



## **National Public Health Week :**

**April 7 - 13**



# **IT STARTS HERE: YOUR HEALTH IS OUR MISSION**

*Monday, April 7*

Each year, National Public Health Week encourages everyone to reflect on how their actions, and the actions of their communities, influence health outcomes. In 2025, the American Public Health Association emphasizes “equitable health and well-being for all” in addressing public health challenges

At the Englewood Health Department, we believe that health starts right here in our community. We are committed to improving the overall well-being of our residents through education, programs, and partnerships. Together, we can create a healthier Englewood for all!

### United States Initiatives:

- Healthy People 2030
- Affordable Care Act
- Center for Disease Control and Prevention

### Englewood Health Department Initiatives:

- Seasonal Programs
- Health Counseling Services
- Health Screening Events
- Health Fairs
- Outreach Locations



### Lets Remember To:

- Prioritize Your Health
- Engage in Your Community
- Spread Awareness
- Foster Healthy Environments
- STAY INFORMED :)

For more information or to get involved, visit us at <https://cityofenglewood.org/1180/Health-Department> or contact us at (201) 568 3450





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# CLIMATE ACTION STARTS HERE: CHAMPIONING RESILIENCE FOR HEALTH

*Tuesday, April 8*

Climate change affects air quality, water supply, and disease spread. Protecting the environment protects our health.

## Key Focus Areas:

- Environmental Emergencies and health impacts
- Lead Poisoning and Mold Prevention
- Sustainable food, energy, and transportation

## Take Action:

- Reduce your carbon footprint: Use public transport, conserve energy
- Prepare for extreme weather: Create emergency kits
- Support sustainability: Reduce waste, plant trees, and shop locally

The city of Englewood's Environmental Commission protects and develops the city's natural resources. Composed of seven members and two alternates, it advises city agencies on environmental issues, promotes sustainability, educates the community, and collaborates with officials. Its goals include supporting sustainability, improving communication, and fostering environmental education and citizen involvement.

To see the services provided by the Englewood Health Department; Environmental Health scan here:







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## **HEALTH EQUITY STARTS HERE: OPTIMIZING HEALTH FOR ALL**

*Wednesday, April 9*



### **OUR CLINIC:**

Offers free health screenings, immunizations/vaccinations, and educational workshops to engage all residents in preventive care, with a focus on underserved populations.

Ensuring fair access to healthcare facilities and services, including support for those who may be uninsured or underinsured.

This theme emphasizes the importance of creating fair opportunities for health, ensuring that all individuals, regardless of background or circumstance, have access to the resources they need to live healthy lives.

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Even with our efforts we still encourage our community to:

- Get Screened
- Stay Active & Eat Well
- Engage with Local Programs
- Promote healthy habits
- Support local health efforts

Share resources and information about community health services with friends, family, and neighbors, especially those who may not be aware of the support available

Scan for our social medias to stay updated:

Instagram



Facebook







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**ENGLEWOOD  
PROUD TO BE  
STIGMA-FREE**

**ADVOCACY STARTS HERE:  
AMPLIFYING VOICES FOR  
PUBLIC HEALTH**  
*Thursday, April 10*



Advocacy is crucial in improving health outcomes and ensuring that everyone has access to the resources and support they need to live healthy lives. By amplifying voices in our communities, we can bring attention to health issues, support policy changes, and create a healthier future for all.

At the EHD we:

- Collaborate with Local Organizations
- Assist with Public Health Advocacy Campaigns
- Get certified in Mental Health programs

Outreach Locations:

- Bergen Family Center
- Center for Food Action
- City Hall
- Englewood Public Library
- Office of Concern
- West Side Daycare
- Women's Rights Information Center

If you are interested in having our team visit your site, please contact the Health Educator

Spread Awareness on the Importance of:

- Flu Vaccinations
- Communicable Diseases
- Visiting Community Health Fairs
- Reading Health Watch Newsletter
- Emergency Preparedness

**Event Details:**

Board of Health meetings,  
@7:30pm on the 2<sup>nd</sup>  
Wednesday of each  
month

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## THE FUTURE OF PUBLIC HEALTH STARTS HERE: STRENGTHENING THE PUBLIC HEALTH WORKFORCE

*Friday, April 11*

A strong public health workforce is essential to ensuring the health and well-being of our communities. By empowering and supporting public health professionals, we can create a stronger, healthier future for all.

### At the National Level:

Federal agencies like the CDC and the Health Resources and Services Administration are focused on recruiting, training, and retaining a diverse public health workforce, supported by the Department of Health and Human Services-funded programs for ongoing education and development.

Here in Englewood, we offer resources to address the health needs of our community:

- Local Training and Education: Offering continuous training for public health professionals in Englewood, including staff at the Health Department, school nurses, and community outreach workers. This helps ensure they have the latest skills and knowledge to respond to public health needs.
- Recruitment and Retention of Health Professionals: Collaborating with talented individuals into public health careers and offer volunteering programs for new public health professionals.

### Social Determinants of Health



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**FEMA**

