **(855) 543-7275**.

American Parkinson Disease Association
New Brunswick, NJ 08901
732-745-7520 • apdanj.org
Provides support services to help those with Parkinson's disease live life to the fullest.

Stroke
National Stroke Association
800-767-6537 • www.stroke.org
Information about stroke and guidance in starting stroke support groups.

Post-Stroke Program, B.C.
Division of Disability Services
One Bergen County Plaza, Hackensack
201-336-6502
Offers several support groups throughout Bergen County, including Englewood.

Sickle Cell Disease
Sickle Cell Disease NJ Chapter
1016 Broad Street, Newark, NJ 07102
973-482-9070

Sickle Cell Disease Association of America
Baltimore, MD
800-421-8453
www.sicklecelldisease.org
Provides information and advocacy.

Dental Services
Bergen Community College
400 Paramus Road, Paramus
201-447-6532
Dental Hygiene Clinic

Hackensack Meridian Health Center for Dentistry
30 Prospect Ave., Hackensack
551-996-2111

Dental clinic provides a comprehensive spectrum of oral and dental services at reduced fees.

North Hudson Community Action
197 S. Van Brunt Street
201-537-4442

Hearing Loss
Hackensack University Medical Center Audiology Department
30 Prospect St, Hackensack, NJ 07601
551-996-5327

Screening, evaluation and treatment.

Hearing Loss Association of New Jersey • Bergen County Chapter
201-995-9594 (Voice)

Provides information about hearing aids, assistive technology, arts access, legal rights, and other topics. Inductive loop assistive listening system and

CART (real-time captioning) available at meetings. www.hearingloss-nj.org

Division of the Deaf & Hard of Hearing
PO BOX 074 Trenton, NJ 08625
800-792-8339 (Voice and TTY) or **609-588-2648**

Information and referral, interpreter and CART (real-time captioning) referral service, advocacy, workshops, assistive listening devices demonstration center. Aims to eliminate barriers and promote increased accessibility to programs, services, and information.

Hearing Aid Assistance to Aged & Disabled
A \$1000 reimbursement to eligible persons who purchase a hearing aid. Eligibility requirements are the same as for the PAAD program.
201-336-7400 or 800-792-9745
Need for hearing aid must be attested by a physician

Mental Health
National Alliance for the Mentally Ill
304 Valley Blvd, Wood-Ridge, NJ
201-635-9595 • www.nami.org

Provides information and support for adults with mental illness and their families; conducts monthly educational seminars.

Bergen County Division of Mental Health Services
1 Bergen County Plaza, Hackensack

201-634-2745
Emergency/Crisis Hotline: 201-262-help (4357)
Contact if you or a family member are experiencing the signs or symptoms of mental health.

Chronic Disease & Disability Health Issues Cont'd

The Defining Moment Foundation
126 Chestnut Street, Englewood
201-731-3250

Jewish Family & Children's Services of North NJ
1485 Teaneck Road, Teaneck
201-837-9090

Licensed therapists work with children, teens, adults, couples, and families to empower them to transform their lives. Our compassionate staff works to address common challenges of personal loss, depression, anxiety, trauma, relationship issues, and other troubling life circumstances.

NJ Self-Help Clearing House
673 Morris Ave-Suite 100
Springfield, NJ 07081
800-367-6274
www.njgroups.org
Database of thousands of self-help support groups and organizations in NJ. Information and referral services as well as training to form self-help groups.

Psychiatric Emergency Screening Program (PSEP)
201-262-HELP (4357)
Emergency assistance. Located at Bergen Regional Medical Center but serves all of Bergen County.

Reachnj.org - Addiction & Recovery
844-732-2465 Toll free 24/7
Addiction and recovery information and resources.

Vantage Health System
93 W. Palisade Ave., Englewood
201-567-0059
Services elders with mental health, addiction, developmental and eldercare challenges.

Vantage Health System/Northern Valley Adult Day Health Center
2 Park Ave, Dumont
201-385-4400, ext 3086

Geriatric Consultation. Evaluation of needs, care options and geriatric counseling if needed.

Uninsured
Bergen Volunteer Medical Initiative
75 Essex St #100, Hackensack
(201) 342-2478 • bvmi.org
Free primary healthcare care for low-income adults without insurance, referrals to specialty care and chronic disease management. Interpreters available.

North Hudson Community Action Corporation • Englewood Health Center
197 South Van Brunt Street, Englewood
201-537-4442 • nhcac.org/
Provides services in Internal medicine, pediatrics, and women's health.

Vision Loss
Bergen Family Center
44 Armory Street, Englewood
201-568-0817
www.bergenfamilycenter.org
Only Adult Day Care program in northern New Jersey that accepts visually impaired clients.

Adjustment to Vision Loss Project Heightened Independence & Progress (HIP)
131 Main Street, Suite 120, Hackensack
201-996-9100

Provides information & referral to services and resources throughout N.J. Peer Support groups meet at several locations in Bergen County.

New Eyes for the Needy, Inc.
549 Millburn Ave., P.O. Box 332
Short Hills, NJ
973-376-4903

Provides prescription eyeglasses to medically indigent, visually impaired, older adults who are N.J. residents. Referrals must be in writing from social service agencies.

www.neweyesfortheneedy.org

NJ State Library Talking Book & Braille Center
2300 Stuyvesant Avenue
Trenton, NJ 08618
800-792-8322 or 609-278-2640
Provides hands-on training in technology and long-term loans of digital audio-book players and audiobooks and has audio news-reading services. All services are delivered to the home without cost.
www.njstatelib.org

NJ Commission for the Blind & Visually Impaired
153 Halsey street 6th floor
Newark NJ 07101
973-648-3333
Education, vocational rehabilitation, social work, health screenings; teaches rehabilitation & independent living skills; referral assistance.

Assistive Technology Center
Johnson Public Library
274 Main Street, Hackensack
201-343-4169 ext. 22
Provides opportunities to learn to use adaptive technologies on iPads and desktop computers for people with visual impairments, age 55 and older.

Houses of Worship

Englewood Hospital Chaplain
350 Engle Street
Englewood
201-894-3228

Shiloh AME Zion Church
129 William Street
Englewood
201-568-5560

Church of Jesus Christ Apostolic
135 Lafayette Pl
Englewood
201-871-3310

Englewood Assembly of God
70 West Ivy Lane
Englewood
2010-567-4576

Baptist
Community Baptist Church of Englewood
224 First Street
Englewood
201-568-6369

Ebenezer Baptist Church
216 4th Street
Englewood
201-569-1156

Englewood Baptist Church
320 Tenafly Road
Englewood
201-569-6648

First Baptist Church of Englewood
351 Englewood Avenue
Englewood
201-568-3410

Genesis Community Baptist Church
215 West Englewood Ave
Englewood
201-568-5505

Mision Bautista Hispana
351 W. Englewood Ave,
Englewood
201-646-4765

Mount Calvary Baptist Church
90 West Demarest Avenue
Englewood
201-567-0113

Mount Olive Baptist Church
181 Warren Street
Englewood
201-569-5092

New Jerusalem Baptist Church
191 1st Street
Englewood
201-816-8839

Charismatic Christian
True Vine Christian Center
50 E. Palisade Ave
Englewood
201-894-9118

Christian Science
Christian Science Church and Reading Room
75 Engle Street
Englewood
201-568-1221

Christian - Multi-Ethnic Metro Community Church
office: 110 West Forest - Unit D
Services: Greico School
50 Durie Ave.
Englewood
201-731-3216

Mision Bautista Hispana
351 W. Englewood Ave,
Englewood
201-646-4765

Church of God
Church of God of Prophecy
192 W. Demarest Ave #2
Englewood
201-871-3750

Episcopal
St. Paul's Episcopal (Anglican) Church
113 Engle Street
Englewood
201-568-3276

New Jerusalem Baptist Church
191 1st Street
Englewood
201-816-8839

Charismatic Christian
True Vine Christian Center
50 E. Palisade Ave.
Englewood
201-567-1636

Korean
Englewood Grace Church
66 West Hudson Avenue
Englewood
201-541-7670

Joy Christian Fellowship
70 West Ivy Lane
Englewood
201-731-3216

Salvation Army Community Church
380 S. Van Brunt St
Englewood
201-503-9400

Yul Bang Mission Church
192 W. Demarest Ave #2,
Englewood
201-421-6446

Episcopal
St. Paul's Episcopal (Anglican) Church
113 Engle Street
Englewood
201-569-7731

Korean Community United Methodist Church
147 Tenafly Road
Englewood
201-816-1284

Jehovah's Witness
Jehovah's Witness Congregation of Englewood
315 W. Palisade Ave.
Englewood
201-816-1284

Mormon - Church of Latter Day Saints

Church of Jesus Christ of Latter Day Saints
62 East Forest Ave
Englewood
201-541-1211

Lutheran
St. John's Lutheran Church
245 Tenafly Road
Englewood
201-567-6266

Methodist
First United Methodist Church
128 West Demarest
Englewood
201-568-1941

Galilee United Methodist Church
325 Genesse Avenue
Englewood
201-567-0009

Muslim
Mehfil-e-Shahe Khorasan
28 Tenafly Road
Englewood
201-567-6577

Orthodox Christian
Antiochian Orthodox Church
358 Mountain Road
Englewood
201-871-1355

Pentecostal
Englewood Church of God in Christ
191 Humphrey St.
Englewood
201-567-3197

Refuge Temple Church of God in Christ

244 Waldo Place
Englewood
201-894-0808

Presbyterian
First Presbyterian Church/ Englewood
150 East Palisades Avenue
Englewood
201-568-7373

Young Nak Presbyterian Church
113 Engle Street
Englewood
201-567-0797

Bethany Presbyterian Church
62 West Palisade Ave.
Englewood
201-567-4132

Roman Catholic
St. Cecilia's Church
55 West Demarest Ave.
Englewood
201-568-0364

Seventh Day Adventist
Community Seventh Day Adventist Church
245 Tenafly Road
Englewood
201-871-6022

Englewood Spanish Seventh Day Adventist
135 Lafayette Pl
Englewood
201-476-1127

Synagogues
Chabad of Englewood

157 Van Nostrand Avenue
Englewood
201-519-7343

Congregation Ahavath Torah
240 Broad Avenue
Englewood
201-568-1315

Congregation Shomrei Emunah
89 Huguenot Avenue
Englewood
201-567-9420

East Hill Synagogue
255 Walnut Street
Englewood
201-569-4008

Kesher-Community Synagogue of Tenafly & Englewood
509 Engle Street
Englewood
201-227-1117

Kol HaNeshamah
113 Engle Street
Englewood
201-816-1611

Unitarian Universalist
Unitarian Universalist Congregation of the Palisades
228 Grand Ave.
Mailing address:
162 Cambridge Ave
Englewood

Housing

B.C. Housing Navigator –

Navigator Notes

Lists affordable housing buildings accepting applications for wait lists. Updated every 4 weeks. www.co.bergen.nj.us/division-of-senior-services; click on "Housing Navigator Notes". To join list, email seniors@co.bergen.nj.us or call **201-336-7400**.

Affordable Rent-Subsidized Properties

Englewood Housing Authority

111 West Street, Englewood
201-871-3451

Preference given to people living or working in Englewood, NJ at their two primary locations:

Vincent K. Tibbs Senior Building:
152 apartments (111 West Street)

Westmoor Gardens: 64 apartments (West Street and Slocum Avenue)

Greater Englewood Housing Corporation

1 Rock Creek Terrace
Englewood, NJ
201-871-0178
270 apartments of various sizes

King Gardens

71 Dubois Ct, Englewood, NJ
201-871-1270

100 apartments of various sizes around the Humphrey & Williams Street area

Up With Housing

70 Jay Street, Englewood, NJ
201-541-8003, 8 apartments

Englewood II

68 William Street, Englewood, NJ
973-282-1100 x5035
32 apartments

Pindle East

270-272 Pindle Avenue, Englewood, NJ
201-342-9523
32 apartments

Council on Affordable Housing (COAH)

Has a few rental units in Englewood
Vivian: 75 Sterling Blvd, Englewood, NJ
201-568-5554

Sign up for wait list updates
www.piazza-and-associates.com/afhousing.php?pa=vivian

Housing Choice Voucher (Section 8)

Englewood Housing Authority
111 West Street, Englewood, NJ
201-871-3451

Call to find out if there is a wait list

N.J Department of Community Affairs (DCA)

Bergen County DCA Field Office
100 First Street, Hackensack, NJ
201-996-8990
www.nj.gov/dca/divisions/dhcr/hc_vouchers.html

Home Improvement, Safety & Repairs

(See Home Safety Checklist on page 54-55)

***NOTE: Fire Department (201-871-6696) or Police Department (201-568-2711)**
may offer free home safety programs. Call to find out.

Home Improvement Loan

Bergen County Community Development
One Bergen County Plaza, 4th Floor,

Hackensack • 201-336-7200

Provides resources to rehabilitate existing homes. Eligibility is based on income, family size and type of improvement. The homeowner may be eligible for deferred loan for eligible home improvements.

Home Modifications/Home Repair

Heightened Independence & Progress (HIP)

131 Main Street, Suite 120, Hackensack
201-996-9100
Assists with adaptive equipment, and barrier-free home renovation projects- ramps, etc.

Chore Volunteer Handyman Service • Bergen Volunteers

64 Passaic Street, Hackensack
201-489-7790

Minor household repairs without charge (except for materials).

Greater Bergen Community Action 973-910-2500

Weatherization Assistance Program:
Free program that improves energy efficiency of homes by providing insulation, weather stripping, new windows or doors, work on heating systems or water heaters, energy efficient refrigerators, etc.

Lead Remediation Program:
Free program tests homes built prior to 1978 for the presence of lead due to lead based paint. If lead is detected it will be remediated using special techniques, materials and containment methods.

Habitat for Humanity of Bergen County

121 Carver, Westwood, NJ
201-457-1020
Provides critical home repairs and accessibility modifications at no or minor

Housing Cont'd

Rental Assistance & Tenant Services
Fair Housing Council
131 Main Street, Hackensack, NJ 07601
201-489-3552 or 201-489-4692
Provides counseling for the buyer or renter; legal counseling in connection with discrimination complaints; foreclosure counseling.

Rebuilding Together North Jersey

PO Box 1389 Ridgewood, NJ 07451
201-447-8886

Provides critical home repairs and accessibility modifications and installs smoke alarms and carbon monoxide detectors at no cost for low-income homeowners or anyone with a disability.

Safely@Home – Home Improvements/Repairs

Jewish Home at Home in partnership with Brad-Core

10 Link Drive, Rockleigh, NJ 07547
201-518-1175

Subscription-based service providing a single point-of-contact for needed repairs and modifications. Member of the Jewish Home Family.

Home Valuation

Eileen O'Driscoll/Century 21 Concept 100
201-385-7100. or 201-220-0579

eileen.odriscoll@century21.com
FREE service to evaluate the value of your home and how much equity you have invested in it.

Income Tax Assistance

AARP Foundation Tax-Aide

Toll-free: 888-687-2277
Toll-free TTY: 877-434-7598
Email: taxaide@aarp.org

Bergen Volunteers Volunteer Income Tax Assistance (VITA)

Call 201-489-9454 or 2-1-1 to make appointment.

Greater Bergen Community Action

• **Bergen County Housing Coalition**
294 Union Street, Hackensack
201-488-6767 or 201-488-5100
Provides tenant outreach, legal guidance, information and referral, workshops, speakers.

Homeless Prevention Program

201-488-5100
May pay back utility bills or rent (arrears); security deposit or first month's rent payment in order to obtain new rental housing.

Shared Housing

Women's Rights Information Center • Shared Housing Program
108 West Palisade Avenue, Englewood
201-568-1166
Personalized service that matches those who are looking for housing with those who are looking to share their home or apartment.

Information & Referral

BergenResourceNet

www.bergenresourcenet.org

Bergen County's mobile and social media friendly, online directory of wellbeing-related programs, events, services, groups, webinars, and other types of resources for your family. Each page can be translated into multiple languages and is printable. It is the fastest way to find the community resources that provide natural supports to families – keeping them connected to their communities.

Aging & Disability Resource Connection (ADRC)

Bergen County Division of Senior Services

One Bergen County Plaza, Hackensack

201-336-7400

www.co.bergen.nj.us/division-of-senior-services

Helps older adults, individuals with disabilities over the age of 18, and their caregivers, access the complex, long-term care, community-based, health and human services.

NJ 2-1-1

Dial 2-1-1 or 1-877-652-1148

1-877-746-5211 (from a rotary phone)

TTY - dial 973-602-7680

www.nj211.org

Information and referral about a broad range of health, human services, community resources, government assistance and emergency services; call or go online anytime 24/7/365.

National Council on Aging

www.ncoa.org

Information and resources on a broad range of issues related to aging.

National Institute on Aging

National Institutes of Health

www.nia.nih.gov/about

Leads broad scientific effort to understand nature of aging and to extend the healthy, active years of life. NIA is the primary Federal agency supporting and conducting Alzheimer's disease research.

Grooming Services

In-home care by licensed barbers and hairstylists at the homes of those who have trouble making the trip to a conventional barbershop or hair salon. The services listed below provide service in Englewood and will give you a price over the phone in advance.

Cuts USA

195 Valley Blvd.
Woodridge, NJ 07075

201-939-7979 or 201-737-3394

Will provide grooming care in the home. Call for an appointment and cost estimate.

MobileSalon.com

1-855-561-4247

We are a professional mobile hair salon company, providing licensed and insured stylists, that offer services for men and women at their home, or event/hotel location.

Home Care Services

There are many home care agencies serving Englewood. The following organizations accredit home care agencies.

Accreditation Commission for Health Care, Inc.

(855) 937-2242

www.achc.org

Commission on Accreditation for Home Care

(201) 880-9135

www.cahcnj.org

Community Health Accreditation Program

(212) 363-5555 or

(800) 669-1656, ext. 242

www.chapinc.org

Commission on Accreditation for Home Care

154 South Street, New Providence, NJ

(201) 880-9135 • www.cahcnj.org

There are many home care agencies in and near Bergen County. This organization lists Accredited Agencies in good standing that service Bergen County.

CHEER Program

Bergen Volunteers

64 Passaic St, Hackensack, NJ

201-489-9454, ext. 203

This program provides a helping hand with grocery shopping and errands.

Jewish Home @HomeCare

Private duty aides at home or in facilities across Bergen County; offers skilled nursing services and fully vaccinated personnel. Email homecare@jewishhomefamily.org or call 201-518-1173 for more information.

Meals on Wheels

Programs that provide delivery of meals to Englewood residents.

Bergen County Division of Senior Services

Meals on Wheels Program

One Bergen County

Hackensack, NJ 07601

201-336-7420

Eligibility: Bergen County resident age 60+ who is homebound and unable to shop and/or prepare a nutritious meal for himself/herself, who receives in-home assistance for no greater than 4 hours per day, and who does not require a special diet.

Kosher Meals on Wheels

Jewish Family & Children's Services of Northern New Jersey

1485 Teaneck Road, Teaneck
JFCS delivers Kosher Meals-on-Wheels to homebound seniors and disabled individuals. Please call **201-837-9090** to register.

Moms Meals

1-877-508-6667

Fresh made meals delivered to clients. Special diet menus available.

In-Home Physician Services

Community House Call Providers

196 Jewett Avenue
Jersey City, NJ 07304

201-536-9000

Provides medical care to patients with difficulty getting out of their homes. Nurse practitioners make house calls under a physician's supervision. Medicare covers 80% of the cost.

www.communityhousecallproviders.org

DispatchHealth:

www.request.dispatchhealth.com

Brings professional, same-day healthcare to your door. Accepts most insurance, including Medicare and Medicare Advantage. **If emergency, dial 911**

Bergen Geriatric Care

201-387-2003

Provides in-home and in-office primary care, televisits, simple procedures, preventive and annual vaccines, comprehensive cognitive assessments and annual wellness checks.

Visiting Physician Services, member of VNA Health Group

23 Main Street, Suite D1

Holmdel, NJ 07733

732-571-1000

continued

In-Home Services Cont'd

Specializes in treating adult and geriatric homebound patients; makes house calls to private residences, senior housing buildings and assisted living facilities. Provides service in Bergen County.

Telephone Reassurance & Friendly Visitors

Good Morning Englewood

A service provided by the Englewood Police and Fire Departments in which an

officer calls an individual every morning up to two times. If no answer, Emergency Medical personnel will respond to the home. **Enroll by calling the Fire Department 201-871-6694**

Bergen County Wellness Check Program • 201-336-7400

A daily electronic phone call will be made at a self-designated time. If the system cannot make contact, a call will be placed to designated family

or friends. Available free of charge to Bergen County residents over the age of 60, homebound or disabled.

Jewish Family & Children's Services of Northern NJ

1485 Teaneck Rd., Teaneck
201-837-9090

Matches homebound seniors with volunteers who provide weekly telephone reassurance calls.

Legal Assistance

Bergen County Bar Association, Inc.

15 Bergen Street, Hackensack, NJ 07601
201-488-0044. Referrals to lawyers.

Community Mental Health Law Project

1 Bergen County Plaza, 4th Fl, Hackensack
201-634-2762

Legal and Advocacy for the mentally ill. **Monday through Friday 9:00am - 4:30pm, by appointment**

Legal Services of New Jersey

888-576-5529

Provides advice and brief service over phone and possibly referrals.

Mon.-Fri. 8:30am - 5:30pm
www.lsnjlawhotline.org
www.lsnj.org

NJ Protection and Advocacy

210 South Broad Street, 3rd Fl
Trenton, NJ

800-922-7233

Consumer organization serving New Jersey designated protection and advocacy system for disabilities with mental illness, social security beneficiary

benefits, rehabilitation services, health care, and insurance matters.

Northeast NJ Legal Services - BC Division • Senior Law Project

190 Moore Street, Suite 100, Hackensack
201-487-2166

Provides free legal services for seniors age 60+ of low income. Provides information on legal rights and entitlements, legal counseling, and education.

Monday through Friday 8:30am - 5:00pm • Intake: Monday through Friday 8:30am - 12:00pm

LGBTQ Resources

Bergen County LGBTQ+ Alliance Monthly Senior Event

In-person 2nd Tuesday every month 11:30 AM Rutherford Pancake House 40 Park Ave., Rutherford, NJ And via Zoom 3rd Friday every month 11:30 AM. **Email for link:** nick@bergencountylgbtq.org

Garden State Equality

40 S. Fullerton, Montclair, NJ 07042
973-509-5428

www.gardenstateequality.org
Statewide advocacy and education for the lesbian, gay, bisexual and transgender community.

GLARP - Gay & Lesbian Association

of Retiring Persons, Inc.

310-722-1807 or 310-477-0707
gaylesbianretiring.org

Nonprofit that calls attention to the aging issues in the LGBTQ community.

Lambda Legal

212-809-8585

National LGBT legal help center.

LGBTQ Resources Cont'd

Prime Timers

P.O. Box 1073, Sparta, NJ 07871
973-727-5174

www.meetup.com/New-Jersey-Primetimers/

Social organization that ensures that mature gay and bisexual men have a rich and pleasurable social life with other like-minded men.

SAGE -Services and Advocacy for GLBT Elders

Elder Hotline - 888-234-SAGE

Hotline for LGBT elders in need of peer counseling, information and local resources.

SAGE NJ-Services & Advocacy for GLBT Elders

32 Jones Street, Jersey City, NJ 07306
201-963-4779

www.hudsonpride.org

Men's/women's group where people meet and enjoy each others company. Discussions, guest speakers, video nights an outings.

LGBT Houses of Worship

(in or near Englewood) Church of the Atonement - Episcopal

97 Highwood Ave, Tenafly
www.atonement-tenafly.org/

St Mark's Church - Episcopal

118 Chadwick Road, Teaneck
www.stmarksteaneck.org

St. Paul's Church - Episcopal

113 Engle Street, Englewood
201-568-3276 • www.welcome.stpaulsenglewood.org

St Paul's Lutheran

61 Church Street, Teaneck NJ
www.stpaulsteaneck.org

Unitarian Universalist Congregation of the Palisades

228 Grand Avenue, Englewood
201-568-5540

Long Term Care Services

Care Management

One-stop service planning for older adults and people with a disability. Comprehensive assessment of needs and assistance with linkage to programs and services.

Bergen Family Center

44 Armory Street, Englewood
201-568-0817 ext. 127
www.bergenfamilycenter.org

Catholic Charities-Older Adult Services

57 Pink Street, Hackensack
201-441-9421 • www.ccannj.org

Friends of Grace Seniors Korean

Community Center
100 Grove Street, Tenafly
201-541-1200 • www.kccus.org

Heightened Independence & Progress (HIP)

131 Main Street, Suite 120
Hackensack

201-996-9100 www.hipcil.org

For people with disabilities of all ages.
www.hipcil.org

Jewish Family & Children Services of No. NJ

1485 Teaneck Road, Teaneck
201-837-9090 • www.jfcnnj.org

Aging Care Association

Care Management National Organization
3275 West Ina Road Suite 130
Tucson, Az. 85741

520-881-8008

www.aginglifecare.org

Mental Health Service for Care Management • 201-848-5220

Long Term Care Services Cont'd

Adult Day Care Programs

These programs provide multiple health/social services in a congregate setting, enhancing the daily lives of participants and enabling their continued involvement in the community. These facilities provide a segment of time during the day or evening for the family/caregivers to engage in activities suitable to their personal needs. Transportation may be available.

Bergen Family Center

44 Armory Street, Englewood

201-568-0817

Social day care for the frail elderly.

Day Away Holy Name Medical Center

725 Teaneck Road, Teaneck

201-833-3757

Medical Adult Day Care

Vantage Health System/Northern Valley Adult Day Health Center

2 Park Ave, Dumont, NJ

201-385-4400, ext 3086

Medical Adult Day Care

Assisted Living, Residential Health Care Facilities and Nursing Homes

Check out "Selecting a Long-Term Care Setting - A Guide for New Jersey Consumers" www.state.nj.us/humanservices/doas/home/ltcguide.html. For information on long-term health care facilities in New Jersey go to www.medicare.gov and www.state.nj.us/health

Quality of Care Issues

NJ Long -Term Care Ombudsman

P O Box 852, Trenton, NJ 08625

877-582-6995

Promotes & protects the rights, health, safety and welfare of seniors, age 60+ and in healthcare facilities (nursing homes, residential healthcare facilities, etc.) investigates specific complaints.

Nursing Home Volunteer Advocacy Program

Trained volunteers advocate for residents, providing socialization and help with any concerns about their personal situation and care.

www.nj.gov/ooie/home/volunteerprogramdescript.html

Assisted Living (in or near Englewood)

Actor's Fund Home

155-175 West Hudson Ave., Englewood

201-871-8882

Retired Theatrical Persons/Multi-Level Facility/Connected with a nursing home.

Bright Side Manor

300 Teaneck Road, Teaneck

201-692-1000

Licensed Comprehensive Personal Care Home that provides assisted living services to people 60 and older of all income levels. Accepts Medicaid without a private pay spend-down period.

www.brightsidemanor.org

Brightview

55 Hudson Avenue, Tenafly

201-510-2060

The Bristal Assisted Living

412 South Van Brunt, Englewood

201-903-9141

Assisted living and specialized dementia care in a luxurious setting. Features an outdoor terrace, putting green, fitness center, cinema, full activities calendar, and many other services.

Five Star Premier Residences of Teaneck

655 Pomander Walk Street A, Teaneck

201-836-3634

Jewish Home Assisted Living

Kaplen Family Senior Residence

685 Westwood Ave.

River Vale, NJ 07675

201-666-2370

Glatt Kosher community and non-sectarian community open to all seniors regardless of race, religion, and national origin. Connected with a nursing home.

Sunrise Assisted Living

3 Tenakill Park E., Cresskill

201-871-0300

Vantage Health System/Northern Valley Adult Day Health Center

2 Park Ave, Dumont, NJ

201-385-4400, ext 3086

Medical Adult Day Care

Residential Health Care Facilities

Residential Health Care Facilities are licensed by the State. Licensed physician must certify that the resident does not have medical or personal care needs which exceed the level of services provided.

Provides a home-like atmosphere, while maintaining continuous supervision of health care and daily activity needs.

Licensed Residential Health Care Facilities provide the following services: (1) 24-hour supervision; (2) Provision of Assistance with personal hygiene, management of funds for clothing and other purchases and supervision of all medication; (3) Health Maintenance and Monitoring Services include assessment of medical, social, and health history needs and corresponding plans to meet those needs. (Registered Nurse); (4) dietary services; (5) arrangement for activity participation in and outside the facility.

Buckingham at Norwood

100 McClellan Street, Norwood, NJ 07648

201-768-6222

Five Star Premier Residences of Teaneck

655 Pomander Walk, Teaneck, NJ 07666

201-836-3634

Facilities for People with Alzheimer's or Dementia

Memory Care Living at Cresskill

248 Madison Avenue

Cresskill, NJ 07626

201-368-7070

Care One At Teaneck

544 Teaneck Rd., Teaneck

201-862-3300

Medicare/Private Pay

County Manor Health Care & Rehabilitation

133 County Road, Tenafly

201-567-7800

Medicare/Medicaid/Private Pay

The Actor's Fund Home

155 West Hudson Avenue, Englewood

201-871-8882

For retired theatrical persons. Medicare/Medicaid/Private Pay

Inglemoor Center

333 Grand Avenue, Englewood

201-568-0900

Medicare/Medicaid/Private Pay

New Bridge Medical Center

230 E. Ridgewood Avenue, Paramus

201-967-4170

Medicare/Medicaid/Private

Jewish Home at Rockleigh Nursing Home and Rehabilitation Center

10 Link Drive, Rockleigh, NJ

201-784-1414

Medicare/Medicaid/Private

Buckingham At Norwood

100 McClellan Street, Norwood, NJ

201-768-6222

Dedicated unit for Korean patients. Medicare/Medicaid/Private Pay

Teaneck Nursing Home

1104 Teaneck Road, Teaneck

201-833-2400

Medicare/Medicaid/Private

Care One At Cresskill

221 County Road, Cresskill

201-567-9310

Medicare/Private Pay

*NOTE:

- Some nursing homes provide respite beds/short stay services on a temporary basis. Call individual nursing homes to inquire.

- Some nursing homes provide hospice beds. Call individual nursing homes to inquire.

Hospice Service/End of life

Home Care & Hospice

Association of NJ

485D route 1 South, suite 210
Iselin, NJ 08830

732-877-1100

www.homecarenj.org

info@homecarenj.org

Englewood Health

Home Care & Hospice Services provided through Visiting Nurse Association, which is headquartered in Englewood
800-862-3330

Holy Name Medical Center

Home Care Hospice Unit

718 Teaneck Rd, Teaneck

201-833-3188

Nonprofit Organizations

In Englewood

Actors Fund Home (Lillian Booth Actors Fund Home)

155-175 West Hudson Ave.

201-871-8882

Assisted living, skilled nursing care facility; provides a comfortable living environment for entertainment professionals on six acres of property.

Arts Horizons

Grand Avenue, Suite 7, Englewood

201-567-1766

Since 1978, Arts Horizons has been committed to making the performing, visual, literary, and media arts and artistic expression equitable and accessible to diverse people of all ages and abilities. Provides arts workshops/residencies to schools (during and after), senior centers, summer camps, and more.

Artworks - The Naomi Cohain Foundation

96 Engle Street

201-608-0146

Provides children and young adults facing chronic and life-limiting illnesses, and their families, access to empowering and expressive art programs.

Bergen Family Center

44 Armory Street

201-568-0817

Provides vital services to families, older adults, teens and toddlers; provides counseling and resources to help families manage challenges and improve the quality of their lives.

Bergen Performing Arts Center (BergenPAC)

122 South Van Brunt St. • **201-227-1030**

A non-profit regional theater, Bergen Performing Arts Center (bergenPAC) presents more than 175 shows a year. To enhance the quality of life, bergenPAC provides free tickets to organizations serving individuals who otherwise would be financially unable to experience the live performing arts.

Since 2016, the Arts Access Initiative has granted over 35,000 such tickets, primarily to seniors.

Calvary Cares Community Development Corp

90 W. Demarest Ave.

201-568-2000

Develops partnerships with public and private entities to improve the quality of life for residents.

Center for Food Action

192A West Demarest Street, Englewood

201-569-1804

Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. Additional locations in Bergen County.

North New Jersey Chamber of Commerce

2-10 N. Van Brunt St.

201-567-2381

Promotes business growth and community development. Serves as the voice of Englewood; facilitates networking and marketing opportunities; coordinates calendar of community events; and hosts a community website (englewoodnj.org) for businesses and visitors throughout the region.

Community Chest

122 South Van Brunt St.

201-568-7474

Strengthens the Eastern Bergen County community through partnership, leadership and philanthropy.

Englewood Health

350 Engle Street, Englewood

201-894-3000

www.englewoodhealth.org
Englewood Health is one of New Jersey's leading hospitals and healthcare networks. Composed of Englewood Hospital, the Englewood Health Physician Network, and the Englewood Health Foundation, our health system delivers nationally recognized care in a community setting to residents of northern New Jersey and beyond.

Englewood Volunteer Ambulance Corps. • South Van Brunt (next to Police station)

201-569-7962

Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians and First Responders.

Flat Rock Brook Nature Center

443 Van Nostrand Avenue

(201)567-1265

150-acre preserve and environmental education center situated on the western slope of the Palisades.

Friends of John T. Wright Arena

Mackay Park. • **201-568-3133**

Helps to improve the facilities of Englewood's only ice-skating rink and ensures programming that serves the city's residents.

Nonprofit Organizations Cont'd

Northern NJ Community Foundation

1 University Plaza Drive, Suite 128
Hackensack

201-568-5608

Promotes collaborative problem-solving in the fields of Education, Civic Engagement, Philanthropy, the Arts, Public Health and the Environment.

Office of Concern Food Pantry

St. Cecilia's Church
55 W. Demarest Ave

201-568-1465

Dedicated to serving the invisible poor in our area.

Planned Parenthood of Central & Greater North Jersey

46 No. Van Brunt Street.

201-894-0966

Provides high quality, affordable reproductive health care.

POP - Prevention Opportunity Preparation

201-528-3830

Email: contact@nthemeantime.net

POP empowers individuals, youth and families to end debilitating cycles of poverty. Advocates for seniors and assists in completing applications for affordable housing in and around Bergen County. Also provides older adults and caregivers with links to resources.

Southeast Center for Independent Living (SESCIL)

228 Grand Avenue

201-569-4080. • sescil.com

Provides myriad services for adults 55+, including programs that exercise body

and mind. Only local senior center that provides such medical services as podiatry, dentistry and chiropractor.

St. Paul's After School Choir Program

113 Engle Street.

201-568-3276

Tuition-free professional choral training, voice and piano lessons, leadership development, academic tutoring, and mentoring to children and teenagers.

The Defining Moment Foundation

126 Chestnut Street

201-731-3250

Dedicated to the prevention of substance abuse.

Vantage Health System

93 W. Palisade Ave., Englewood

201-567-0059

Services elders with mental health, addiction, developmental and eldercare challenges.

Visiting Nurse Association (VNA)

15 Engle Street

800-862-3330

Provides home health and hospice care in partnership with Englewood Health.

Vincent K. Tibbs Child Development Center

183 William St.

(201) 568-3937

West Side Infant Teen Program

192 West Demarest

201-458-2571

Provides child care and counseling services to teen mothers and their families.

Women's Rights Information Center

108 W. Palisade Ave

201-568-1166

Provides extensive services in employment and career development as well as assistance with affordable housing, peer counseling, legal consultations and appropriate referrals.

YWCA Northern New Jersey

Hackensack (main office)

201-444-5600 x 400

Offers wellness workshops, fitness classes and events to help our seniors and the community get healthier and connect with others.

Transportation

Access Link
1-800-955-2321

Hearing Impaired:
1-800-772-2287

24-hrs access: 973-275-5555

A service of NJ Transit that provides curb-to-curb transportation to eligible people with disabilities located within 3/4 mile from bus routes. Reserve in advance.

American Cancer Society
20 Mercer Street, Hackensack
201-343-2222 or 201-457-3418
Transportation for cancer patients

Bergen County
Community Transportation
178 Essex St, Lodi, NJ 07644
201-368-5955
Provides door-to-door scheduled transportation for elderly and frail residents of Bergen County.

EZ Ride - Ryde4Life
144 Park Place East
Wood-Ridge, NJ 07075
201-939-4242
www.ezride.org

Offers transportation in partnership with Uber and Lyft to individuals over 50 years old on weekdays from 8 am to 5 pm. No smartphone is necessary. Subsidies may be available.

Also: Check with your local religious organizations. They may provide transportation services.

GoGoGrandparents
855-464-6872
gogograndparent.com

Offers Uber and Lyft transportation to individuals over 50 years old anytime 24 hours/day. No smartphone is necessary. Subsidies may be available.

NJ Find A Ride
www.njfindaride.org

Information service that finds agencies that provide transportation.

NJ Transit Reduced Fare Program
973-491-7112
www.reducefare@njtransit.com

Seniors or people with disabilities are eligible to pay no more than one-half the regular one-way fare on all interstate busses, rail routes, and most interstate bus and rail routes into adjacent states (NY and PA).

Lyft
www.lyft.com/cities/new-jersey-nj
On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card.

Uber
www.uber.com
On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card.

Driver Safety Programs

AARP Driver Safety Course
www.aarpdriversafety.org

Online course enhances driver safety and may lower the cost of automobile insurance.

Driver Evaluation Program of The Jewish Home Family
Email:
driving@jewishhomefamily.org
201-518-1174

Can assess driving abilities and recommend adaptive equipment to maximize safety. Open to people of all faiths.

Veterans Services

United States Department of Veterans Affairs
151 Knollcroft Road, Lyons, NJ 07903
908-647-0180

Division of Veterans Services
One Bergen County Plaza, Hackensack
201-336-6325
Advises, guides, and assists Bergen County veterans and their dependents on the many veterans programs, services, and entitlements.

Veterans Affairs Benefits Administration (Regional Office)
20 Washington Place
Newark, NJ 07102
800-827-1000
Federal benefits for veterans and dependents. Call to inquire about services/benefits.

Veterans Health Benefits N.J. Veterans Administration Health Care System
800-315-7909
Call toll-free for information and application packet. The VA Hospital is located in East Orange.
VA Healthcare Enrollment (New Jersey)
888-954-3553

Veterans Affairs Clinic
385 Prospect Avenue, Hackensack
201-342-4536

Veterans Memorial Home Paramus
1 Veterans Drive, Paramus
201-634-8200

Community Transportation for Veterans
178 Essex Street, Hackensack
201-368-5955
Transportation services to VA hospitals and Veteran health care sites.

Veteran Employment Federal Positions
www.usajobs.gov
www.fedshirevets.gov
www.vaforvets.va.gov

Financial Assistance for Homebound Veterans
Aid and Attendance and Housebound Benefits Newark Regional Office
20 Washington Place, Newark, NJ 07102
800-827-1000
www.veteranaid.org www.veteranaidbenefit.org www.vba.va.gov

Property Tax Exemption for Disabled Veteran Tax Office-City Hall
2-10 North Van Brunt St. Englewood
201-871-6607
Full exemption from property taxes on a principal residence for certain totally and permanently disabled war veterans and their unmarried surviving spouses or partners.

Senior Veterans Tax Freeze
800-882-6497
Apply through the State of New Jersey

Veterans Deduction on Property Taxes
Englewood Tax Office
2-10 North Van Brunt St., Englewood
201-871-6607
Annual deduction of up to \$250 from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses.

Legal Services for Veterans
Northeast New Jersey Legal Services
190 Moore Street-Suite 100, Hackensack
201-487-2166
www.northeastnjlegalservices.org
Provides legal services to low-income and homeless veterans in the areas of health, housing, public benefits, consumer rights and employment.

Volunteer Services

In or Near Englewood

Bergen Volunteers

64 Passaic St., Hackensack

201-489-9454

*Engages volunteers to meet community needs. Online database matches prospective volunteers with hundreds of volunteer positions in Englewood and other communities in Northern N.J. The Center's **Redefining Retirement** program focuses exclusively on helping those who are retired find meaningful volunteer positions.*

www.bergenvolunteers.org

Englewood Volunteer Ambulance Corps.

South Van Brunt

(next to Police station)

201-569-7962

Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians/First Responders.

Jewish Family & Children's Services of Northern NJ

1485 Teaneck Road, Teaneck

201-837-9090

Seeks volunteers for several varied and interesting positions.

RSVP focuses on volunteers age 55+

www.jfcnj.org

North Jersey Villages

201-888-7736

North Jersey Villages is a member of the Village to Village Network.

www.vtvnetwork.org *Intergenerational volunteers share their expertise and talents to develop neighborhood networks that foster friendships, exciting opportunities, and practical help for older adults who are choosing to age at home in Bergen County. Find out more at www.northjerseyvillages.org*

Note: Most of the Nonprofits listed on pages 28-30 engage volunteers. Call for information about volunteering with them.

HOME SAFETY CHECKLIST:

How Well Does Your Home Meet Your Needs?

Steps/Stairways/Walkways

Yes / No

- / Are they in good shape?
- / Do they have a smooth, safe surface?
- / Are there handrails on both sides of the stairway?
- / How about light switches at the top and bottom of the stairs?
- / Is there grasping space for both knuckles and fingers on railings?
- / Are the stair treads deep enough for your whole foot?
- / Would a ramp be feasible in any of these areas if it became necessary?

Floor Surfaces

Yes / No

- / Is the surface safe?
- / Nonslip?
- / Any throw rugs or doormats that might slip underfoot?
- / Is carpeting loose or torn?
- / Are there changes in floor levels?
- / If so, are they obvious or well marked?
- / Do you have to step over any electric, telephone, or extension cords?

Driveway and Garage

Yes / No

- / Is there always space to park?
- / Is it convenient to the entrance?
- / Does the garage door open automatically?

Windows & Doors

Yes / No

- / Are windows and doors easy to open and close?
- / Are locks sturdy and easy to operate?
- / Do doorways accommodate a walker or wheelchair?
- / Can you walk through the doorways easily?
- / Is there space to maneuver while opening and closing doors?
- / Does the front door have a view panel or peephole at the right height?

Appliances/Kitchen/Bath

Yes / No

- / Is the room arranged safely and conveniently?
- / Do the oven and fridge open easily?
- / Are stove controls clearly marked and easy to use?
- / Is the counter the right height and depth?
- / Can you work sitting down?
- / Are cabinet doorknobs easy to use?
- / Are faucets easy to use?
- / Do you have a hand-held shower head?
- / Are the items you use often on high shelves?
- / Do you have a step stool with handles?
- / Can you easily get in and out of the tub or shower?
- / Do you have a bath or shower seat?
- / Are there grab bars where needed?
- / Is the hot water heater regulated to prevent scalding or burning?

Lighting/Ventilation

Yes / No

- / Are there enough lights, and are they bright enough?
- / Do you have night lights where needed?
- / Is area well ventilated?

Electrical Outlets/Switches/Alarms

Yes / No

- / Can you turn switches easily on and off?
- / Are outlets properly grounded to prevent a shock?
- / Are extension cords in good shape?
- / Do you have smoke detectors in all key areas?
- / Do you have an alarm system?
- / Is the telephone readily available for emergencies?
- / Does the telephone have volume control?
- / Can you hear the doorbell ring all throughout the house?

Problems and Ideas

Summary of Transportation Options (on pgs 40)

Organization	Phone	Website	Email	Description	When Provided	Cost
Bergen County Community Transportation	201-368-5955	co.bergen.nj.us/554/Community-Transportation	N/A	Provides a safe, trouble-free, scheduled transportation system for persons with disabilities, seniors, and frail residents of Bergen County.	Call to schedule at least 10 days in advance. Operates 8:30-4:30 but can make arrangements for earlier, later and weekend appointments or activities.	<i>No charge; donation requested.</i>
GoGoGrandparent	855-464-6872	gogograndparent.com	support@gogograndparent.com	On demand transportation services by Uber and Lyft accessible with a land line telephone.	Available on demand 24 hours/day, 7 days/week, 365 days/year. Car usually arrives within 10 minutes.	<i>Uber and Lyft fares plus a small fee.</i>
ITN North Jersey	201-398-6885	itnnorthjersey.org	info@itnnorthjersey.org	Provides a community-based, quality transportation service for seniors age 60+ and adults with visual impairments; drivers are screened and trained volunteers.	Provides rides in cars of volunteers 24 hours/day, 7 days/week, 365 days/year. Schedule at least a day in advance. Service depends on availability of volunteer drivers.	<i>Membership fee plus per-ride charge; discounts may be available</i>
NJ Transit	973-275-5555	njtransit.com	N/A	Provides scheduled bus, rail and light rail services throughout New Jersey. Comprehensive point-to-point information easily available online or by telephone.	Scheduled service. Check the schedule for a particular bus or train to determine exact timing and location.	<i>Discount available for those age 62+ or people with disabilities. Call for details.</i>
NJTIP@Rutgers	848-932-4499	njtip.rutgers.edu	njtip_info@njtip.rutgers.edu	The New Jersey Travel Independence Program (NJTIP)@ Rutgers help increase the independence and self sufficiency of people with disabilities, older adults and others by empowering them to use the public transit system safely and independently. Provides instruction for groups or one-on-one.	Scheduled programs in advance. Workshops are offered at times mutually convenient to the individual or the organization requesting the program.	<i>No Charge</i>
Ryde4Life	866-208-1347	Ezride.org	Ryde4life@ezride.org	Provides rides with Uber and Lyft for individuals over 30 years old throughout New Jersey and is offered all working days from 8am to 5pm.	Rides can be scheduled in real time or in advance. Service is available from 8am - 8pm on work days (no evenings, weekends or holidays).	<i>Mebership fee plus per-ride charge</i>

Index

AARP Driver Safety Course	40	Antiochian Orthodox Church.....	29
AARP Foundation Aid	31	Arbor Terrace of Teaneck.....	36
AARP Grief & Loss Program	13	Area Agency on Aging	9
AARP NJ.....	10	Arthritis Foundation N.J.....	25
Absolute Insurance Management	21	Arts For Life-NJ	10
Access Link.....	40	Arts Horizons	10,38
Accreditation Commision for Health Care	33	Artus Park.....	11
Act Now Foundation.....	25	Artworks - The Naomi Cohain Foundation.....	38
Activities in or near Englewood	10	Assisted Living Facilities	36
Actor's Fund Home	36,37,38	Assistive Technology.....	27,32
Addiction and Recovery/Reachnj.org.....	27	Assistive Technology Center Johnson Public Library	27
Adjustment to Vision Loss Project.....	27	Baptist Churches.....	28
Adler Aphasia Center	14,25	Bay Alarm Medical Alert.....	32
ADRC-Aging & Disability Resource Connection	9	B. C. Housing Navigator	30
Adult Care Brief Bank/Kaplen JCC on the Palisades	18	Bereavement Services.....	13
Adult Continuing Education	12	Bergen Co. Div. of Mental Health Services.....	26
Adult Day Care Programs	36	Bergen Community College.....	12,26
Adult Protective Service	15,19	Bergen County Agencies & Services.....	19
Adult Reach Center /Kaplen JCC on the Palisade	15	Bergen County Animal Shelter	18
Advance Housing Inc.....	31	Bergen County Bar Association, Inc.....	34
Affordable Rent-Subsidized Properties.....	30	Bergen County Board of Social Services	9,21
Aging & Disability Resource Connection (ADRC)	32	Bergen County Community Transportation	40
Aging Care Association Care Management.....	35	Bergen County Department of Health Services.....	9,24
Aid and Attendance and Housebound Benefits	41	Bergen County Division of Senior Services	9,31,33
Alternatives to Domestic Violence	19	Bergen County Division on Disability Services.....	9
Alzheimer 's Association	25	Bergen County Division of Mental Health Services.....	26
Alzheimer's New Jersey	14,16,25	Bergen County Housing Coalition	31
Alzheimer Disease Education & Referral Center	25	Bergen County Jail	18
Alzheimer's or Dementia Homes	37	Bergen County LGBTQ Alliance	34
American Cancer Society.....	25,40	Bergen County Office of Emergency Management	19
American Diabetes Association	25	Bergen County Senior Lunch Program	12
American Heart Association	25	Bergen County Shelter	19
American Medical Alerts	32	Bergen County Wellness Check Program.....	34
American Medical ID	32	Bergen County's United Way Compassion Fund	19
American Parkinson Disease Assoc	26	Bergen Family Center.....	10,12,14,27,38
American Red Cross.....	19	Bergen Geriatric Care	33
Americas Unidas Multicultural Senior Center	12	Bergen Performing Arts Center(BergenPAC).....	10,38
Animal Shelter/Bergen County Animal Shelter	18	Bergen Pines/Bergen Regional (see New Bridge Medical Center)	16,24,37

Index

Bergen Volunteers.....	18,30,31,42	City MD Urgent Care.....	24
Bergen Volunteer Medical Initiative	27	Clubs & Social Groups	17
BergenResourceNet	32	Comfort Partners	22
Bethany Presbyterian Church	29	Commission on Accreditation for Home Care	33
Better World Books	18	Community Baptist Church of Englewood	28
Big Brothers Big Sisters Pickup Service	17	Community Chest	38
Bright Side Manor	36	Community Health Accreditation Program	33
Brightview	36	Community House Call Providers	33
Bristol Assisted Living	36	Community Mental Health Law Project	34
Broad Ave. Courts	11	Community Seventh Day Adventist Church	29
Buckingham at Norwood	37	Community Transportation for Veterans	41
Buddies of New Jersey	25	Congregation Ahavath Torah	29
Business Services	14	Congregation Shomrei Emunah	29
Calvary Cares Community Development Corp	38	Consumer Credit Counselling	21
Cambridge Ave. Park	11	Cooling Assistance	22
Cancer Care, Inc.....	25	COPSA Alzheimer's Resource Center	25
Cancer Support Community Holy Name Medical Center	25	Council on Affordable Housing (COAH)	30
Care 2 Caregivers	14,15	County Manor Health Care & Rehabilitation	37
Care Management	35	Crisis hotline: 201-262-HELP (4357)	9
Care One At Cresskill	37	Crisis Services	15
Care One At Teaneck	37	Crystal Lake	11
Care Plus NJ, Inc.....	6	Cuts USA	33
Caregiver Coalition of Bergen County	14	Day Away Holy Name Medical Center	15,36
Caregiver Support Services	14	De-Cluttering Your Home	17
Caring About The Strays (CATS)	17	Denning Park	11
Catholic Charities-Older Adult Services	35	Dental Services	26
Center for Food Action	23,38	Depot Square Park	11
Center for Hope and Safety	19	Diabetes	25
Century 21 Concept 100 /Home Valuation	31	Dispatch Health	33
Charismatic Christian Church	28	Division of the Deaf & Hard of Hearing	26
Chabad of Englewood	29	Division of Veterans Services	41
CHEER Program	33	Donate Books	18
Chore Volunteer Handyman Service	30	Dorot Caregivers Connection	14
Christian Science Church and Reading Room	28	Driver Evaluation Program /Jewish Home Family	40
Chronic Disease & Disability Health Issues	24	Driver Safety Programs	40
Church of God of Prophecy	28	Drop-off Donated Goods	18
Church of Jesus Christ Apostolic	28	Dunning Park	11
Church of Jesus Christ of Latter Day Saints	29	East Hill Synagogue	29
Church of the Atonement - Episcopal	35	Easter Seals Senior Employment Program	20

Index

Ebenezer Baptist Church.....	28	First United Methodist Church	29
Economic Development	14	Five Star Premier Residences of Teaneck.....	36,37
Economic Security Initiative.....	21	Flat Rock Brook Nature Association.....	10,11,38
Elder Abuse	15	Food Pantries	23
Elder Hostel (Road Scholar)	10	Food Stamps	23
Eleanor Harvey Park	11	Fort Lee Senior Center	12
Elks Ideal Lodge #470	17	Friends of Grace Seniors.....	12,35
Emergency Services.....	19	Friends of John T. Wright Arena.....	38
Employment Opportunities	20	Funeral-Burial Support Program (Medicaid).....	21
Energy Assistance Program.....	22	Galilee United Methodist Church	29
Englewood Assembly of God	28	Garden State Equality.....	34
Englewood Baptist Church	28	Garry Field	11
Englewood Church of God in Christ.....	29	General Information.....	19
Englewood Department of Health.....	24	Genesis Community Baptist Church.....	28
Englewood Dept. Of Parks & Recreation.....	11	GLARP - Gay & Lesbian Association of Retiring Persons, Inc.	34
Englewood Grace Church	28	Glenbrook Park	11
Englewood Health.....	24,37,38	GoGoGrandparents	40
Englewood Health Urgent Care	24	Good Morning Englewood	34
Englewood Hospital Chaplain.....	28	Goodwill Industries	17
Englewood Housing Authority.....	30	Grandparents as Caregivers	16
Englewood II	30	Grandparents Raising Grandchildren Support Group.....	16
Englewood Police Department	19	Greater Bergen Community Action.....	20,21,30,31
Englewood Public Library	18,20	Greater Englewood Housing Corporation.....	30
Englewood Rotary Club	17	Green Drop Pickup Service	17
Englewood Spanish Seventh Day Adventist	29	Grooming Services (In Home).....	33
Englewood Tax Office	21	Habitat for Humanity	30
Englewood Volunteer Ambulance Corps.	38,42	Habitat for Humanity ReStore	18
English as a Second Language.....	20	Hackensack Meridian Hackensack University Medical Center ..	24
Episcopal Church	28	Hackensack Meridian Center for Dentistry	26
EZ Ride.....	40	Hackensack Senior Center	12
Fair Housing Council	31	Hackensack University Medical Center Audiology Dept	26
Fairleigh Dickinson University	12	Healing Space -YWCA.....	19
Family Caregiver Alliance	14	Health & Wellness Programs	24
Family Promise of Bergen County.....	19	Hearing Aid Assistance to Aged & Disabled	26
Family Success Center	14	Hearing Loss	26
Financial Assistance for Homebound Veterans.....	41	Hearing Loss Association of New Jersey	26
Financial Benefits & Assistance.....	21	Heightened Independence & Progress (HIP)	27,30,35
First Baptist Church of Englewood	28	HIV/AIDS	15
First Presbyterian Church/Englewood	29	Holy Name Hospital Asian Dementia Center.....	25

Index

Holy Name Medical Center	24,37	King Gardens	30
Home Care & Hospice Association of NJ	37	Kinship Navigator Hotline	16
Home Care Services.....	33	Kol HaNeshamah	29
Home Equity Conversion Mortgages	22	Korean-American Senior Citizen Association of NJ.....	12,20
Home for Armenian Aged.....	37	Korean Churches	28
Home Health Care Services	33	Korean Community Centre	12
Home Improvement Loan	30	Korean Community United Methodist Church.....	28
Home Improvement, Safety & Repairs	30	Kosher Meals on Wheels	33
Home Modifications/Home Repairs.....	30	Lambda Legal.....	34
Home Safety Checklist	44	Lead Remediation Program:	30
Home Valuation.....	31	League of Women Voters.....	17
Homeless Prevention Program	31	Legal Assistance	34
Hospice Service/End of Life.....	37	Legal Services for Veterans.....	41
Hospitals.....	24	Legal Services of New Jersey	34
Houses of Worship	28,29	Leonia Recreation Center	12
Housing-related Services	30	LGBT Houses of Worship	35
Housing Authority of Bergen County.....	21	LGBTQ Resources	34
Housing Choice Voucher(Section 8)	30	Life Alert NJ	32
Housing, Health & Human Services Center	19	Lifeline Utility Credit Program	22
Income Tax Assistance	31	Long Term Care Services	35
In-Home Caregiver Education and Support Program	14	Low Income Home Energy Assistance Program (LIHEAP)	22
In-Home Emergency Response Systems	32	Lupus Foundation of America Pickup Service	18
In-Home Physician Services.....	33	Lutheran Church	29
In-Home Services	32	Lyft	40
Information & Referral Services	32	Mackay Park	11
Inglemoor Center	37	Madison Park	11
Institute for Learning in Retirement.....	13	Making it Home	18
Jehovah's Witness Congregation of Englewood	28	Martin Luther King, Jr. Senior Center	12
Jesus Christ is God's Church.....	28	Meals on Wheels	33
Jewish Family & Children Services of Northern NJ.....	13,15,16	Medicaid	21
23,27,34,35,42		Medical Alert Devices	32
Jewish Home Assisted Living	16,36	Medicare Health Insurance	21
Jewish Home @HomeCare	33	Medicare Made Easy	21
Jewish Home at Rockleigh	16,37	Medicare Prescription Drug Plan Costs	22
Jewish Home Family	19	Medicare Rights Center - Medicare Interactive	21
Joy Christian Fellowship	28	Mehfil-e-Shahe Khorasan	29
Kaplen Family Senior Residence	36	Memory Care Living at Cresskill	37
Kaplen JCC on the Palisades	10,12,13,15,16	Mental Health	26
Kesher-Community Synagogue of Tenafly & Englewood	29	Mental Health Service for Care Management	35

Index

Methodist Church.....	28	North New Jersey Chamber of Commerce	14, 38
Metro Community Church.....	28	Northeast New Jersey Legal Services.....	34, 41
Mision Bautista Hispana.....	28	Northern NJ Community Foundation	10, 39
MobileSalon.com	33	Not-for-Profit Thrift Shops.....	17
Moms Meals	33	Nursing Home Volunteer Advocacy Program	36
Mormon – Church of Latter Day Saints	29	Nursing Homes	37
Morris Park	11	Office of Concern - St. Cecilia Church	23, 39
Mount Calvary Baptist Church.....	28	Ombudsman	36
Mount Olive Baptist Church	28	One-Stop Career Center	20
Muslim/Mosque.....	29	Orthodox Christian Church	29
N.J. Property Tax Relief Programs.....	21	Parkinson's Center at Jewish Home Family.....	26
National Alliance for the Mentally Ill	26	Parkinson's Support Group.....	15
National Council of Jewish Women Thrift Shop.....	17	Partnership for Prescription Assistance	22
National Council on Aging.....	32	Pawsitively Furever Dog Rescue Center	18
National Institute on Aging/National Institutes of Health	32	Payment Assistance for Gas & Electric	22
National Multiple Sclerosis Society.....	25	Pentecostal Church	29
National Organization for Empowering Caregivers.....	15	Pharmaceutical Assistance Programs	22
National Stroke Association	26	Pharmaceutical Assistance to the Aged & Disabled (PAAD)	22
Navigator Notes.....	30	Philips Lifeline.....	32
New Bridge Medical Center.....	16, 24, 37	Pindle East.....	30
New Eyes for the Needy, Inc.....	27	Planned Parenthood of Central & Greater North Jersey	39
New Jersey State Employment Services.....	20	POP - Prevention Opportunity Preparation	39
New Jerusalem Baptist Church	28	Post-Stroke Program, B.C. Division of Disability Services	26
NJ 2-1-1	32	Presbyterian Churches	29
NJ Commission for the Blind & Visually Impaired	27	Prime Timers	35
NJ Department of Community Affairs (DCA).....	30	Project Literacy Greater Bergen County	13, 20
NJ Dept of Health & Senior Services	36	Property Tax Deduction/Credit.....	21
NJ Division of Taxation	21	Property Tax Exemption for Disabled Veterans	41
NJ Find A Ride	40	Psychiatric Emergency Screening Program	
NJ Long-Term Care Ombudsman	36	201-262-HELP(4357).....	15, 27
NJ Protection and Advocacy	34	Quality of Care Issues	36
NJ Self-Help Clearing House	15, 27	Ramapo-Bergen Animal Refuge, Inc.	18
NJ SHARES	23	Re-Launch Career Services	20
NJ State Library Talking Book & Braille Center	27	Reachnj.org.....	27
NJ State Rental Assistance Program	31	Rebuilding Together North Jersey	31
NJ Transit Reduced Fare Program	40	Refuge Temple Church of God in Christ	29
Nonprofit Organizations in Englewood	38	Rental Assistance & Tenant Services	31
North Hudson Community Action	26	ReServe North Jersey	20
North Jersey Villages	42	Residential Health Care Facilities	37

Index

Respite Care Services.....	16	Teaneck Nursing Home.....	37
Reverse Mortgage Counseling.....	22	Teaneck Senior Center.....	12
Richard & Catherine Nest Adult Activity Center	12	Telephone Reassurance & Friendly Visitors	34
Road Scholar (Elder Hostel)	10	Temporary Relief for Utility Expenses (TRUE)	22
Roman Catholic Church	29	Tenafly Senior Center	12
Ryde4Life	40	The Defining Moment Foundation	27, 39
Safely@Home	31	Transportation	40
Safe Link Wireless	32	Transportation Summary Chart	46
SAGE NJ-Services & Advocacy for LGBT Elders	35	Triangle Park	11
Salvation Army	18	True Vine Christian Center	28
Salvation Army Community Church	28	Trumble Park	11
Section 8 Housing Voucher Program.....	31	Tyron Park	11
Senior Activity Centers	11	Uber	40
Senior Community Service Employment Program (SCSEP)	20	Unemployment and Disability Insurance	20
Senior Farmers Market Program	23	Uninsured	27
Senior Gold Prescription Discount Program	22	Unitarian Universalist Congregation of the Palisades	29, 35
Senior Haven - Jewish Home Family	19	United States Department of Veterans Affairs	41
Senior Law Project	34	Up With Housing	30
Senior Source	10	Urgent Care Centers	24
Senior Veterans Tax Freeze	41	Utility & Telephone Assistance	22
SeniorHaven for the Prevention of Elder Abuse	19	VA Healthcare Enrollment (New Jersey)	41
Seventh Day Adventist	29	Vantage Health System	15, 39
Shared Housing Program	31	Vantage Health System Caregiver Support Group	15
Shiloh AME Zion Church	28	Vantage Health System/Northern Valley Adult	
Sickle Cell Disease	26	Day Health Center	27, 36, 39
Social Security	22	Verizon New Jersey Communications LifeLine	23
Southeast Center for Independent Living	10, 12, 13, 39	Veteran Employment Federal Positions	41
St. Cecilia's Roman Catholic Church	29	Veterans Affairs Benefits Administration	41
St. John's Lutheran Church	29	Veterans Affairs Clinic	41
St. Mark's Church - Episcopal	35	Veterans Deduction on Property Taxes	41
St. Paul's Lutheran	35	Veterans Health Benefits	41
St. Paul's Church - Episcopal	28, 35	Veterans Memorial Home Paramus	41
St. Paul's After School Choir Program	39	Veterans Park	11
State Health Insurance Program (SHIP)	21, 22	Vietnam Veterans of America	18
Statewide Respite Care Program	16	Vincent K. Tibbs Child Development Center	39
Stroke	26	Vincent K. Tibbs Senior Building	30
Sunrise Assisted Living	36	Vision Loss	27
Supplemental Security Income (SSI)	22	Visiting Nurse Association	39
Synagogues	29	Visiting Physician Services, member of VNA Health Group	33

Index

Vocational Rehabilitation Services for the Disabled	20
Volunteer Income Tax Assistance.....	31
Volunteer Services.....	42
Weatherization Assistance Program.....	23
West Side Infant Teen Program.....	39
Westmoor Gardens	30
Winter Termination Program	23
Woman's Club of Englewood	17
Women's Rights Information Center.....	20,31,39
YMCA of Greater Bergen County	10
Young Nak Presbyterian Church	29
Yul Bang Mission Church.....	28
YWCA Northern New Jersey	10,19,39

**Please let us know of any errors
or omissions in this Directory.**

Age-Friendly Englewood

*phone: 201-591-5162 • email: agefriendlyenglewood@gmail.com
website: www.age-friendlyenglewood.org*



URGENT CARE WALK IN

WE ARE HERE WHEN YOU NEED US.

All of us for all of you.

Whether you need a routine visit with a primary care doctor or want to have something checked out by a specialist, the Englewood Health Physician Network has you covered.

Our team of more than 500 providers welcomes patients at more than 100 office locations throughout northern New Jersey and Rockland County, New York.

SERVICE AREAS:

- Bariatric Surgery
- Dermatology
- Geriatric Medicine
- Neonatology
- Radiology
- Behavioral Health
- Diabetes Education
- Gynecology
- Neurology
- Rheumatology
- Blood Disorders
- ENT Head & Neck Surgery
- Gynecologic Oncology
- Obstetrics and Gynecology
- Sleep Medicine
- Wound care
- Breast Surgery
- Emergency Medicine (adult & pediatric)
- Infectious Disease
- Hematology
- Orthopedics
- Pediatric care (ages 2 and older)
- Cancer
- Endocrinology (adult & pediatric)
- Integrative Medicine
- Palliative Care
- Surgical Oncology
- Camp, sports and school physicals
- Cardiac Electrophysiology
- Functional Medicine
- Interventional Cardiology
- Pain Management
- Thoracic Surgery
- Referrals to medical specialists
- Cardiology
- Gastroenterology (adult & pediatric)
- Maternal-Fetal Medicine
- Primary Care
- Urgent Care
- Cardiothoracic Surgery
- Men's Health
- Pulmonology
- Vascular Surgery
- Vein Disease
- Women's Health
- Wound Healing
- Colon and Rectal Surgery

 ENGLEWOOD HEALTH
PHYSICIAN NETWORK

Find a physician:
Call 833-234-2234 or visit ehpn.org

Photos taken prior to masking requirements.

WE CAN SEE YOU TODAY.
NO APPOINTMENTS NEEDED.

ENGLEWOOD
35 Nathaniel Place

HOURS

WEEKDAYS:
8 AM – 8 PM

WEEKENDS:
9 AM – 5 PM

Additional locations in
Cresskill, Fair Lawn, and Jersey City

SAFE AND CONVENIENT ACCESS.

Englewood Health Urgent Care treats injuries and illnesses that are not life-threatening, but need immediate attention. We also provide routine health services.

- Blood tests
- X-rays
- EKGs
- Wound care
- Pediatric care (ages 2 and older)
- Camp, sports and school physicals
- Referrals to medical specialists
- Free, on-site parking available at all locations
- Most major health insurances accepted

Rapid COVID-19 PCR testing

Se habla español



englewoodhealth.org/urgent

 ENGLEWOOD
HEALTH

Important Numbers

Emergency	911
City Hall/City Manager	201-871-6673
Mayor	201-871-6666
Police (non-emergency)	201-568-2711
Fire (non-emergency)	201-568-6301
City Clerk	201-510-1213
Health Department	201-568-3450
Library	201-568-2215
Public Works	201-568-3401
Recreation	201-568-3472
Tax Collector	201-871-6607

For information about programs and services that help NJ residents in need:

dial 211 • www.nj211.org

To get Involved and give back

BERGEN VOLUNTEERS

201-489-9454

www.bergenvolunteers.org

Jewish Family & Children's Services of Northern New Jersey

201-837-9090

www.jfcssnnj.org



Age-Friendly Englewood • 44 Armory Street, Englewood, NJ 07631

phone: 201-591-5162 • email: agefriendlyenglewood@gmail.com

website: www.age-friendlyenglewood.org